

Turning Point Fitness - Westmoreland

westmoreland

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Welcome to Turning Point Fitness in Westmoreland, Tennessee

Turning Point Fitness is more than just a gym; it's a community focused on health, well-being, and inclusivity. Located in Westmoreland, this fitness center has become a favorite for locals looking to improve their fitness in a supportive environment.

Accessibility for Everyone

One of the standout features of Turning Point Fitness is its

****wheelchair-accessible car park**** and a ****wheelchair-accessible entrance****. This commitment to ****accessibility**** ensures that everyone, regardless of mobility, can enjoy the facilities without any barriers.

Quality Equipment and Hygiene

Members rave about the gym's impressive range of workout equipment. The facilities boast ****heavy-duty equipment**** that is "clean as a whistle," with disinfectants readily available for users to clean up after themselves. Such attention to hygiene creates a welcoming atmosphere where members feel comfortable.

A Community-Oriented Environment

The environment at Turning Point Fitness is often described as fantastic. Members highlight the ****great customers who have gym etiquette****, making the overall experience much more enjoyable. Visitors can expect to find not only fitness equipment but also amenities like ****batting cages**** and a ****bike and skate park****, ensuring diverse options for all fitness enthusiasts.

Why You Should Join

Membership is required to access the facilities, but many agree that "the price is worth it." With beautiful scenery overlooking Sumner County and a friendly staff that is always willing to help, your health and fitness journey will be well supported here. In conclusion, if you're searching for a gym that combines quality equipment, a clean environment, and an inclusive community, look no further than Turning Point Fitness. Join today and take the first step towards a healthier you!

Our establishment is located at

5281 US-31E, 37186 Westmoreland, Tennessee - United States (US)

The contact line of said **Fitness center** is +1615-644-8876

And if you want to send a WhatsApp, you can do so at +1615-644-8876

We are available at these times:

Day Hours
Monday
Open 24 hours
Tuesday
Open 24 hours
Wednesday

Open 24 hours
Thursday
Open 24 hours
Friday
Open 24 hours
Saturday
Open 24 hours
Sunday
Open 24 hours

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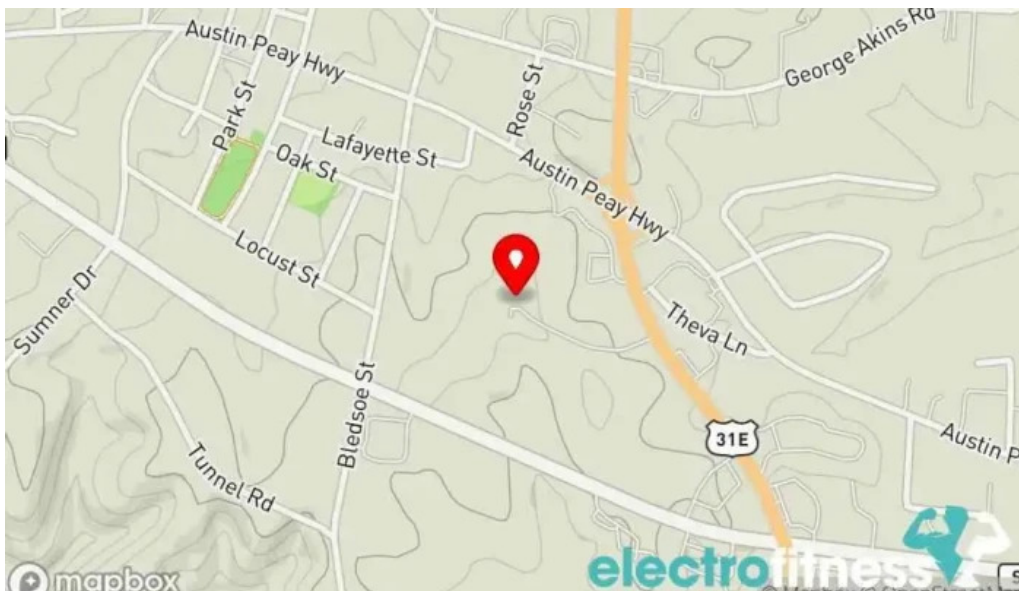
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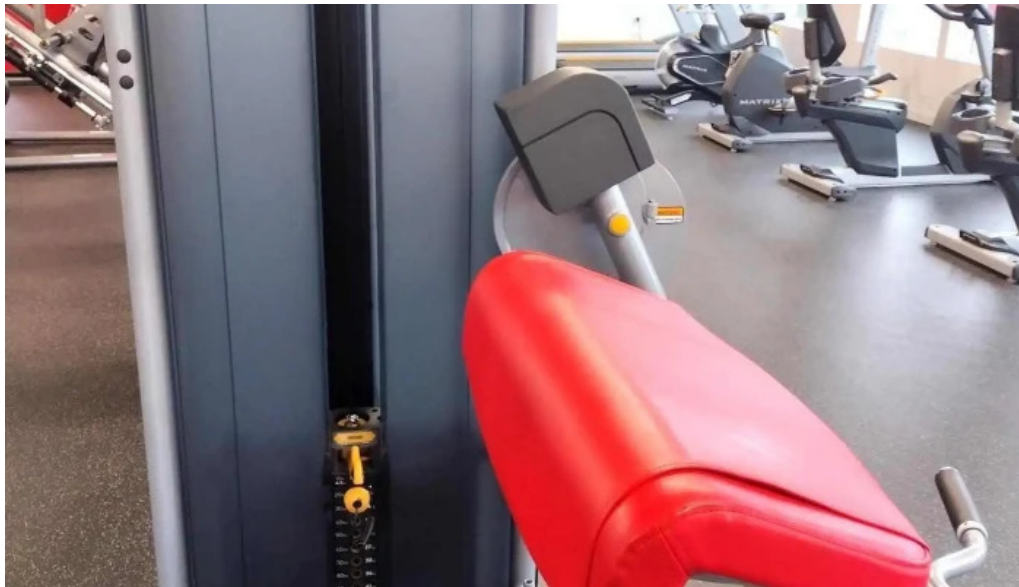
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Tags

Planning, Wheelchair-accessible car park, Accessibility, Wheelchair-accessible entrance, Membership required

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public swimming pool
recreation center
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resort hotel
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rock climbing gym
rv park
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senior citizen center
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