

F.i.t. By Tc - White Plains

white plains

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white plains

F.i.t. By Tc - White Plains

Discover F.I.T. By TC: Your Inclusive Fitness Center in White Plains, Maryland

F.I.T. By TC is more than just a gym; it's a community hub that prioritizes accessibility and inclusivity for everyone. Located in the heart of White Plains, Maryland, this fitness center identifies as Black-owned, creating a welcoming environment for all members of the community.

Accessibility Features

The center boasts a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring that everyone can easily access its facilities. This commitment to accessibility extends to its **gender-neutral toilets**, making it a truly inclusive space for individuals of all gender identities.

A Family-Friendly Environment

F.I.T. By TC is **good for kids** and offers special services tailored for children. Families can feel comfortable bringing their little ones along while they engage in workouts or participate in **online classes** designed specifically for different age groups.

Community and Services

From the business's inception, F.I.T. By TC has focused on being an **LGBTQ+ friendly** space, welcoming all individuals without judgment. It also provides a **transgender safe space**, fostering an environment where diversity is not only accepted but celebrated.

Service Options and Amenities

Members of F.I.T. By TC can enjoy a variety of **on-site services**, including personal training and group classes, designed to meet individual fitness goals. The fitness center also offers **outdoor services**, allowing members to train in a natural setting while enjoying the fresh air.

Planning Your Visit

To ensure personalized attention, an **appointment is required** for certain services, providing members with a tailored experience that meets their needs. With its vibrant crowd and engaging atmosphere, F.I.T. By TC is ideal for anyone looking to improve their fitness journey while feeling embraced by a supportive community.

Conclusion

Whether you are looking for a place to workout or seeking a community that reflects your values, F.I.T. By TC is the perfect choice in White Plains, Maryland. With its focus on accessibility, family-friendly services, and inclusivity, this fitness center stands out as a beacon of hope and health for everyone.

Our business is located at

4475 Printers Ct, 20695 White Plains, Maryland - United States (US)

The contact line of said **Fitness center** is +1301-399-1275
And if you want to send a WhatsApp, you can do so at +1301-399-1275

Our service hours are:

Day Hours
Monday
Closed
Tuesday
5?AM–8?PM
Wednesday
5?AM–8?PM
Thursday
5?AM–8?PM
Friday
5?AM–8?PM
Saturday
5?AM–8?PM
Sunday
7?AM–12?PM

The website is F.I.T. By TC

If necessary to modify any detail that you think is not accurate related to this web, we urge you to send us a message so we can we will handle it at the earliest convenience. In advance thanks for your cooperation.

Images



Fit by tc street view 360deg



Fit by tc map



Fit by tc by owner



Fit by tc all



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Tags

On-site services, Appointment required, Outdoor services, From the business, LGBTQ+ friendly, Good for kids, Children, Wheelchair-accessible entrance, Gender-neutral toilets, Identifies as Black-owned, Planning, Online classes, Amenities, Transgender safe space, Crowd, Wheelchair-accessible car park, Accessibility, Service options

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