

The Lab: Training Facility - Abilene

abilene

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The Lab: Training Facility - Abilene

The Lab: Training Facility in Abilene, Texas

Welcome to **The Lab: Training Facility**, a state-of-the-art gym located in Abilene, Texas. This facility is designed to cater to a diverse range of fitness enthusiasts while ensuring accessibility for everyone.

Accessibility Features

At The Lab, we prioritize inclusivity and accessibility. Our

wheelchair-accessible car park provides convenient parking options for those with mobility challenges. Additionally, the **wheelchair-accessible entrance** ensures that all members can easily access the gym without barriers.

Amenities for Everyone

Our facility boasts a variety of amenities aimed at enhancing your workout experience. From modern fitness equipment to spacious workout areas, you'll find everything you need to achieve your fitness goals.

Child Care Services

Understanding the challenges of balancing fitness and family, The Lab offers **child care** services. Parents can focus on their workouts knowing their children are in a safe and engaging environment.

Restroom Facilities

Maintaining comfort and convenience is essential. That's why we provide **wheelchair-accessible toilets**, alongside standard **toilets**, ensuring all members have easy access to clean facilities.

Relaxation and Recovery

Post-workout recovery is just as important as training itself. Enjoy our **sauna**, designed for relaxation and muscle recovery after an intense session.

Conclusion

The Lab: Training Facility in Abilene, Texas, is dedicated to creating an inclusive environment. With excellent **accessibility** features and a range of amenities, we strive to make fitness available to all. Come visit us today and experience the difference!

We are at

4502 Buffalo Gap Rd, 79606 Abilene, Texas - United States (US)

The phone of the mentioned **Gym** is +1325-665-9783

And if you want to send a WhatsApp, you can do so at +1325-665-9783

You can visit us at the following hours:

Day Hours
Monday
4?AM–8?PM
Tuesday
4?AM–8?PM
Wednesday
4?AM–8?PM
Thursday
Open 24 hours
Friday
Open 24 hours
Saturday
4?AM–8?PM
Sunday
4?AM–8?PM

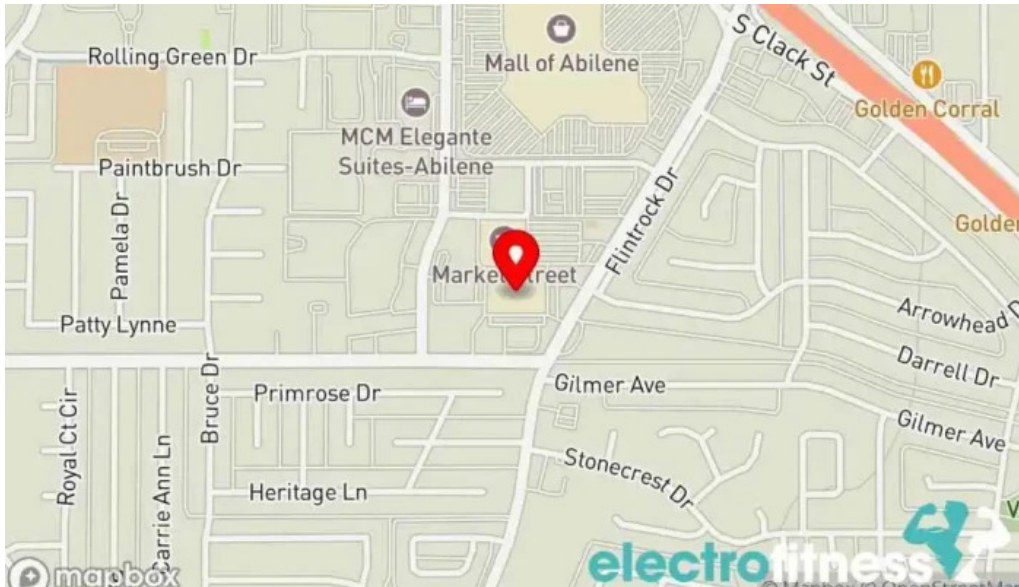
The website is [The Lab: Training Facility](#)

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Images



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The lab training facility abilene

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