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#### **Core Fitness Academy - Abita Springs**

abita springs



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# abita springs

# Core Fitness Academy - Abita Springs

# Welcome to Core Fitness Academy in Abita Springs, Louisiana

Core Fitness Academy is more than just a gym; it's a community hub where fitness meets friendship. Located in Abita Springs, Louisiana, this gym offers an array of \*\*on-site services\*\* catering to all fitness levels and preferences.

#### Online Classes and On-Site Services

For those who prefer the flexibility of working out at home, Core Fitness Academy provides \*\*online classes\*\* that deliver professional coaching right to your screen. However, if you're looking for a more personalized experience,

their \*\*on-site services\*\* are unrivaled. Members can enjoy a welcoming atmosphere, access to knowledgeable trainers, and a variety of fitness equipment designed to meet every workout need.

#### **Planning Your Fitness Journey**

Planning your fitness journey has never been easier at Core Fitness Academy. The dedicated staff, including owners Adam and Megan, takes the time to understand each member's individual goals. They customize training programs tailored to personal aspirations, ensuring everyone feels supported on their fitness path. The friendly environment fosters a sense of belonging, where everyone is welcomed regardless of their fitness level.

### **Accessibility for Everyone**

Core Fitness Academy prioritizes accessibility, featuring a \*\*wheelchair-accessible entrance\*\* and a \*\*wheelchair-accessible car park\*\*. This commitment ensures that everyone, regardless of their physical abilities, can participate in fitness activities and feel included within the gym community.

#### **Membership Required for Exclusive Benefits**

While \*\*membership is required\*\* to access all the fantastic benefits Core Fitness Academy offers, the experience is worth it. The intimate setting allows members to forge connections, motivate each other, and enjoy amenities like a nutrition bar with delicious healthy shakes. As many patrons have noted, joining this gym feels like becoming part of a family rather than just a customer.

### Service Options Tailored to You

Core Fitness Academy boasts a range of \*\*service options\*\*, including one-on-one personal training, group classes, and specialized programs for women. For those seeking camaraderie, ladies' night provides a fun opportunity to work out with others in a supportive environment.

### A Community Like No Other

What sets Core Fitness Academy apart is the genuine care from its owners and staff. Members frequently mention how the team remembers their names, creating a unique environment where everyone feels valued. Whether you're new to fitness or a seasoned athlete, the welcoming atmosphere invites individuals to push their limits while enjoying the process.

### **Your Fitness Journey Awaits!**

If you're searching for a place to enhance your fitness and connect with friendly, like-minded individuals, \*\*Core Fitness Academy\*\* is the perfect choice. With excellent facilities, a positive vibe, and supportive staff, it's no wonder so many consider it the best gym around. Join the Core Fitness family today and start your transformative fitness journey!

#### Our establishment is located at

70326 LA-59 Suite 5, 70420 Abita Springs, Louisiana - United States (US)

The phone of this **Gym** is <u>+1985-640-5185</u> And if you want to send a WhatsApp, you can do so at<u>+1985-640-5185</u>

### We look forward to seeing you at:

Day Hours
Monday
Open 24 hours
Tuesday
Open 24 hours
Wednesday
Open 24 hours
Thursday
Open 24 hours
Eriday
Open 24 hours
Saturday
Open 24 hours
Saturday
Open 24 hours
Sunday
Open 24 hours

### The website is Core Fitness Academy

In case you want to alter any data that you consider is not accurate regarding this web, we ask deliver a message and we will fix it quickly. In advance thank you very much.

## **Images**



Core fitness academy street view 360deg



Core fitness academy map



Core fitness academy gym



Core fitness academy by owner



Core fitness academy all



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## **Tags**

Online classes, Planning, Wheelchair-accessible car park, On-site services, Wheelchair-accessible entrance, Membership required, Accessibility, Service options

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