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CrossFit Wingman - Gym - Agawam

agawam



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CrossFit Wingman - Gym - Agawam

Welcome to CrossFit Wingman: The Premier Gym in Agawam, Massachusetts

CrossFit Wingman stands as a beacon of fitness excellence in Agawam, Massachusetts. This gym is designed not only for dedicated athletes but for individuals at all fitness levels seeking a supportive and motivating environment.

A Community Like No Other

At CrossFit Wingman, you will find a community that embraces you from day

one. Many members have expressed how welcoming and encouraging the atmosphere is. Whether you're new to fitness or an experienced athlete, the community ensures that everyone feels at home. The coaches and fellow members motivate and cheer you on, turning every workout into a fun experience.

Exceptional Coaching Staff

The coaching team, led by Tom, Morgan, Leighton, and Zack, is renowned for their knowledge and commitment to each member's success. They are attentive and skilled at tailoring workouts to meet individual needs, ensuring everyone progresses safely and effectively. This focus on proper technique has helped many avoid injuries while achieving their fitness goals.

Facilities and Amenities

CrossFit Wingman boasts a spacious and clean facility equipped with high-quality equipment, including kilo plates for weightlifters. The gym features:
- **Sauna**: Perfect for post-workout relaxation and recovery. - **Wi-Fi**: Stay connected or track your progress using the gym's tracking app. - **Planning**: Flexible class schedules accommodate different lifestyles. - **Membership Required**: Joining is the first step towards transforming your fitness journey. - **Wheelchair-Accessible Car Park and Entrance**: Ensuring everyone can access the gym with ease. - **Toilet Facilities**: Clean and conveniently located for all members. - **Service Options**: Numerous classes and personalized training available for all fitness levels. - **Accessibility**: Designed to welcome everyone, regardless of fitness level or background. - **On-site Services and Amenities**: Including a lounge area, clean bathrooms, and more to enhance your gym experience.

Join Us Today

If you're looking for a gym that truly invests in its members, CrossFit Wingman is the place for you. The blend of expert coaching, inclusive community, and top-notch facilities makes this gym a standout option for anyone in Agawam, Massachusetts. Whether your goal is to improve your strength, enhance your fitness, or simply find a supportive space to work out, Wingman offers everything you need to succeed in your fitness journey. Don't wait any longer—experience the difference at CrossFit Wingman today!

You can find us at

45 Tennis Rd, 01001 Agawam, Massachusetts - United States (US)

The phone number of said **Gym** is <u>+1413-241-5119</u>
And if you want to send a WhatsApp, you can do so at+1413-241-5119

You can visit us at the following hours:

Day Hours
Monday
9–11?AM
Tuesday
10?AM–12?PM
Wednesday
5:30–11?AM 4–8?PM
Thursday
5:30–11?AM 4–8?PM
Eriday
5:30–11?AM 4–8?PM
Saturday
5:30–11?AM 4–8?PM
Sunday
5:30–11?AM 4–8?PM

The website is CrossFit Wingman - Gym

If you wish to modify any element that you feel is not precise related to this web, please forward a message and we will correct it at the earliest convenience. Thanks beforehand thanks.

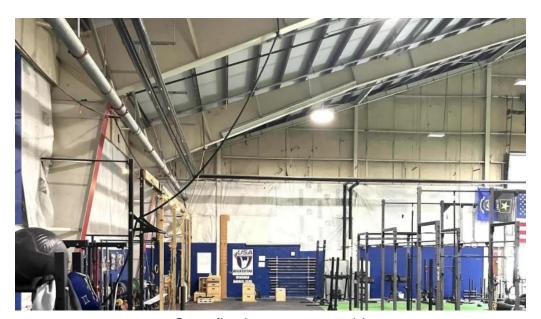
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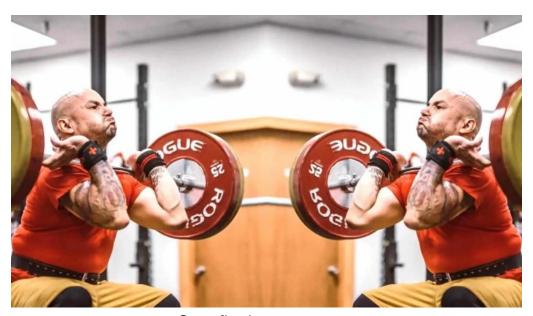
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Tags

Wheelchair-accessible entrance, Membership required, Accessibility, Wheelchair-accessible car park, Amenities, On-site services, Toilet, Sauna, Wi-Fi, Service options, Planning

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