

## Village Fitness - Aiken

aiken

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## *Village Fitness - Aiken*

### **Welcome to Village Fitness: A Premier Gym Experience in Aiken, South Carolina**

Located in the heart of Aiken, South Carolina, **\*\*Village Fitness\*\*** is more than just a gym; it's a community dedicated to health and wellness. This facility prides itself on providing a welcoming environment that encourages members to reach their fitness goals, no matter how big or small. Below, we explore the standout amenities and features that make Village Fitness a top choice for fitness enthusiasts.

## Amazing Amenities

At Village Fitness, members can enjoy a wide range of **amenities** designed to enhance their workout experience. Some highlights include:

- **Swimming Pool**: The state-of-the-art indoor swimming pool provides a refreshing option for cardio workouts and relaxation. Members love the saltwater pool, which offers a perfect escape after intense training sessions.
- **Sauna**: After an invigorating workout, unwind in the sauna. It's an ideal place for relaxation and recovery, helping you to soothe sore muscles.
- **Wi-Fi**: Stay connected while you work out! The gym offers complimentary Wi-Fi, making it easy to track your progress or catch up on your favorite playlists during workouts.
- **Accessibility Features**: Village Fitness is committed to inclusivity, featuring a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**. This ensures that everyone can join the vibrant fitness community.

## Membership and Community

While a **membership is required**, the benefits far outweigh the costs. Village Fitness stands out for its personalized approach to fitness; members are not just numbers but valued individuals with unique goals. Trainers take the time to understand personal fitness objectives and provide tailored guidance for success. The atmosphere at Village Fitness feels like family—many members report enjoying their workout routines more than ever due to the supportive environment. Reviews highlight the commitment of trainers who engage and challenge members while ensuring correct techniques are followed, making workouts both fun and effective.

## Planning Your Visit

Planning your visit to Village Fitness is easy. With flexible class schedules that accommodate working professionals and a variety of workout options, there is something for everyone. From large team training sessions to intimate small group classes, the gym provides diverse opportunities for engagement and camaraderie among members.

## Why Choose Village Fitness?

Members consistently commend several aspects of Village Fitness that set it apart:

1. **Exceptional Cleanliness**: The facility is renowned for its cleanliness, which enhances the overall workout experience.
2. **Friendly and Knowledgeable Staff**: The team at Village Fitness is always ready to assist, ensuring each member feels welcomed and supported.
3. **Variety of Classes**: From yoga to high-intensity training, Village Fitness offers a broad array of classes suitable for all fitness levels.
4. **Community Feel**: Many members report forming lasting friendships through their workout routines, creating a network of support and motivation.

In conclusion, Village Fitness in Aiken, South Carolina, embodies the essence of a modern gym—a space where

accessibility meets exceptional service. Whether you're looking to dive into the **\*\*swimming pool\*\***, unwind in the **\*\*sauna\*\***, or simply connect with like-minded individuals, this facility has it all. Join now to become part of this inspiring community today!

### **You can find us in**

440 Society Hill Dr SW, 29803 Aiken, South Carolina - United States (US)

The contact line of this **Gym** is +1803-339-8138

And if you want to send a WhatsApp, you can do so at +1803-339-8138

### **We look forward to seeing you at:**

Day	Hours
Monday	5?AM–9?PM
Tuesday	5?AM–9?PM
Wednesday	5?AM–8?PM
Thursday	8?AM–6?PM
Friday	10?AM–3?PM
Saturday	5?AM–9?PM
Sunday	5?AM–9?PM

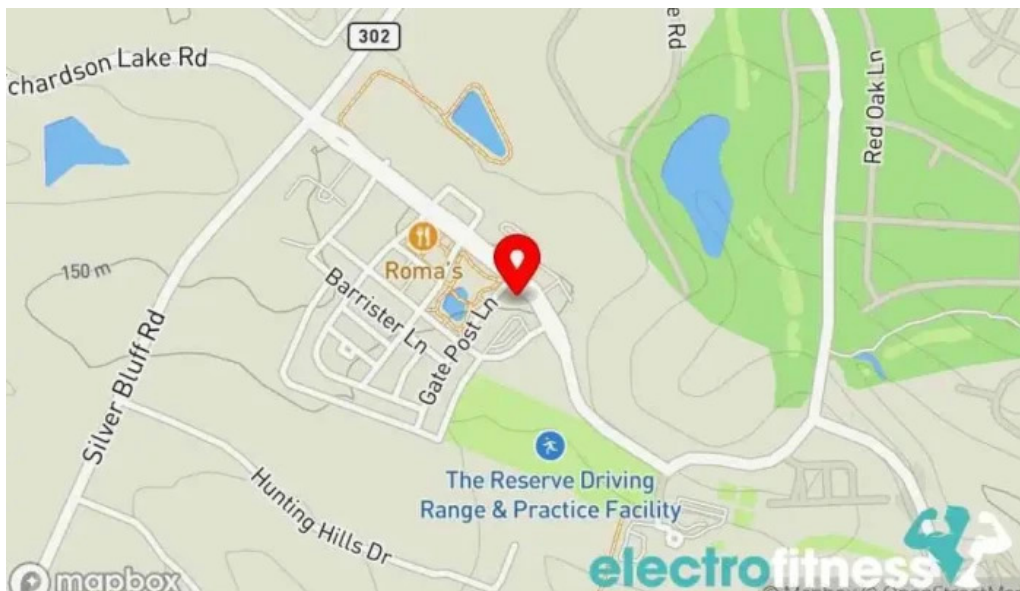
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In case you want to alter any element that you think is not accurate regarding this page, we kindly request deliver a message so we can we will handle it promptly. Thank you in advance thank you very much.

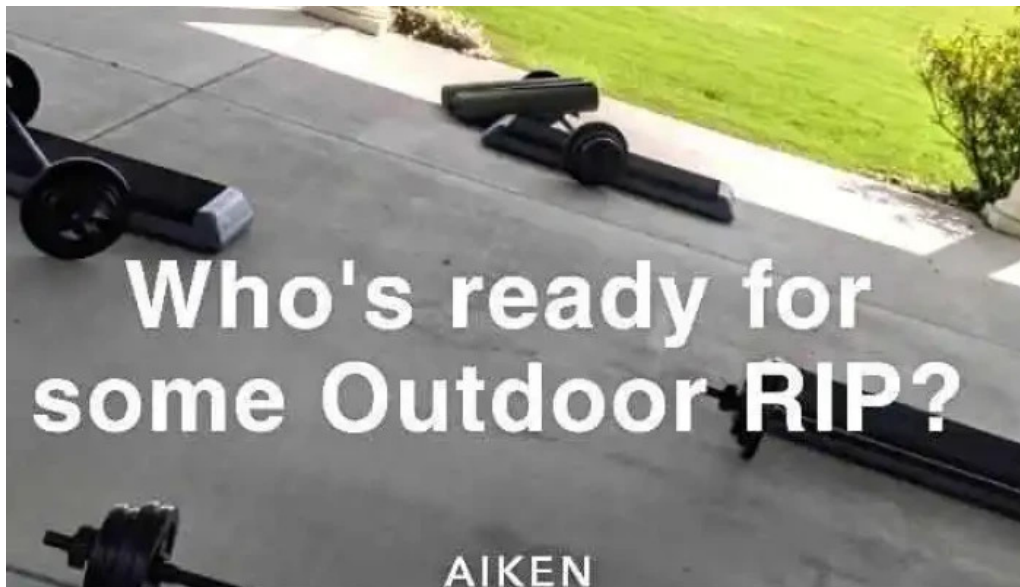
## **Images**



*Village fitness street view 360deg*



*Village fitness map*



*Village fitness exercise machine*



*Village fitness all*





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## Tags

*Accessibility, Membership required, Planning, Wi-Fi, Wheelchair-accessible entrance, Sauna, Amenities, Wheelchair-accessible car park, Swimming pool*

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