

Wellness Center - Aiken

aiken

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Published on: 02/05/25	Hits: 54
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Wellness Center - Aiken

Discover the Aiken Gym Wellness Center: A Comprehensive Facility for All

The ****Gym Wellness Center**** located on the USCA campus in Aiken, South Carolina, is not just a place to work out; it's a community hub designed with everyone in mind, including those who require special accommodations.

Accessibility Features

One of the standout features of the Gym Wellness Center is its ****wheelchair-accessible entrance****, ensuring that all visitors can easily access

the facility. Additionally, there is a ****wheelchair-accessible car park**** available, making it convenient for individuals with mobility challenges. Accessibility is a top priority here, allowing everyone to enjoy the benefits of fitness and wellness.

Amenities That Enhance Your Experience

Visitors rave about the ****amenities**** offered at the Gym Wellness Center. As one member noted, “They have tons of equipment so there is usually no time waiting for anything!” This means you can maximize your workout time without interruptions. The center also boasts a ****swimming pool****, providing an excellent option for low-impact exercise or leisure swimming.

Yoga and Stretching Areas

For those looking to incorporate flexibility and relaxation into their fitness routines, the Gym Wellness Center features a ****huge yoga studio****. This space is perfect for stretching and participating in various yoga classes, making it an ideal complement to strength training and cardiovascular exercises. With the recent addition of an extra area, more equipment and options are now available, enhancing the overall experience.

Stay Connected with Wi-Fi

In today’s connected world, having access to ****Wi-Fi**** is essential. The Gym Wellness Center provides free Wi-Fi, allowing members to stay connected while they workout. Whether you want to follow along with an online fitness class or simply check in with friends, the available internet access makes it easy to remain engaged.

Join the Community at the Gym Wellness Center

With its diverse range of features and amenities, the Gym Wellness Center in Aiken is more than just a fitness facility; it’s a welcoming community designed for everyone. Whether you’re an experienced athlete or just starting your fitness journey, this center offers something for everyone. Don’t miss out on the opportunity to become part of this vibrant community!

We are based in

471 University Pkwy, 29801 Aiken, South Carolina - United States (US)

The phone number of the respective **Gym** is +1803-641-3641

And if you want to send a WhatsApp, you can do so at +1803-641-3641

We open at the following schedule:

Day Hours
Monday
6?AM–9?PM
Tuesday
6?AM–9?PM
Wednesday
6?AM–6:30?PM
Thursday
7:30?AM–1?PM
Friday
1–5?PM
Saturday
6?AM–9?PM
Sunday
6?AM–9?PM

If you need to alter any detail that you feel is not accurate about this portal, please deliver a message so we can we will adjust it promptly. In advance thanks.

Images



Wellness center map



Wellness center all



Wellness center aiken

Tags

Wheelchair-accessible car park, Amenities, Swimming pool, Accessibility, Wheelchair-accessible entrance, Wi-Fi

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massage therapist

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muay thai boxing gym
non-profit organization
nutritionist
park
parking lot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor

swimming school
tennis club
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weight loss service
weightlifting area
wellness center
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wrestling school
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