

## Kadilak Fitness - Akron

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akron

## Kadilak Fitness - Akron

### Discover Kadilak Fitness: A Welcoming Gym in Akron, Ohio

Are you looking for a gym that offers more than just a place to work out? **Kadilak Fitness**, located in Akron, Ohio, stands out with its exceptional on-site services and welcoming atmosphere.

### A Gym That Prioritizes Accessibility

Kadilak Fitness takes pride in its **wheelchair-accessible entrance** and **car park**, ensuring that everyone can enjoy their facilities without barriers. This commitment to accessibility reflects the gym's dedication to inclusivity, making it

a supportive environment for all members.

## **Empowered by Women**

One of the unique aspects of Kadilak Fitness is that it identifies as **\*\*women-owned\*\***. This empowering environment fosters a sense of community among women who are looking to improve their fitness alongside other like-minded individuals. The gym's atmosphere is characterized by encouragement, motivation, and friendship, making every visit feel like a reunion with family.

## **Comprehensive Service Options**

From group classes to personal training, Kadilak Fitness offers a variety of **\*\*service options\*\*** tailored to meet diverse fitness goals. Whether you're interested in high-energy Zumba sessions, strength-building classes, or personalized training plans, there's something for everyone at Kadilak Fitness. Many members appreciate the **\*\*variety of workouts\*\*** available, allowing them to step out of their comfort zones and try different activities.

## **Online Classes Available**

In today's digital age, Kadilak Fitness also provides **\*\*online classes\*\***, making it easier for those with busy schedules to stay active. This flexibility ensures members can maintain their fitness journey anytime, anywhere.

## **A Community of Support**

The warm environment at Kadilak Fitness is reflected in the heartfelt testimonials of its members. Many have noted how the trainers go above and beyond to assist them in achieving their fitness goals. One member shared, "The highly qualified and energetic instructors at Kadilak are top-notch. They will help you meet your fitness goals." The sense of community extends beyond workouts, as many members have formed lasting friendships.

## **Transformative Fitness Journey**

Members frequently highlight significant personal transformations, both physically and mentally. With dedicated trainers like Shelly, who actively seeks feedback and works closely with individuals to address specific needs, many have seen remarkable results. Stories of weight loss, increased strength, and improved mobility are common, as the gym fosters an environment where everyone is encouraged to be their best selves.

## **Join the Kadilak Fitness Family**

If you're seeking a **\*\*judgment-free zone\*\*** filled with friendly faces and motivated trainers, look no further than Kadilak Fitness. This gym truly feels like a family and is dedicated to helping you achieve a healthier lifestyle. In conclusion, Kadilak Fitness is more than just a gym; it's a vibrant community

committed to accessibility, empowerment, and personal growth. Whether you're new to fitness or looking to diversify your routine, Kadilak Fitness welcomes you with open arms. Come experience the difference!

### **We are positioned at**

470 Portage Lakes Drive, 44319 Akron, Ohio - United States (US)

The contact phone of this **Gym** is +1330-696-7119

And if you want to send a WhatsApp, you can do so at +1330-696-7119

### **We are available at these times:**

Day	Hours
Monday	5?AM–2?PM
Tuesday	Closed
Wednesday	5?AM–9?PM
Thursday	5?AM–9?PM
Friday	5?AM–9?PM
Saturday	5?AM–9?PM
Sunday	5?AM–9?PM

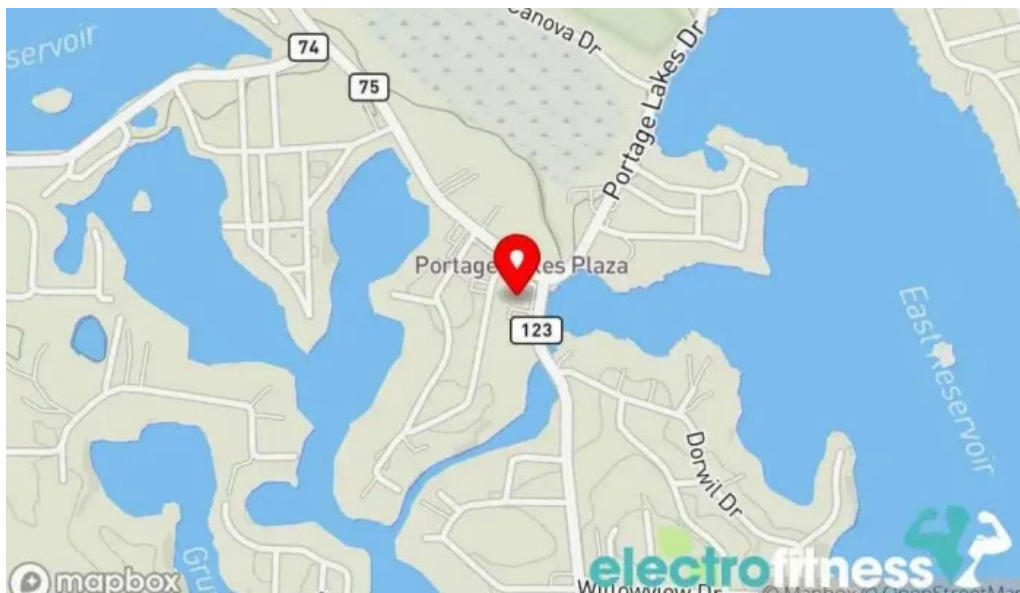
The website is Kadilak Fitness

If you wish to update any information that you consider is not precise related to this web, we urge you to send us a message so that we will adjust it promptly. Thank you in advance we appreciate it.

## **Images**



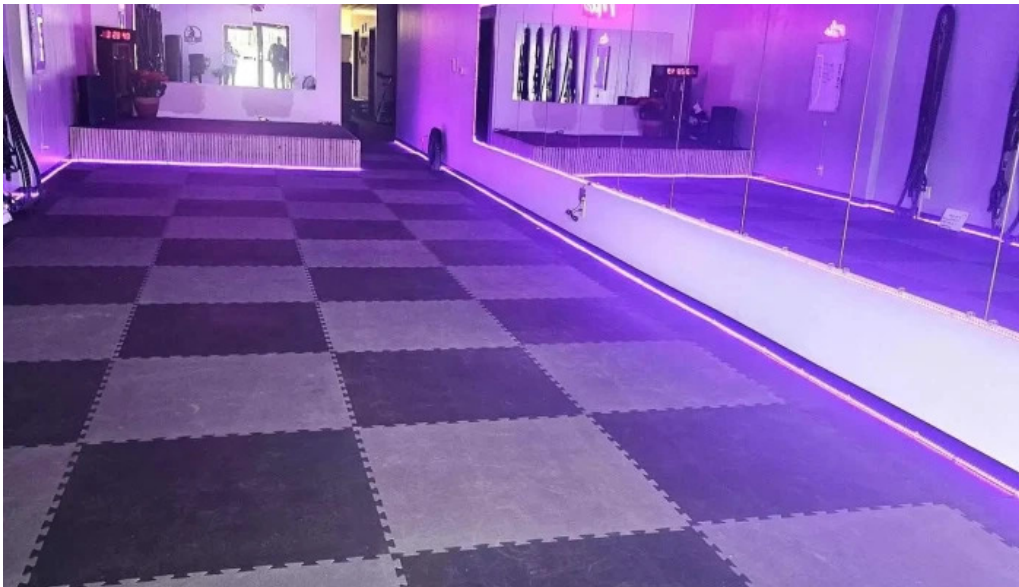
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*Wheelchair-accessible entrance, On-site services, From the business, Service options, Identifies as women-owned, Accessibility, Wheelchair-accessible car park, Online classes*

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kinesiologist
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martial arts school



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metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
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parkour spot
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physical therapist
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pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
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soccer club
spa
spa and health club
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sports complex
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sports medicine clinic
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