

Ak Fit - Alameda

alameda

☐ I'm not a robot


ReCAPTCHA

Published on: 05/05/25	Hits: 45
Comments: 0	See comments
Votes: 5	Score: 5

https://www.electrofitness.com/gym/alameda/ak-fit-alameda_271302.php



alameda

Ak Fit - Alameda

Discover AK Fit Gym in Alameda, California

If you're looking for a fitness experience that goes beyond the ordinary, ****AK Fit**** in Alameda, California, is the place for you. Known for its personalized approach, Alastar, the head trainer, ensures that every workout is tailored to meet individual goals.

Unique Training Philosophy

At AK Fit, there are ****no cookie-cutter workouts****. Alastar takes the time to understand your aspirations and crafts a plan specifically for you. One satisfied

member noted, "Alastar listens to your goals and delivers big time. Highly recommend!" This dedication to personalization sets AK Fit apart from the rest.

Supportive Environment and Results-Oriented Training

Clients rave about Alastar's motivational support. One member exclaimed, "Alastar has been a supportive personal trainer. I wouldn't have achieved the results I did without his motivation." This emphasis on encouragement creates a positive atmosphere that fosters growth and progress.

Your Path to Success

Many members have experienced transformative results at AK Fit. As one happy client put it, "Alastar at AK Fit is the real deal. I'm stronger, healthier, and finally seeing results I've wanted for years!" With personalized training, members can achieve their fitness goals effectively and sustainably.

Weight Loss Success Stories

Weight loss is a common goal for many gym-goers. One member proudly shared, "Awesome trainer, I lost 13kg," highlighting the effective weight management strategies implemented by Alastar.

Online Classes and Service Options

In addition to in-person training, AK Fit also offers ****online classes****, allowing flexibility and accessibility for those with busy schedules. With various ****service options****, individuals can select the type of training that best suits their lifestyle.

Join AK Fit Today!

If you're ready to transform your fitness journey, consider joining AK Fit in Alameda. With personalized training, a supportive environment, and flexible options like online classes, you're on the path to achieving your goals. Don't wait – get started today!

You will find us at

2200 S Shore Center, 94501 Alameda, California - United States (US)

We are available at these times:

Day Hours
Monday
4–9?PM
Tuesday
4–9?PM

Wednesday
4–9?PM
Thursday
4–9?PM
Friday
4–9?PM
Saturday
4–9?PM
Sunday
4–9?PM

The website is AK Fit

If you need to change any information that you think is not accurate concerning this web, we kindly request forward a message so that we will correct it promptly. In advance thank you very much.

Images



Ak fit map



Ak fit by owner



Ak fit all



Tags

Service options, Online classes

Related content

5.0 *	<i>Get Fit Meridian - Meridian</i>
5.0 *	<i>Bosslady Fit - Springfield</i>
5.0 *	<i>Koko Fit Club - North Attleborough</i>
4.9 *	<i>Hit Fit Ca - Temecula</i>
4.9 *	<i>11ave. Yakima Fit Foods - Yakima</i>
5.0 *	<i>Tushka Fit - Ada</i>
4.6 *	<i>Get Fit 24/7 - Fairlawn</i>
5.0 *	<i>Future Fit - Burlington</i>
5.0 *	<i>Fit Lab - West Springfield</i>
5.0 *	<i>Yakima Fit Foods - The Orchards - Yakima</i>

Categories

academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment complex
aquatic centre
arena
association / organization
athletic club
auditorium
bar
basketball club
basketball court

batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant

health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park

sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area
wellness center
wellness program
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth organization