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Fitness Court at Harbor Bay - Alameda

alameda



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Fitness Court at Harbor Bay - Alameda

Exploring the Gym Fitness Court at Harbor Bay, Alameda, California

The **Gym Fitness Court** located at **Harbor Bay** offers a unique experience for fitness enthusiasts in Alameda, California. Known for its **wheelchair-accessible entrance**, this facility prioritizes **accessibility** for all individuals, ensuring that everyone has the opportunity to maintain their health and wellness.

Accessibility Features

One of the standout features of the Gym Fitness Court is its commitment to

accessibility. The **wheelchair-accessible entrance** allows individuals with mobility challenges to access the gym facilities without any hindrance. Additionally, there is a **wheelchair-accessible car park**, making it even easier for those with disabilities to visit this fitness venue.

A Well-Built and Sturdy Facility

Visitors have noted that the Gym Fitness Court is **well built and sturdy**, providing a safe environment for workouts. Its solid construction gives peace of mind to users, allowing them to focus on their fitness routines without concerns about equipment reliability.

Not Too Busy

One of the benefits of choosing the Gym Fitness Court at Harbor Bay is that it is **never too busy**. This makes it an ideal location for those who prefer a more tranquil workout environment. Whether you are lifting weights or participating in group classes, you can enjoy your fitness journey without the crowds.

Convenient Amenities Nearby

Another attractive aspect of the Gym Fitness Court is its proximity to a **pop-up cafe** next door. Open during lunch hours, this cafe offers a selection of medium-priced meals, making it easy to grab a healthy bite after a workout. It's the perfect place to refuel and relax, enhancing the overall gym experience.

Conclusion

The Gym Fitness Court at Harbor Bay stands out for its focus on **accessibility**, high-quality construction, and convenient amenities. With features like a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, it caters to a diverse community of fitness lovers. If you're in Alameda, don't miss the chance to experience this remarkable facility!

The premises are located at

1501 Harbor Bay Pkwy, 94502 Alameda, California - United States (US)

We look forward to seeing you at:

Day Hours Monday Open 24 hours Tuesday Open 24 hours Wednesday
Open 24 hours
Thursday
Open 24 hours
Friday
Open 24 hours
Saturday
Open 24 hours
Sunday
Open 24 hours

The website is Fitness Court at Harbor Bay

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Images



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Fitness court at harbor bay map



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Tags

Accessibility, Wheelchair-accessible entrance, Wheelchair-accessible car park

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