

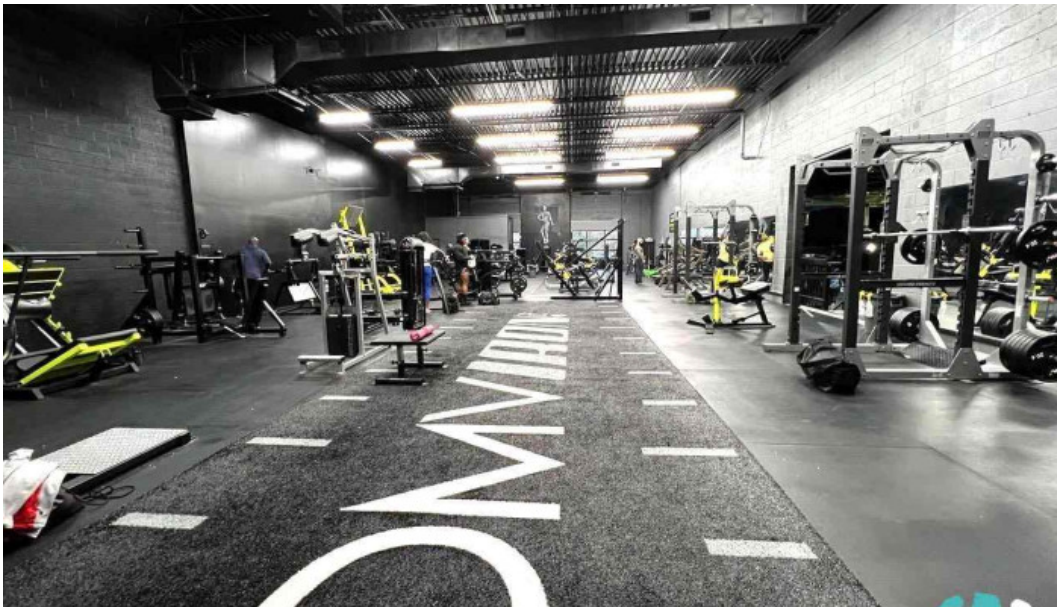
Dmv Iron Gym - Alexandria

alexandria

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Dmv Iron Gym - Alexandria

DMV Iron Gym: A Premier Fitness Destination in Alexandria, Virginia

Located in the heart of Alexandria, **DMV Iron Gym** has quickly established itself as a top-tier fitness facility in the region. This gym not only caters to serious fitness enthusiasts but also fosters an inclusive and welcoming environment for individuals at all fitness levels.

Amenities That Stand Out

The gym boasts a wide range of **amenities** designed to enhance the workout experience. Members enjoy:

State-of-the-art equipment: From free weights to unique machines, the selection is unparalleled. **Shower facilities:** Refresh after a rigorous workout. **Wheelchair-accessible entrance:** Ensuring everyone has access to the facility. **Well-maintained restrooms:** Including **toilets** and **wheelchair-accessible seating**. **24/7 access:** Perfect for those with busy schedules.

Accessibility for All

DMV Iron Gym is committed to providing a space that is **wheelchair-accessible**, with dedicated parking and entrances to ensure all members can enjoy their workouts without barriers. This prioritization of **accessibility** reflects the gym's dedication to inclusivity.

Membership Requirements

To enjoy the benefits of DMV Iron Gym, a **membership is required**. Different plans are available to cater to various needs, whether you are a casual gym-goer or a competitive athlete.

Cultural Identity and Community Support

Identifying as both **Latino-owned** and **veteran-owned**, DMV Iron Gym creates a community that respects and embraces diversity. Members appreciate the welcoming atmosphere, characterized by mutual support and camaraderie among all gym-goers.

The Atmosphere that Motivates

The overall **atmosphere** within the gym is often described as motivating and focused. As one member aptly put it, "This isn't your average chain gym — it's gritty and full of people who actually want to work." It's this vibe that encourages many to push their limits and achieve their fitness goals.

Personal Training Excellence

For those seeking personalized attention, DMV Iron Gym offers exceptional personal training services. Trainers like Asia Rideout are praised for their expertise and commitment to client success. With a focus on injury prevention and tailored workouts, members find the guidance they need to progress effectively.

Final Thoughts

In conclusion, DMV Iron Gym exemplifies what a modern fitness facility should be. With its range of **amenities**, commitment to **accessibility**, welcoming atmosphere, and expert staff, it is a standout choice for anyone serious about achieving their fitness goals. Whether you're lifting heavy, participating in group classes, or working one-on-one with a trainer, you can expect a top-notch experience every time you visit.

We are at

5426 Eisenhower Ave, 22304 Alexandria, Virginia - United States (US)

Our public attention hours are:

Day	Hours
Monday	Open 24 hours
Tuesday	Open 24 hours
Wednesday	Open 24 hours
Thursday	Open 24 hours
Friday	Open 24 hours
Saturday	Open 24 hours
Sunday	Open 24 hours

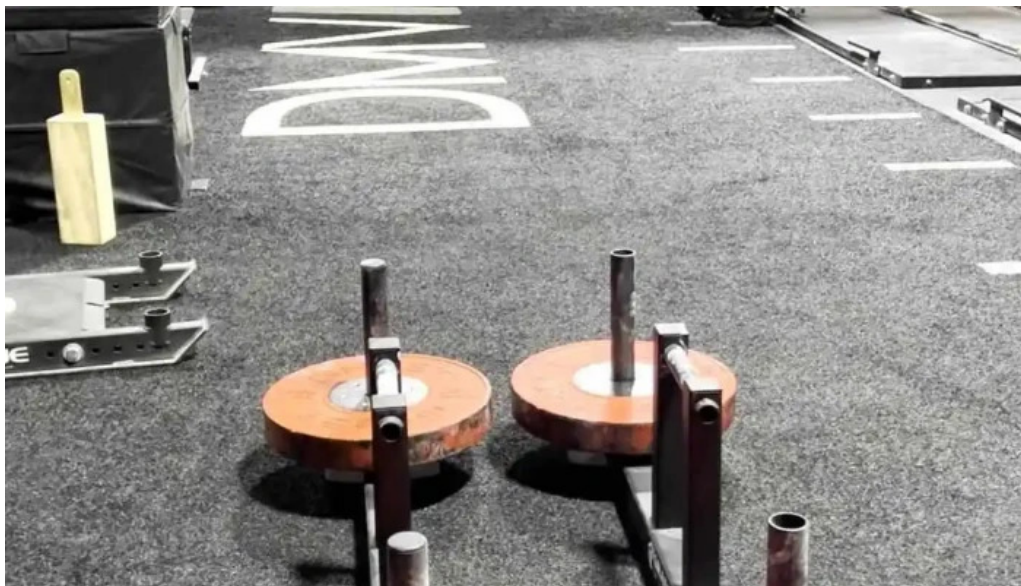
The website is [DMV Iron Gym](#)

If you need to adjust any detail that you think is not correct regarding this page, we ask send a message so that we will correct it as soon as possible. Thanks beforehand thanks for your cooperation.

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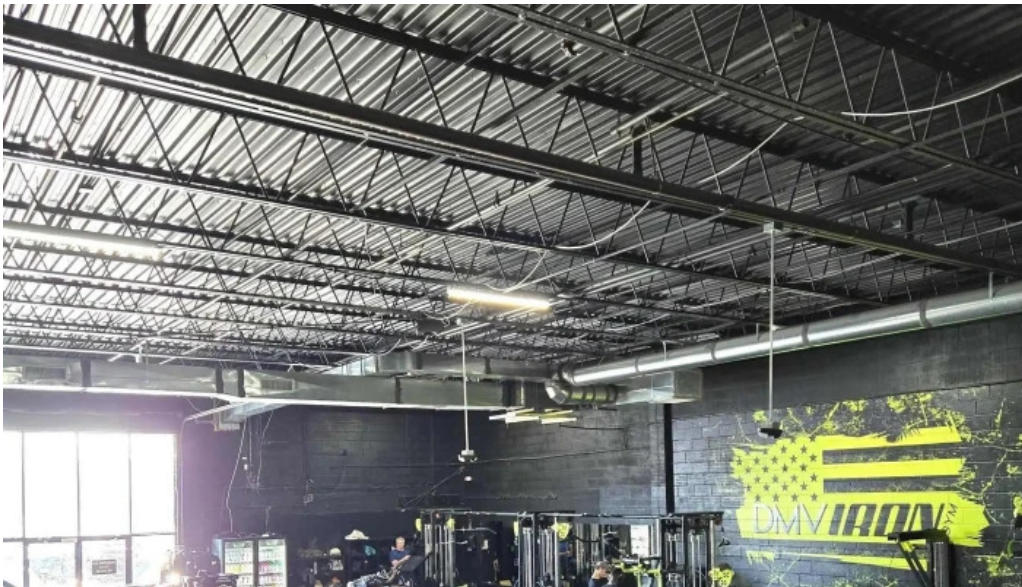
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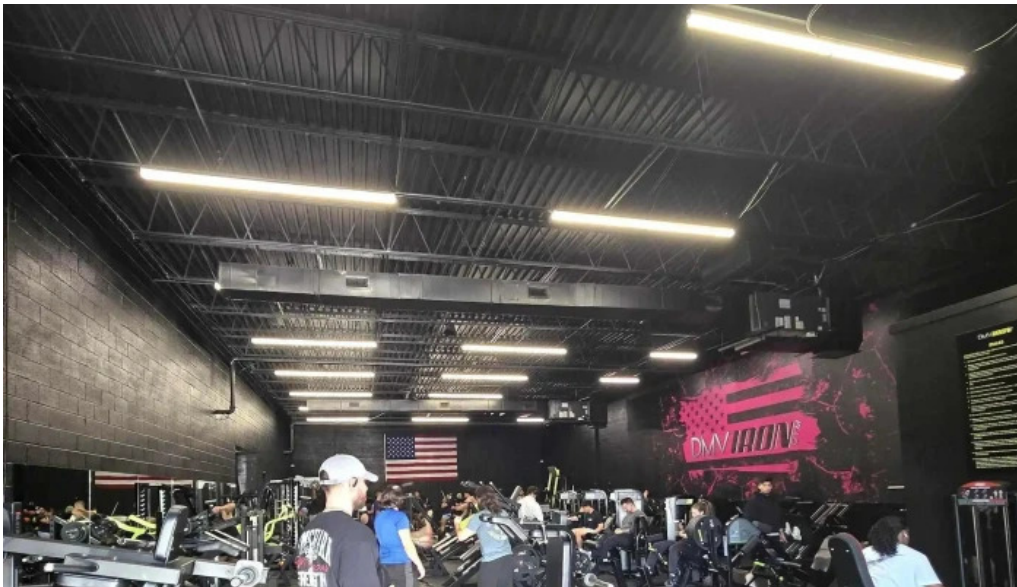
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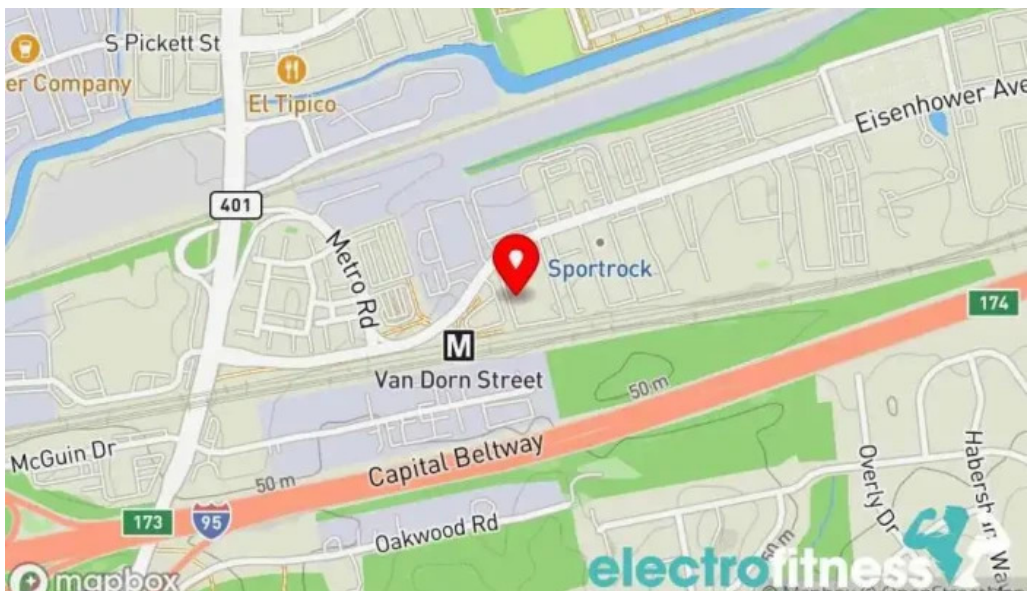
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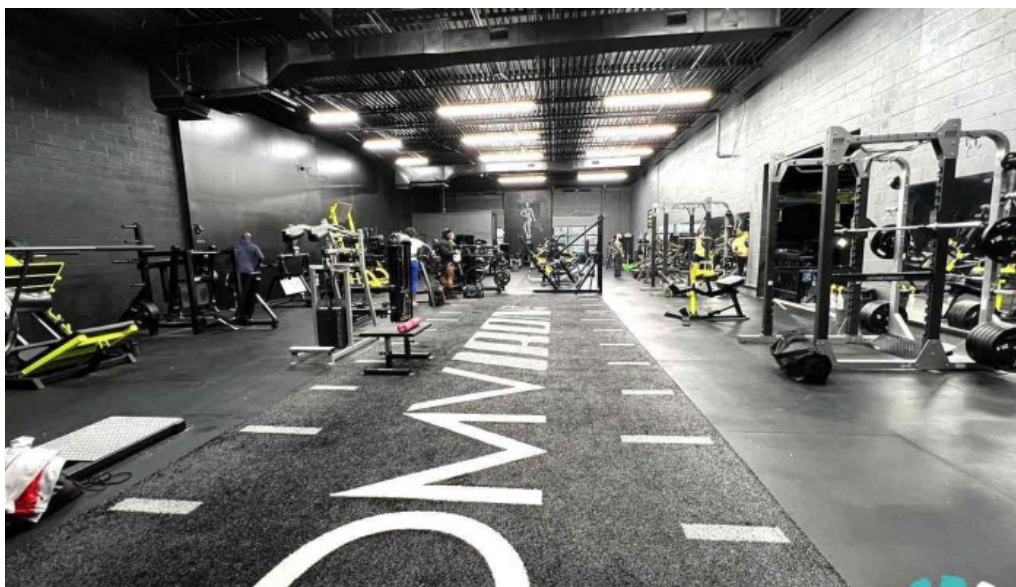
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Dmv iron gym gym



Dmv iron gym by owner



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Tags

Toilet, Identifies as veteran-owned, Wheelchair-accessible entrance, Membership required, Amenities, Shower, Identifies as Latino-owned, Planning, Wheelchair-accessible car park, Wheelchair-accessible seating, Atmosphere, From the business, Accessibility

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swimming pool
swimming school
taekwondo school
tanning salon
tennis club
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trade school
training centre
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