

Electro Fitness: Best Electro Fitness

24 Hour Fitness - Aliso Viejo

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24 Hour Fitness - Aliso Viejo

Exploring 24 Hour Fitness in Aliso Viejo, California

Located conveniently in Aliso Viejo, **24 Hour Fitness** offers a variety of amenities that cater to both beginners and experienced fitness enthusiasts. This gym has been a popular choice for many looking to maintain a healthy lifestyle.

Amenities That Make a Difference

One of the notable features of this gym is its swimming pool. It's perfect for

low-impact workouts or relaxation after an intense session. Additionally, there is a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring that everyone can access the facilities comfortably.

Mixed Reviews on Equipment and Cleanliness

While many members appreciate the friendly staff and the good variety of equipment, some have voiced concerns about the state of the machines. Comments indicate that certain equipment could use updates or replacements, which has affected some workout experiences. The gym is well-maintained overall, with dedicated cleaning staff who ensure that it remains tidy, although some have mentioned challenges with the timing of cleaning hours, particularly in the evenings.

Positive Experiences and Areas for Improvement

Many visitors have noted their satisfaction with specific classes, such as Friday morning yoga, highlighting how the atmosphere can enhance their experience. However, others have pointed out that some showers tend to flood, which can detract from the overall enjoyment of the facility. Additionally, while the gym provides a diverse range of equipment, some members have expressed dissatisfaction with the cleanliness of locker rooms and restrooms, suggesting that further upgrades are needed to meet expectations.

A Community Feel

Despite the mixed reviews, many patrons feel a strong sense of community at 24 Hour Fitness. Members appreciate the assistance from staff who take time to understand personal fitness needs. Frequent visitors often describe the gym as their second home, noting that the supportive environment keeps them coming back.

Conclusion: Worth a Try?

If you're in search of a gym with essential amenities like a swimming pool and accessibility features, 24 Hour Fitness in Aliso Viejo may suit your needs. While there are areas for improvement, the friendly atmosphere and engaging classes could make this gym a good fit for both newcomers and seasoned athletes alike.

Our business is found at

27141 Aliso Creek Rd, 92656 Aliso Viejo, California - United States (US)

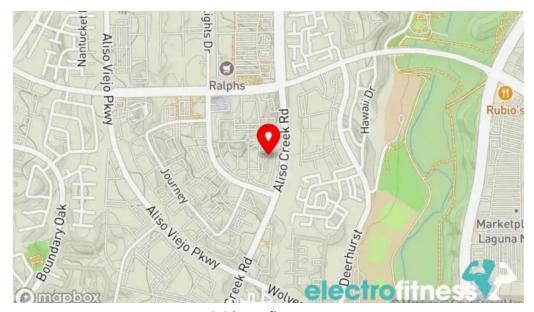
The phone number of said **Gym** is +1949-831-4900

The website is 24 Hour Fitness

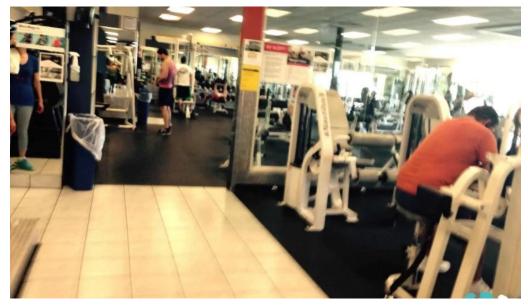
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Tags

Wheelchair-accessible car park, Wheelchair-accessible entrance, Amenities, Swimming pool, Accessibility

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