

Zen 24 Hour Fitness Center Llc - Alpena

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Welcome to Gym Zen 24 Hour Fitness Center LLC in Alpena, Michigan

If you're searching for a fitness facility that combines accessibility, community, and a wide range of equipment, look no further than **Gym Zen 24 Hour Fitness Center LLC** in Alpena, Michigan. This gym is not only **wheelchair-accessible** with a convenient entrance and car park, but it also offers a welcoming environment for all fitness levels.

Planning Your Workout Journey

Getting started at Zen is straightforward. To access the extensive facilities, a **membership is required**, which opens the doors to 24/7 access once management hours are over. This flexibility allows members to fit workouts into their schedules, whether early in the morning or late at night. The friendly atmosphere makes planning your fitness routine easy and enjoyable.

Accessibility Features

Zen understands the importance of **accessibility** for all its members. The gym boasts a **wheelchair-accessible entrance** and a designated parking space, ensuring that everyone can feel welcome and comfortable during their fitness journey. In addition to physical accessibility, the staff at Zen provides exceptional support, making it easy for newcomers to acclimate to the gym environment.

Facilities and Equipment

This fitness center is equipped with a variety of high-quality gym equipment, reflecting the owners' commitment to providing the best for their members. The gym includes:
Multiple squat cages and benches A vast selection of free weights and kettlebells Various cardio machines A range of functional training equipment
The owners continuously add new equipment, ensuring that members have access to the latest fitness technology. Despite being slightly limited in space, the gym remains clean and clutter-free, providing an inviting workout environment.

Community and Support

The heart of Zen 24 Hour Fitness Center lies in its community. Members frequently express appreciation for the supportive environment, where fitness enthusiasts of all levels come together. The owner, Zane, is highly regarded for his attentiveness and dedication to helping individuals achieve their fitness goals. Free clinics and personal training sessions are regularly offered, fostering a sense of belonging among members.

Why Choose Zen 24 Hour Fitness?

With multiple positive reviews highlighting the welcoming atmosphere, cleanliness, and quality of equipment, it's clear that Zen is more than just a gym—it's a community. Whether you're a seasoned lifter or a newcomer to fitness, Zen provides everything needed for a productive workout experience. Considering the **membership requirements** and the numerous amenities available, choosing Gym Zen 24 Hour Fitness Center LLC might just be the best

decision you make for your health and fitness journey. Join today and discover what makes Zen a standout choice in Alpena, Michigan!

The location of our business is in

2581 Us Hwy 23 S, 49707 Alpena, Michigan - United States (US)

The contact line of the mentioned **Gym** is +1989-590-3400

And if you want to send a WhatsApp, you can do so at +1989-590-3400

You can visit us at the following hours:

Day Hours
Monday
Open 24 hours
Tuesday
Open 24 hours
Wednesday
Open 24 hours
Thursday
Open 24 hours
Friday
Open 24 hours
Saturday
Open 24 hours
Sunday
Open 24 hours

The website is Zen 24 Hour Fitness Center LLC

If you need to alter any data that you feel is not accurate concerning this site, we kindly request deliver a message so we can we will handle it at the earliest convenience. Thank you in advance we appreciate it.

Images



Zen 24 hour fitness center llc street view 360deg



Zen 24 hour fitness center llc map



Zen 24 hour fitness center llc gym



Zen 24 hour fitness center llc by owner



Zen 24 hour fitness center llc alpena



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Tags

Planning, Wheelchair-accessible entrance, Accessibility, Wheelchair-accessible car park, Membership required

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nutritionist
outdoor sports store
outdoor swimming pool
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parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
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pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school

school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
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spa
spa and health club
sporting goods store
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sports complex
sports massage therapist
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