

Lifetime Fitness - Alton

alton

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Lifetime Fitness: A Hub for Fitness and Accessibility in Alton, Texas

At **Lifetime Fitness** in Alton, Texas, inclusivity and accessibility are at the forefront of the gym's mission. This facility is not only equipped with top-notch fitness equipment but also prioritizes the needs of all its members, ensuring everyone can enjoy their fitness journey.

Wheelchair-Accessible Entrance

One of the standout features of Lifetime Fitness is its **wheelchair-accessible entrance**. This entry point allows members with mobility challenges to easily access the gym, eliminating barriers that might deter them from pursuing an active lifestyle. The thoughtful design reflects the gym's commitment to creating an inclusive environment where everyone feels welcome.

Wheelchair-Accessible Car Park

In addition to a convenient entrance, Lifetime Fitness offers a **wheelchair-accessible car park**. This feature provides ease of access for those who drive to the gym, ensuring that parking is hassle-free and accommodating. With designated spots located close to the entrance, members can transition from their vehicles to the gym effortlessly.

Accessibility Features Throughout the Facility

Beyond the entrance and parking, Lifetime Fitness has integrated various **accessibility features** throughout the facility. From accessible workout equipment to spacious locker rooms, every aspect of the gym is designed with inclusivity in mind. This attention to detail allows individuals of all abilities to engage fully in their fitness pursuits without feeling limited.

Conclusion

Lifetime Fitness in Alton, Texas, sets a benchmark for gyms by prioritizing **accessibility** for all members. With amenities such as a wheelchair-accessible entrance and car park, as well as various supportive features, this gym creates an environment where everyone can thrive. Individuals seeking a fitness center that emphasizes inclusivity can confidently choose Lifetime Fitness as their destination.

Our business is located at

1719 N Mayberry Blvd, 78573 Alton, Texas - United States (US)

The phone of the respective **Gym** is +1956-454-2974

And if you want to send a WhatsApp, you can do so at +1956-454-2974

We are available at these times:

Day Hours
Monday

8:30–9:30?AM 5:30–7:30?PM

Tuesday

8:30–9:30?AM 5:30–7:30?PM

Wednesday

Closed

Thursday

Closed

Friday

8:30–9:30?AM 5:30–7:30?PM

Saturday

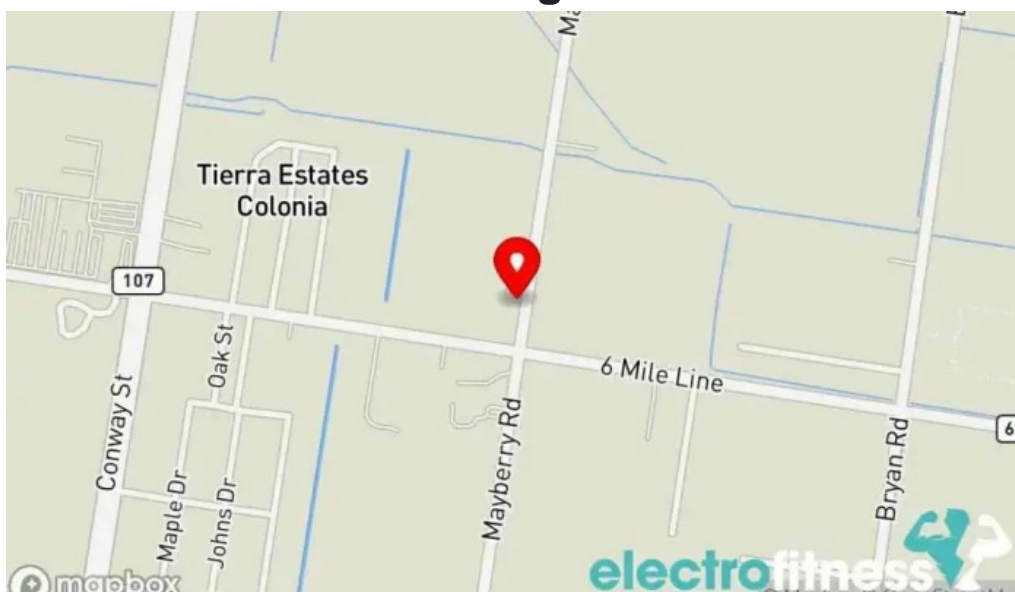
8:30–9:30?AM 5:30–7:30?PM

Sunday

8:30–9:30?AM 5:30–7:30?PM

If necessary to alter any information that you consider is not correct about this web, please send us a message and we will correct it as soon as possible. With anticipation thanks.

Images



Lifetime fitness map



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Tags

Accessibility, Wheelchair-accessible entrance, Wheelchair-accessible car park

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gym
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karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
park
parking lot
parkour spot
personal trainer
pharmacy

physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
psychotherapist
public educational institution
public library
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
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school
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swimming school
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yoga instructor
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