

CrossFit Alaska - Anchorage

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CrossFit Alaska - Anchorage

Welcome to CrossFit Alaska: Your Go-To Gym in Anchorage

CrossFit Alaska is not just a gym; it's a community where fitness meets accessibility. Located in the heart of Anchorage, this gym has earned its reputation for being welcoming and supportive for everyone, including those requiring additional assistance.

Accessibility Features

One of the standout features of CrossFit Alaska is its commitment to ****accessibility****. The facility boasts a ****wheelchair-accessible car park**** and a

****wheelchair-accessible entrance****, ensuring that everyone can partake in the workout experience without obstacle. This makes it an ideal spot for individuals seeking a challenging workout while navigating mobility concerns.

A Welcoming Community

Visitors frequently comment on the friendly atmosphere at CrossFit Alaska. One guest noted, "The coaches were great, WOD was challenging, good pointers/tips, friendly community." This sentiment is echoed by many who drop in for a class and immediately feel at home. The community vibe is strong, making it easy for newcomers to integrate and find support.

Top-notch Equipment and Facilities

CrossFit Alaska prides itself on having ****top-notch equipment****. Reviews highlight the presence of Rogue rigs and high-quality barbells, which significantly enhance the workout experience. The gym also features unique CrossFit gear like rings and ropes, creating a diverse training environment. Cleanliness is another aspect that stands out, with one visitor mentioning, "I definitely appreciated the clean floors while knocking out my burpees mid workout."

Expert Coaching

The coaching staff at CrossFit Alaska is well-regarded and knowledgeable. Several members have commented on the quality of instruction, noting how the coaches take the time to teach proper technique before each workout. This focus on form helps members build their skills safely and effectively. Whether you're a seasoned CrossFitter or just starting, the team is ready to help you achieve your fitness goals.

Challenging Workouts and Flexibility

The workouts, known as WODs (Workouts of the Day), provide a blend of tough challenges and flexibility. Many reviews reflect a positive response to the programming, with one visitor stating, "The WOD's will kick your butt!" Those looking for additional workout time are encouraged to stay after class, showcasing the gym's adaptability to individual needs.

Conclusion: A Must-Visit Spot in Anchorage

For anyone looking to get a solid workout in Anchorage, CrossFit Alaska is a must-visit. With its commitment to accessibility, expert coaching, and a warm community, it offers an inclusive environment for all fitness levels. Whether you're in town for work or seeking a new gym to call home, you won't go wrong choosing CrossFit Alaska!

You can visit us at the address:

9191 Old Seward Hwy, 99515 Anchorage, Alaska - United States (US)

The phone number of said **Gym** is +1907-277-2348

And if you want to send a WhatsApp, you can do so at +1907-277-2348

You can visit us at the following hours:

Day Hours

Monday

Closed

Tuesday

5:30?AM–8?PM

Wednesday

5:30?AM–8?PM

Thursday

5:30?AM–8?PM

Friday

5:30?AM–8?PM

Saturday

5:30?AM–7?PM

Sunday

8?AM–1?PM

The website is CrossFit Alaska

If you require to adjust any data that you consider is incorrect about this portal, we kindly request send a message so that we will adjust it as soon as possible. Thank you in advance thanks for your cooperation.

Images



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Tags

Wheelchair-accessible entrance, Wheelchair-accessible car park, Accessibility

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