

The Alaska Club For Women Gym - Anchorage

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The Alaska Club For Women Gym - Anchorage

Discover The Alaska Club for Women in Anchorage, Alaska

The Alaska Club for Women is not just a gym; it's a sanctuary designed specifically for women seeking a comfortable and supportive environment to achieve their fitness goals. Nestled in the beautiful city of Anchorage, this gym offers a range of amenities that cater to your health and wellness needs while ensuring a stress-free atmosphere.

Accessibility and Services

The Alaska Club provides excellent **accessibility** options for its members. With a **wheelchair-accessible car park** and **wheelchair-accessible entrance**, everyone can enjoy the facilities. The club also features an on-site childcare service, allowing mothers to focus on their workouts while their children are in safe hands.

A Welcoming Atmosphere

The atmosphere of The Alaska Club is often described as serene and inviting. Many members appreciate the privacy and comfort that comes with a **women-only** gym. One member noted, “The atmosphere and privacy are exactly what make it comfortable to work out in.” This club is an ideal space for women who want to let their hair down and exercise without feeling judged.

Facilities and Amenities

The amenities at The Alaska Club for Women are exceptional. Members can enjoy: **Swimming pool** for lap swimming **Sauna** and steam room for relaxation Hot tub for unwinding after a tough workout Spacious locker rooms equipped with large, clean showers. Though some have expressed a desire for improvements in locker room cleanliness, the overall sentiment is positive regarding the maintenance of equipment and facilities.

Classes and Online Offerings

The club provides a diverse array of **online classes** and group fitness sessions, from yoga to high-intensity interval training. These classes, led by experienced instructors, accommodate all fitness levels, ensuring everyone finds something that suits their needs.

Membership Details

A **membership is required** to access The Alaska Club for Women, with various options available, including a Gold Membership. While some members have commented on the cost, they also agree that the value received—ranging from excellent classes to well-maintained equipment—makes it worth the investment. “This club is definitely worth the price tag,” said one satisfied member.

Additional On-Site Services

The Alaska Club also offers professional massage services, which have

received rave reviews. Members highlight the personalized care they receive from therapists, making it a perfect addition to post-workout recovery.

Final Thoughts

The Alaska Club for Women stands out as a premier fitness destination in Anchorage. With a focus on creating a supportive community, maintaining top-tier amenities, and offering varied fitness options, it is more than just a place to work out—it's a place where women can thrive. Whether you're looking to join a class, relax in the sauna, or have a peaceful swim, The Alaska Club is ready to help you on your fitness journey.

We are established at

1450 W Northern Lights Blvd, 99503 Anchorage, Alaska - United States (US)

The contact line of the respective **Gym** is +1907-264-2700

And if you want to send a WhatsApp, you can do so at +1907-264-2700

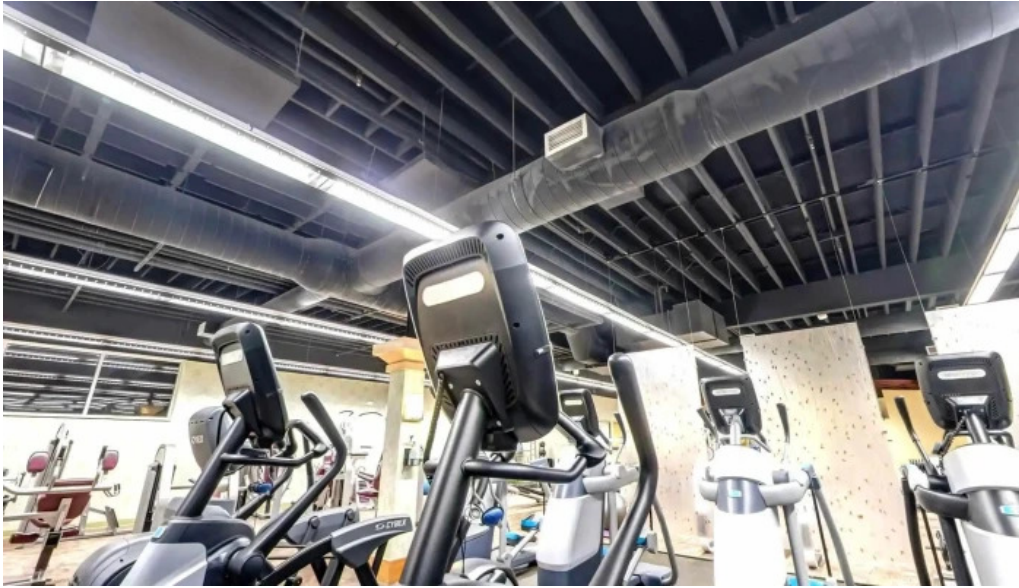
We are open during the following hours:

Day	Hours
Monday	8?AM–6?PM
Tuesday	Closed
Wednesday	6?AM–8?PM
Thursday	6?AM–8?PM
Friday	6?AM–8?PM
Saturday	6?AM–8?PM
Sunday	8?AM–6?PM

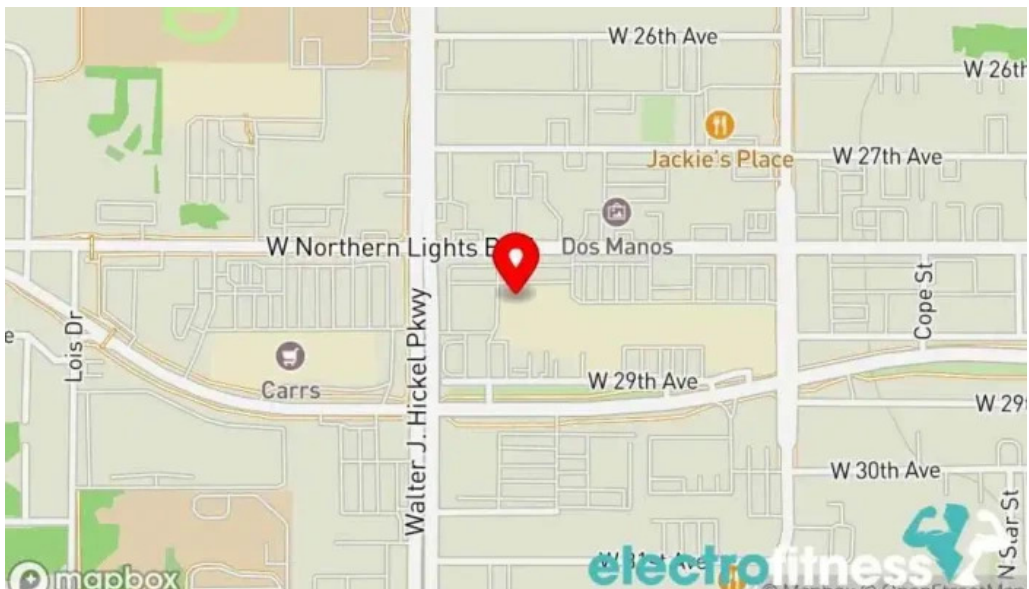
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Tags

Amenities, Offerings, Wheelchair-accessible entrance, Wheelchair-accessible car park, Accessibility, Wi-Fi, Swimming pool, On-site services, Membership required, Shower, Sauna, Atmosphere, Planning, Service options, Child care, Online classes

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