

## Jab House Fitness - Andrews

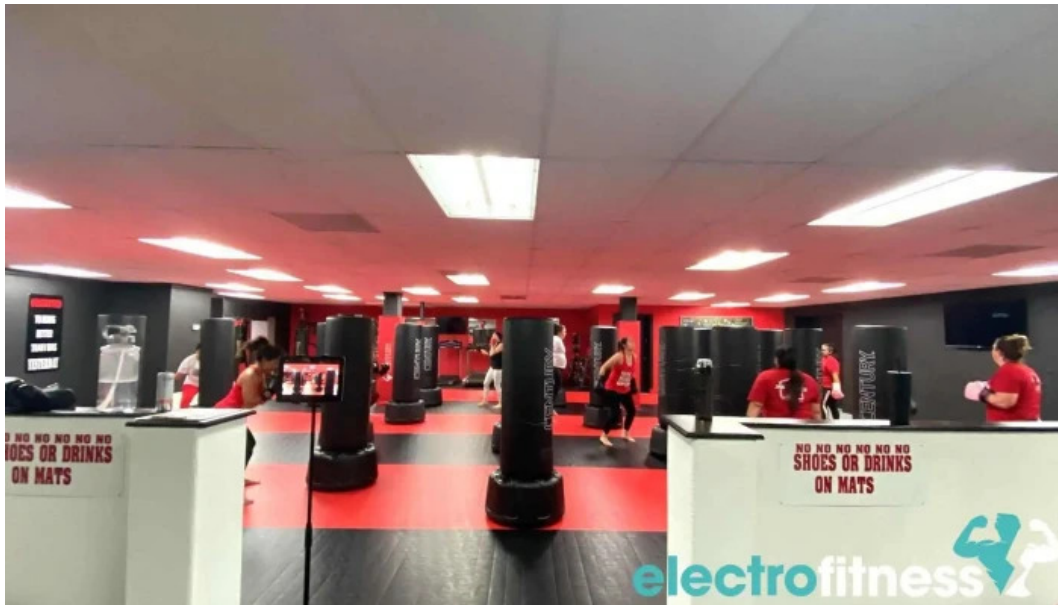
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## *Jab House Fitness - Andrews*

### Welcome to Jab House Fitness in Andrews, Texas

Jab House Fitness is more than just a gym; it's a community where families come together to stay active and healthy. Located in Andrews, Texas, this fitness center caters to individuals of all ages and fitness levels. With a focus on **\*\*accessibility\*\***, Jab House ensures that everyone can join in on the fun, making it a great option for those looking for a supportive environment.

### Wheelchair-Accessible Car Park

One of the standout features of Jab House Fitness is its

**\*\*wheelchair-accessible car park\*\***. This thoughtful addition allows individuals with mobility challenges to access the facility easily, ensuring that everyone feels welcome and included. Accessibility is a top priority here, which sets Jab House apart from many other gyms in the area.

### **A Family-Oriented Atmosphere**

At Jab House, you'll find a range of fitness programs suitable for the whole family. Many members have praised the gym for its welcoming environment. As one satisfied member noted, "Jab house fitness is a place where every family member can workout." With classes available for both adults and children, families can work out together and enjoy quality time while promoting a healthy lifestyle.

### **Diverse Class Offerings**

Jab House Fitness offers a variety of workout options to fit different needs. Whether you prefer morning or evening sessions, there's a class for you. The gym features high-quality kickboxing group classes, HIIT workouts, and a well-equipped area for strength training. The instructors are dedicated and attentive, pushing you to achieve your best potential: "The trainers are attentive, coaching you to reach your maximum."

### **A Positive and Encouraging Environment**

Members often comment on the positive energy that fills Jab House Fitness. The atmosphere is friendly and encouraging, making it easy for newcomers to feel at home. One member shared, "My biggest fear was that people would be staring at me, but the area is big enough to not be crowded." The team-oriented attitude and supportive community help individuals push past their limits and gain confidence.

### **Flexible Scheduling and Online Registration**

Jab House Fitness makes it easy to stay committed to your fitness goals with convenient scheduling. Members appreciate the ability to register and check daily class schedules online. This flexibility ensures that you can find the right time to work out, regardless of your busy life.

### **Conclusion**

In summary, Jab House Fitness in Andrews, Texas, is an excellent choice for anyone looking to improve their fitness while enjoying a supportive community. With its **\*\*wheelchair-accessible car park\*\***, family-friendly programs, diverse classes, and positive atmosphere, Jab House is dedicated to helping every member achieve their goals. Stop by and experience the energy and motivation that comes with being part of this fantastic fitness family!

**Our business is at**

1111 W Broadway St, 79714 Andrews, Texas - United States (US)

The contact line of the mentioned **Gym** is +1432-266-8084

And if you want to send a WhatsApp, you can do so at +1432-266-8084

### **We are open during the following hours:**

Day Hours  
Monday

5-7?AM 5-10?PM

Tuesday

5-7?AM 5-10?PM

Wednesday

5-7?AM 5-8?PM

Thursday

Closed

Friday

Closed

Saturday

5-7?AM 5-10?PM

Sunday

5-7?AM 5-10?PM

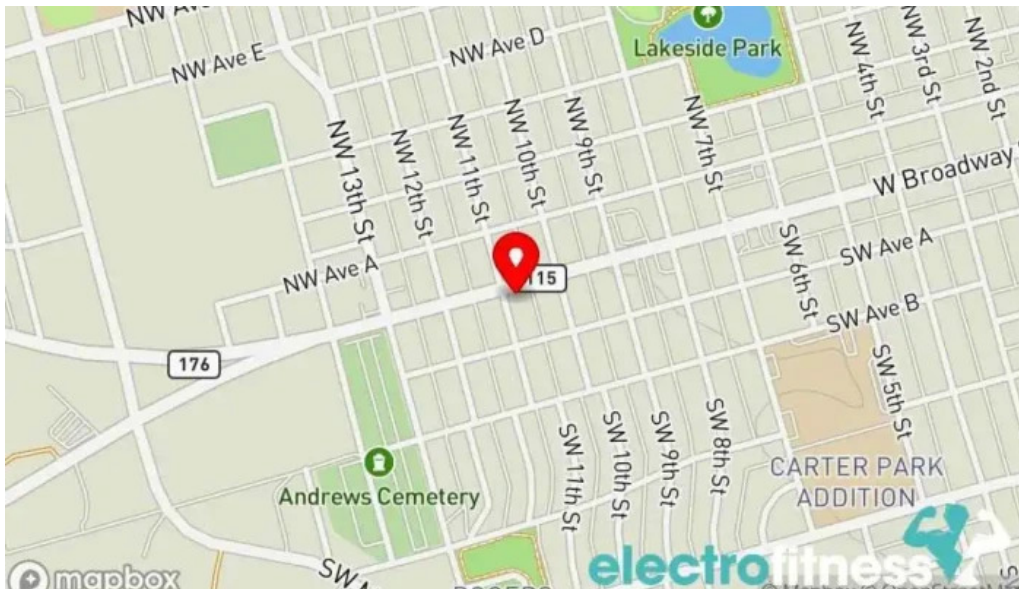
The website is Jab House Fitness

In case you want to alter any information that you think is not correct about this page, we urge you to send us a message so that we will correct it quickly. Thanks beforehand thank you very much.

## **Images**



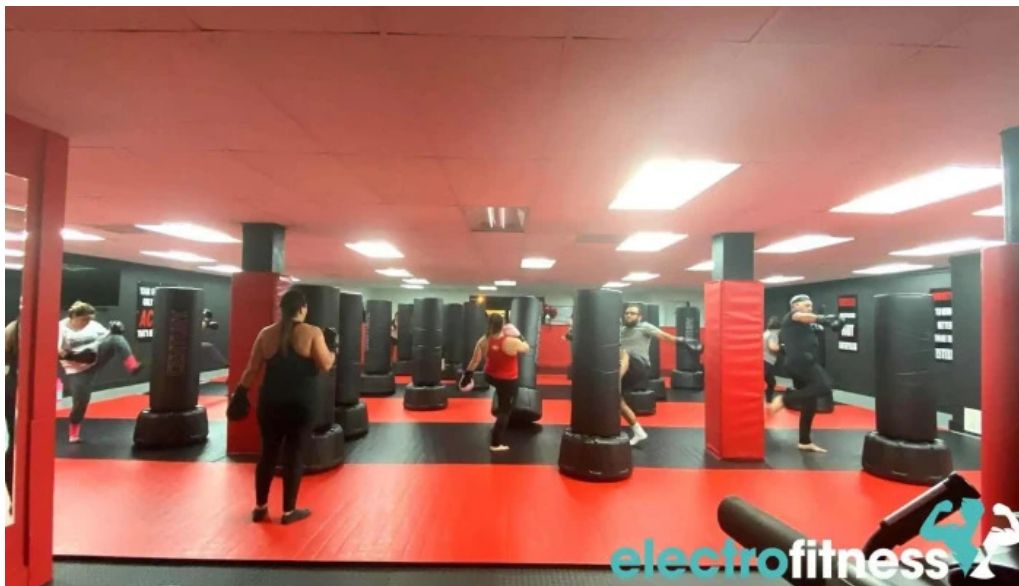
*Jab house fitness street view 360deg*



*Jab house fitness map*



*Jab house fitness gym*



*Jab house fitness by owner*





<b>4.9 *</b>	<i>Sweat House Oc - Mission Viejo</i>
<b>4.9 *</b>	<i>The Fusion House Fitness - White Plains</i>
<b>4.9 *</b>	<i>Muscle House and Fitness - Indian Head</i>
<b>5.0 *</b>	<i>Row House Fitness Westlake Village - Westlake Village</i>
<b>4.8 *</b>	<i>The Fitt House - Fort Myers</i>
<b>5.0 *</b>	<i>House of Muscle Usa - Santa Clara</i>

## Categories

academic department
acupuncture clinic
after school program
aikido school
amusement center
amusement park ride
animal feed store
apartment building
apartment complex
aquatic centre
arena
art gallery
assisted living facility
association / organization
athletic club
auditorium
bar
barber shop
basketball club
basketball court
batting cage center
beauty salon
beer store
body shaping class
boot camp
boxing club
boxing gym
boxing ring
buddhist temple

cafe
children's party service
chiropractor
church
club
coffee shop
college
community center
community health centre
convenience store
corporate office
counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
doctor
dollar store
educational institution
electric utility company
elementary school
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain
gated community
general hospital
golf club



golf course
golf instructor
grocery store
gun club
gym
gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop
outdoor sports store

outdoor swimming pool
pain control clinic
park
parking lot
parkour spot
personal trainer
pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
pregnancy care center
private golf course
psychotherapist
public educational institution
public library
public swimming pool
real estate developer
recreation center
rehabilitation center
resort hotel
restaurant
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
social club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist

sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming pool
swimming school
taekwondo school
tanning salon
tennis club
thrift store
trade school
training centre
vitamin & supplements store
water park
weight loss service
weightlifting area
wellness center
wellness program
women's organization
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth center
youth organization