

## Burn Boot Camp - Ankeny

ankeny



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## *Burn Boot Camp - Ankeny*

### Welcome to Burn Boot Camp in Ankeny, Iowa

Burn Boot Camp in Ankeny offers an incredible fitness experience designed for women who are eager to transform their lives through exercise and a supportive community. This gym is more than just a workout space; it's a family that empowers individuals at all fitness levels.

### A Community of Support and Empowerment

One of the standout features of Burn Boot Camp is its **\*\*community atmosphere\*\***. Members frequently mention the overwhelming support from both

trainers and fellow participants. The positive energy and encouragement create an environment where everyone feels welcome, regardless of their starting point. "I can't say enough good things about Burn Boot Camp in Ankeny," shares one enthusiastic member.

## **Comprehensive Service Options**

Burn Boot Camp provides various **\*\*service options\*\*** that cater to the needs of busy families. One of the most appreciated amenities is the **\*\*complimentary child care\*\*** available during workouts, allowing parents to focus on their fitness without worrying about their little ones.

## **Accessibility and Convenience**

For those with mobility challenges, Burn Boot Camp has taken great care to ensure **\*\*accessibility\*\***. The facility features a **\*\*wheelchair-accessible entrance\*\*** and a **\*\*wheelchair-accessible car park\*\***, making it easy for everyone to enjoy the gym experience. Additionally, members can find convenient restroom facilities, ensuring comfort and convenience for all.

## **On-Site Services That Elevate Your Experience**

Burn Boot Camp stands out with its **\*\*on-site services\*\*** aimed at delivering a personalized fitness journey. Trainers provide **\*\*1:1 support\*\*** even in a group setting, tailoring workouts to meet individual needs. "They will meet you where you are at to help you get stronger," says a long-time member, emphasizing the gym's commitment to personal growth.

## **A Commitment to Growth and Transformation**

Members have shared inspiring stories of personal transformation through their time at Burn Boot Camp. Many report gaining not only physical strength but also mental resilience, thanks to the consistent training and supportive community. "The consistency and discipline I have gained from Burn has truly helped me become stronger for myself and my family," notes another member, reflecting the profound impact of this unique gym.

## **Conclusion: Join the Burn Boot Camp Family**

If you're looking for a place that prioritizes community, support, and personal growth, Burn Boot Camp in Ankeny, Iowa, is the perfect fit. With its welcoming environment, comprehensive amenities, and dedicated trainers, you'll find yourself motivated to push past your limits and embrace a healthier lifestyle. Whether you're a seasoned athlete or just starting your fitness journey, there's a place for you at Burn. Don't just join a gym; become part of a family that truly cares about your success!

**We are at**

502 N Ankeny Blvd Suite 8, 50023 Ankeny, Iowa - United States (US)

The phone number of the respective **Gym** is +1515-777-6884  
And if you want to send a WhatsApp, you can do so at +1515-777-6884

## **We look forward to seeing you at:**

Day	Hours
Monday	7:30–10:30?AM
Tuesday	Closed
Wednesday	4:30–10:30?AM 4–7?PM
Thursday	4:30–10:30?AM 4–7?PM
Friday	4:30–10:30?AM 4–7?PM
Saturday	4:30–10:30?AM 4–7?PM
Sunday	4:30–10:30?AM 4–7?PM

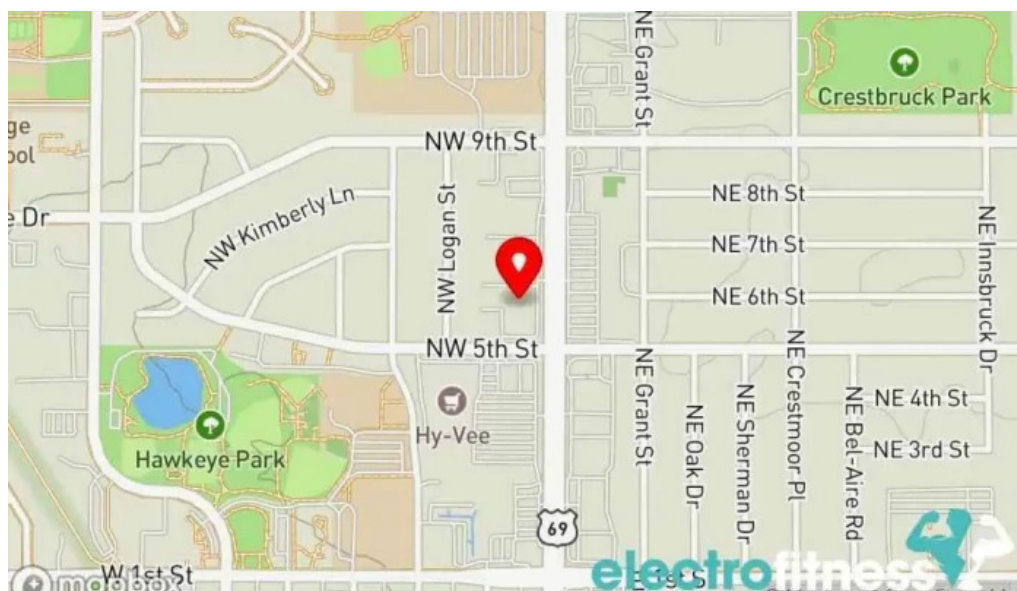
The website is Burn Boot Camp

If necessary to update any data that you feel is not correct about this site, we kindly request forward a message so that we will adjust it quickly. Thank you in advance thanks.

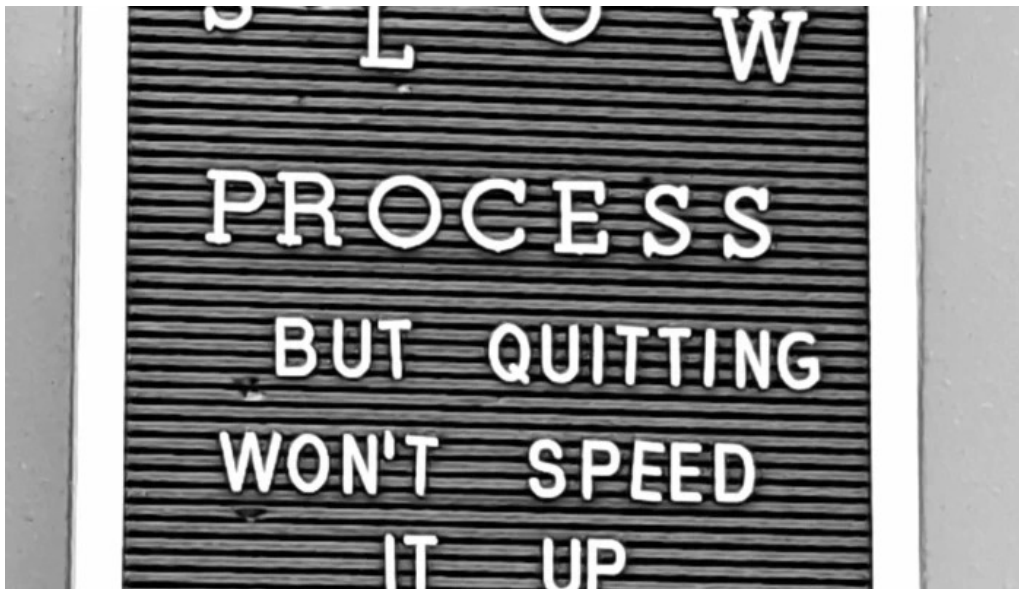
## **Images**



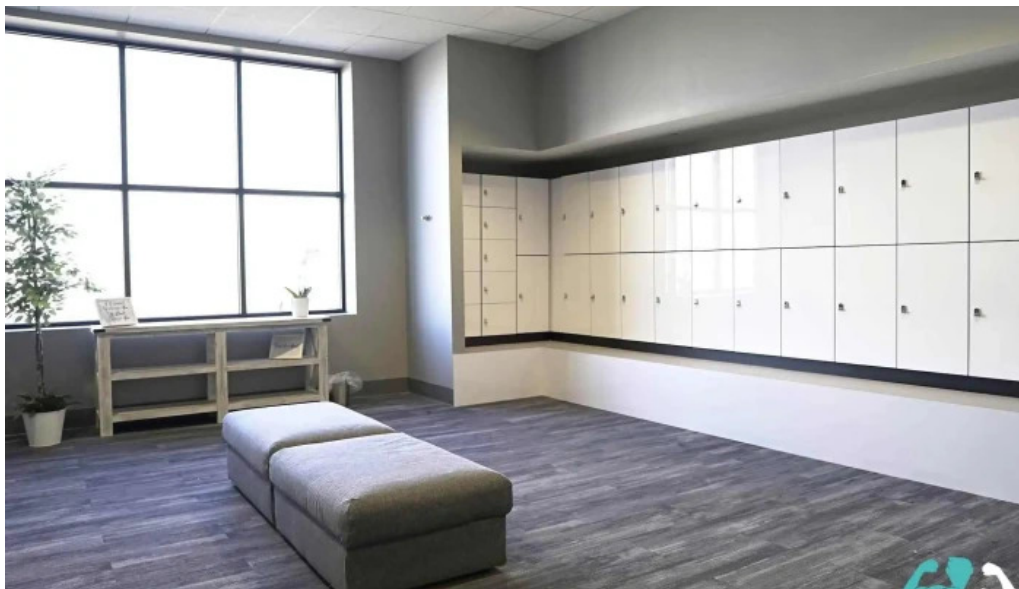
*Burn boot camp street view 360deg*



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*Burn boot camp gym*



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## Tags

*On-site services, Toilet, Wheelchair-accessible entrance, Amenities, Child care, Accessibility, Service options, Identifies as women-owned, Wheelchair-accessible car park, From the business*

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arena
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assisted living facility
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athletic club
athletic track
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basketball club
basketball court
batting cage center
beauty salon
beer store
body shaping class
boot camp
boxing club
boxing gym
boxing ring

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children's party service
chiropractor
church
club
coffee shop
college
community center
community college
community health centre
convenience store
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counselor
country club
coworking space
cultural center
dance club
dance company
dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
doctor
dollar store
educational institution
electric utility company
elementary school
equestrian facility
exercise equipment store
facial spa
fertility clinic
firearms academy
fitness
fitness center
fitness equipment wholesaler
food producer
foot care
fountain



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golf course
golf instructor
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gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
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hypnotherapy service
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym

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outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
pain control clinic
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pharmacy
physical fitness program
physical therapist
physical therapy clinic
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senior citizen center
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