

## Elite Edge Transformation Center - Ankeny

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## *Elite Edge Transformation Center - Ankeny*

### **Elite Edge Transformation Center: Your Ultimate Fitness Destination in Ankeny, Iowa**

If you're looking for a gym that provides comprehensive support, a welcoming atmosphere, and impressive amenities, the **Elite Edge Transformation Center** in Ankeny, Iowa, is the perfect choice. With a range of offerings designed for all fitness levels, this gym is dedicated to helping members achieve their health goals in a supportive environment.

## Amenities that Support Your Journey

One of the standout features of the Elite Edge Transformation Center is its fantastic **amenities**. The facilities include:

**Swimming Pool:** Perfect for low-impact workouts and relaxation. **Sauna:** Ideal for post-workout recovery and relaxation. **Wheelchair-Accessible Entrance:** Ensuring that everyone can access the gym with ease. **Wheelchair-Accessible Car Park and Toilet:** Making the facility accommodating for all members.

## The Challenge that Transforms Lives

The Elite Edge offers a unique **6-week challenge** aimed at those ready to transform their bodies and lifestyles. This program encourages participants to lose 20 pounds in just six weeks by following a structured diet and engaging in regular workouts.

Many participants have shared their success stories, highlighting not only weight loss but also improved strength and confidence. One participant noted, "I lost over 21 pounds during the challenge and feel stronger every day!" This sentiment reflects the positive atmosphere fostered by supportive trainers and fellow members alike.

## Inclusive and Accessible Training

At Elite Edge, **accessibility** is a priority. The gym caters to individuals of all fitness levels, whether you're an experienced athlete or just starting your journey. The welcoming environment allows everyone to feel comfortable and supported. One member shared, "The trainers are amazing and they ensure you feel included no matter your fitness level."

The staff, including friendly trainers like Levi, Joe, Chico, and Eddie, is always there to assist newcomers and answer any questions. If you need guidance on form or exercise modifications, they are more than willing to help. Many members have expressed their gratitude for the encouragement and personal attention they received throughout their fitness journey.

## Join the Elite Edge Family

Becoming a member of the Elite Edge Transformation Center requires commitment, but the rewards are substantial. Many participants of the 6-week challenge have decided to continue their fitness journey as full-fledged members. A common remark among satisfied clients is, "The sense of community here is incredible; everyone feels like family!"

If you're contemplating whether to join, consider this advice from a recent challenger: "If I can do it, anyone can!" With a determination to improve, the supportive environment at Elite Edge will undoubtedly help you succeed.

## Conclusion

Overall, Elite Edge Transformation Center offers an outstanding combination of amenities, accessibility, and effective workout programs that cater to diverse fitness needs. Whether you're diving into the **6-week challenge** or simply looking to maintain a healthy lifestyle, this gym provides the tools and community support necessary to thrive. Take the first step towards your transformation today!

## We are established at

116 SE Lorenz Dr, 50021 Ankeny, Iowa - United States (US)

The contact phone of the mentioned **Gym** is +1515-412-1573

And if you want to send a WhatsApp, you can do so at +1515-412-1573

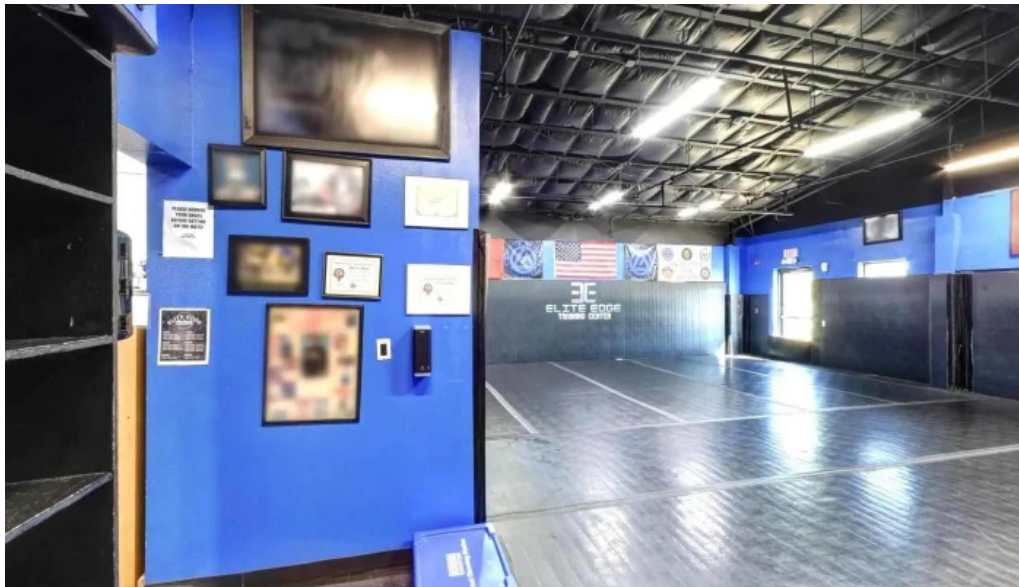
## Visit us during the following hours:

Day	Hours
Monday	8–10?AM
Tuesday	Closed
Wednesday	5?AM–8?PM
Thursday	5?AM–8?PM
Friday	5?AM–8?PM
Saturday	5?AM–8?PM
Sunday	5?AM–8?PM

The website is Elite Edge Transformation Center

If necessary to update any element that you think is not accurate concerning this web, we kindly request send a message and we will fix it at the earliest convenience. In advance thank you very much.

## Images



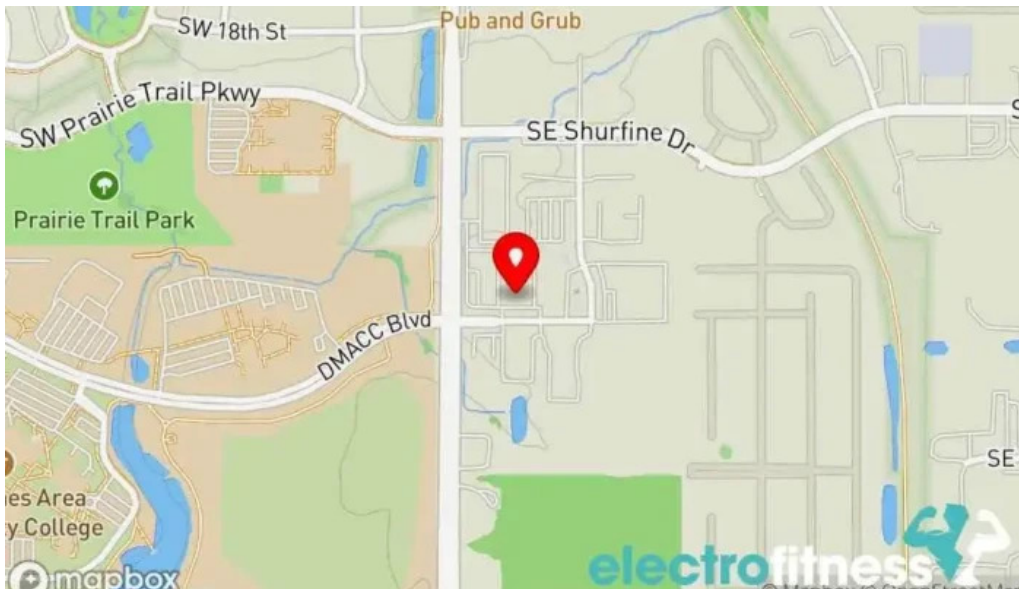
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## Tags

*Swimming pool, Offerings, Sauna, Wheelchair-accessible entrance, Wheelchair-accessible toilet, Toilet, Wheelchair-accessible car park, Amenities, Membership required, Accessibility, Planning*

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gun club
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gymnastics center
gymnastics club
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health food restaurant

health food store
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hiking area
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