

## Gold's Gym - Annandale - Annandale

annandale

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## *Gold's Gym - Annandale - Annandale*

### Gold's Gym - Annandale, VA: An In-Depth Look

Gold's Gym in Annandale, Virginia, is a well-known fitness facility that has been serving the community for years. While it boasts a variety of **\*\*amenities\*\*** and a friendly atmosphere, recent feedback from members highlights both strengths and areas needing improvement.

### Facility Offerings

At Gold's Gym Annandale, you'll find an extensive range of fitness equipment including free weights, cardio machines, and resistance training machines. Many members appreciate the variety available, which caters to both beginners and seasoned athletes. However, a recurring issue has been the maintenance of some equipment. Comments suggest that **\*\*damaged dumbbells\*\*** and **\*\*old machines\*\*** remain a concern, leading to dissatisfaction among long-term members. They express a desire for timely replacements and upgrades.

### **Accessibility and Amenities**

The gym features a **\*\*wheelchair-accessible entrance\*\*** and a designated **\*\*wheelchair-accessible car park\*\***, making it inclusive for all fitness enthusiasts. Members also have access to **\*\*Wi-Fi\*\***, allowing for a seamless connection during workouts. That said, Wi-Fi performance remains inconsistent, with numerous complaints citing slow and unreliable service. One of the most loved amenities of this gym is the **\*\*sauna\*\***. Unfortunately, it's worth noting that several members have reported the sauna being out of service for extended periods. This has led to frustration as regular patrons look forward to using this facility after their workouts.

### **Member Experience**

Gold's Gym Annandale prides itself on having a friendly and supportive staff. Many reviewers have highlighted the helpfulness and approachability of the front desk team. However, not all experiences have been positive. Some members mention indifferent customer service and a lack of responsiveness regarding gym issues, especially related to **\*\*equipment maintenance\*\*** and **\*\*sauna repairs\*\***. Despite these concerns, the general atmosphere is described as welcoming and encouraging, fostering a sense of community among members. The spacious layout allows for comfortable workouts without overcrowding—a significant advantage, especially during peak hours.

### **Planning Your Visit**

For those considering a membership, planning around peak hours is advisable. Early mornings and late evenings are often less crowded, providing a more relaxed workout environment. Gold's Gym Annandale offers convenient operating hours, although some members wish for extended evening hours on weekends to accommodate varied schedules. Be mindful that a **\*\*membership is required\*\*** to access facilities—ensure you understand the fees involved, including any annual fees, before joining.

### **Final Thoughts**

Overall, Gold's Gym Annandale is a decent choice for anyone looking to maintain or improve their fitness. The combination of good **\*\*amenities\*\***, a **\*\*friendly staff\*\***, and a supportive environment creates a solid foundation for achieving fitness goals. However, potential members should consider recent

reviews that point out the need for attention to equipment upkeep and improved customer service practices. As with any gym, it's best to visit and see if it aligns with your personal fitness journey before committing to a membership.

### **You can reach us at**

6940-A Bradlick Shopping Center, 6940 Braddock Rd, 22003 Annandale, VA - United States (US)

The contact phone of this **Gym** is +1703-941-4653

And if you want to send a WhatsApp, you can do so at +1703-941-4653

### **We open at the following schedule:**

Day	Hours
Monday	7?AM–7?PM
Tuesday	5?AM–11?PM
Wednesday	5?AM–11?PM
Thursday	5?AM–11?PM
Friday	5?AM–11?PM
Saturday	5?AM–10?PM
Sunday	7?AM–7?PM

The website is Gold's Gym - Annandale

If you need to change any information that you consider is not accurate regarding this web, we kindly request send us a message and we will handle it at the earliest convenience. Thanks beforehand thanks for your cooperation.

## **Images**



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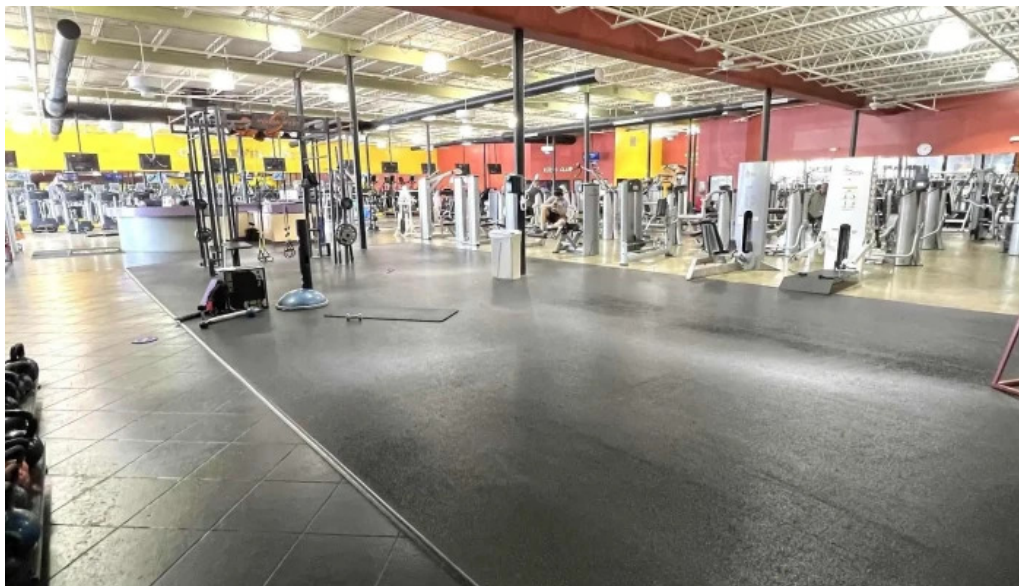


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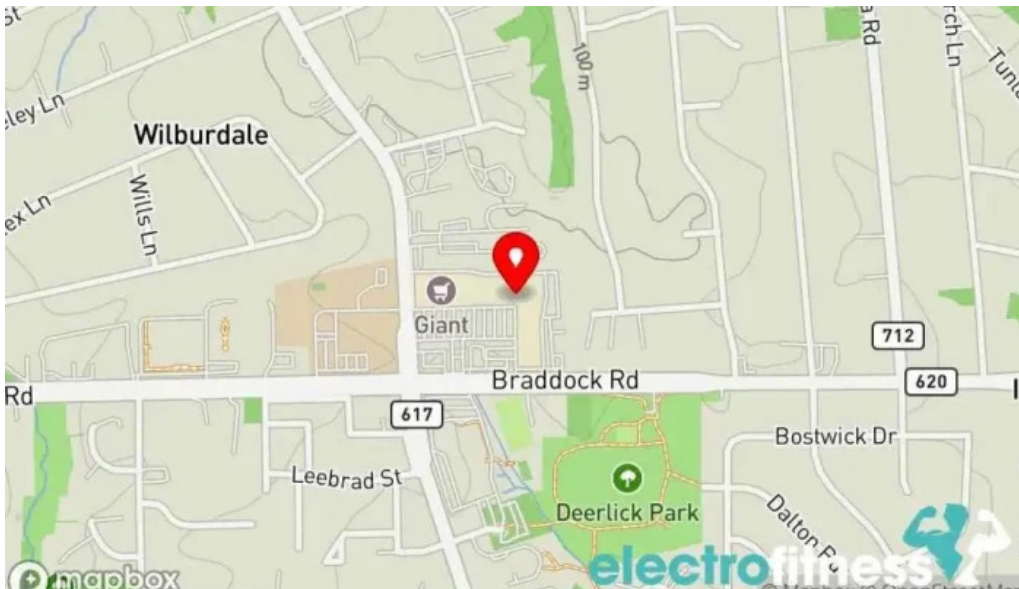
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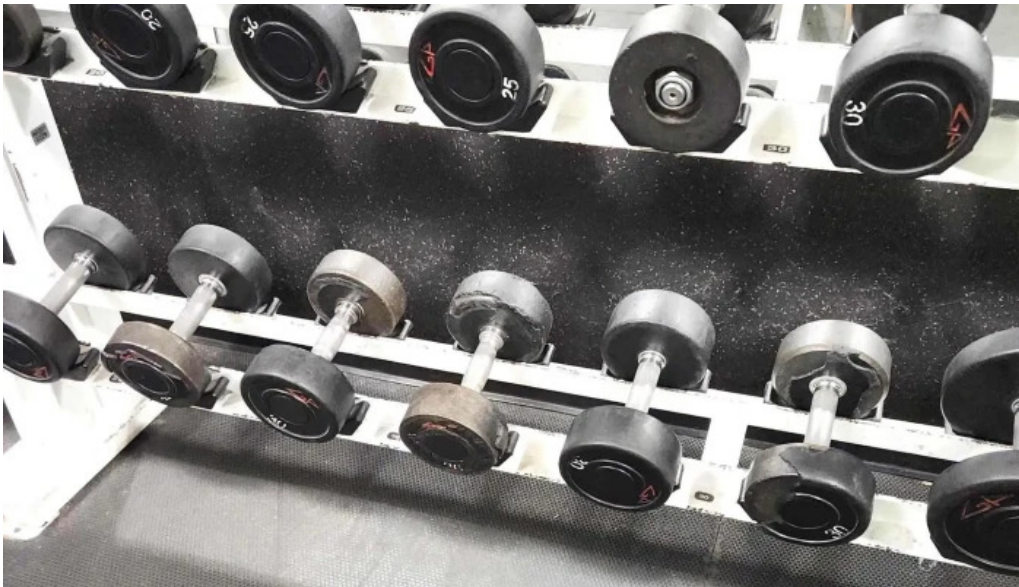


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*Membership required, Wi-Fi, Accessibility, Offerings, Wheelchair-accessible car park, Amenities, Sauna, Planning, Wheelchair-accessible entrance*

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