

Burn Boot Camp - Bowling Green

bowling green

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Burn Boot Camp - Bowling Green

Discover Burn Boot Camp in Bowling Green, Kentucky

Burn Boot Camp is not just a gym; it's a transformative experience that has changed lives in Bowling Green, Kentucky. With its focus on community and support, this facility provides an environment where individuals can thrive both physically and mentally.

A Supportive Community

Members frequently express their gratitude for the ****supportive community**** at Burn Boot Camp. This gym fosters an atmosphere where everyone feels

motivated and empowered. Whether you're a beginner or advanced, you are welcomed and pushed to reach your highest potential. As one member put it, "The community here is supportive, kind, and encouraging."

Child Care Services

One of the standout features of Burn Boot Camp is its ****Child Watch**** service. Parents can engage in their workouts knowing that their children are in a safe and fun environment. This amenity allows parents to focus on their fitness without the distraction of childcare concerns.

Accessibility Features

Burn Boot Camp prioritizes accessibility for all members. The facility includes a ****wheelchair-accessible entrance**** and a ****wheelchair-accessible car park****, ensuring that everyone can take advantage of the facility and its offerings.

On-Site Services and Amenities

Members enjoy a range of ****on-site services**** designed to enhance their fitness journey. These include personalized coaching from certified trainers who offer modifications for various exercises, ensuring safety and inclusivity for all fitness levels. Additionally, the gym features a clean and spacious setting with ****toilets**** available for convenience.

Dynamic Workouts

The workouts at Burn Boot Camp change daily, keeping routines fresh and exciting. As one member remarked, "The best 45 minutes you'll spend all day." With a mix of cardio and weight training, participants experience a comprehensive workout that challenges them while promoting a sense of camaraderie and support.

Why Choose Burn Boot Camp?

If you're seeking a place that offers focused training and a robust community, look no further than Burn Boot Camp in Bowling Green. Members constantly rave about the positive environment, knowledgeable coaches, and the sheer fun of working out together. In summary, whether it's the ****child care services****, ****accessibility features****, or the camaraderie within the community, Burn Boot Camp caters to varied needs while promoting health and fitness. Come visit and experience the transformation for yourself!

We are at

2300 Gary Farm Blvd Suite 200, 42104 Bowling Green, Kentucky - United States (US)

The phone of this **Gym** is +1270-780-7443

And if you want to send a WhatsApp, you can do so at +1270-780-7443

We are open during the following hours:

Day Hours

Monday

4:45?AM–1?PM

Tuesday

4:45?AM–1?PM

Wednesday

4:45?AM–1?PM

Thursday

4:45?AM–1?PM

Friday

7:30–11?AM

Saturday

Closed

Sunday

4:45?AM–1?PM

The website is [Burn Boot Camp](#)

If you require to adjust any information that you believe is not accurate regarding this site, please send us a message so that we will handle it at the earliest convenience. With anticipation we appreciate it.

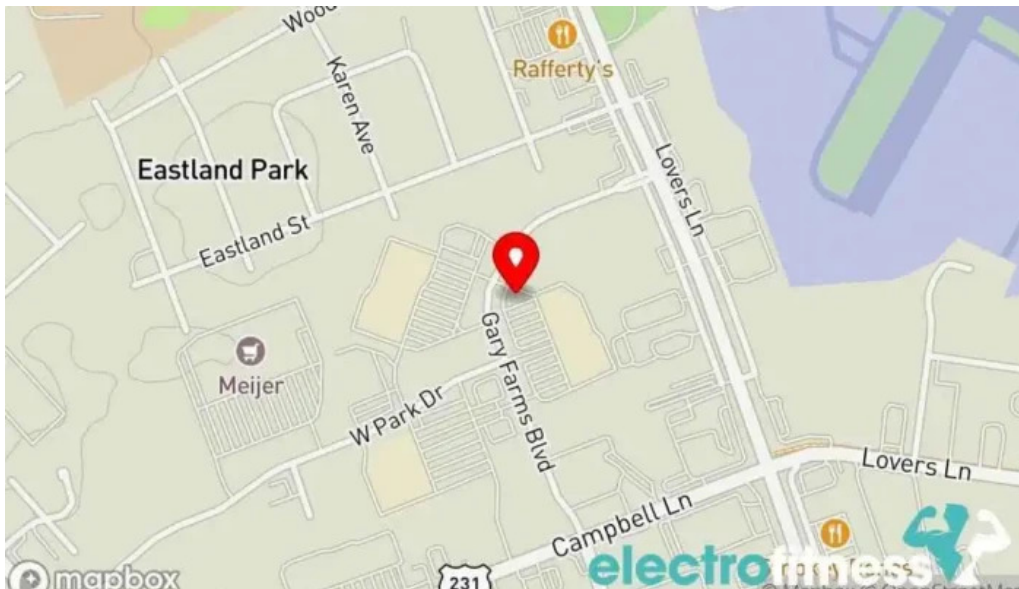
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Burn boot camp reviews



Burn boot camp map



Burn boot camp gym



Burn boot camp catalog



Burn boot camp bowling green



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Tags

Child care, Amenities, Wheelchair-accessible entrance, Accessibility, Toilet, On-site services, Wheelchair-accessible car park, Service options

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