

Orangetheory Fitness - Bowling Green

bowling green



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bowling green

Orangetheory Fitness - Bowling Green

Discover Orangetheory Fitness in Bowling Green, Kentucky

If you're looking for a unique workout experience that blends community and fitness, look no further than ****Orangetheory Fitness**** in Bowling Green. This gym has garnered rave reviews from its members, highlighting its ****motivating environment****, exceptional coaches, and effective workouts.

A Welcoming Atmosphere

One of the standout features of Orangetheory Fitness is its welcoming atmosphere. As noted by many members, the staff and coaches are incredibly

friendly and supportive. They greet everyone by name, creating a sense of belonging that is hard to find in other gyms. Whether you're a beginner or an experienced athlete, you'll feel right at home.

Intense Workouts with Tailored Support

The workouts at Orangetheory are designed to be both challenging and adaptable. Members have reported significant improvements in their fitness levels, thanks to the variety of exercises that include rowing, treadmill running, and strength training. Each session is crafted to maximize calorie burn and build endurance, ensuring that no two classes are ever the same.

Accessible Amenities

Orangetheory in Bowling Green is committed to providing ****accessibility**** for all members. The gym features a ****wheelchair-accessible entrance**** and a ****wheelchair-accessible toilet****, making it easy for everyone to enjoy workouts without barriers. Additionally, the facility includes a ****wheelchair-accessible car park****, simplifying the experience for those with mobility needs.

Member Experience

Many members have expressed how the community aspect of Orangetheory sets it apart from other fitness options. The encouragement from both coaches and fellow participants creates a positive environment where everyone strives to reach their personal best. Comments like "The coaches are here to help you reach your goals" and "This place is amazing, with a fantastic atmosphere" reflect the commitment to fostering a supportive culture.

Planning Your Visit

To get started at Orangetheory Fitness, a ****membership is required****. However, they often offer a free first-class trial, so newcomers can experience the workouts and community before committing. Keep in mind that while the unlimited class option is popular, late cancellation fees may apply, so planning ahead is key.

Conclusion

With a stellar reputation and a focus on community engagement, Orangetheory Fitness in Bowling Green, Kentucky, is more than just a gym; it's a supportive family dedicated to helping members achieve their fitness goals. If you're ready to take your workout routine to the next level, give Orangetheory a try and discover a fitness experience that emphasizes both challenge and camaraderie.

Our business is located at

760 Campbell Ln, 42104 Bowling Green, Kentucky - United States (US)

The contact line of said **Gym** is +1270-957-8866

And if you want to send a WhatsApp, you can do so at +1270-957-8866

We look forward to seeing you at:

Day	Hours
Monday	5?AM–6:30?PM
Tuesday	5?AM–6:30?PM
Wednesday	5?AM–6:30?PM
Thursday	5?AM–5:30?PM
Friday	7–11?AM
Saturday	7–11?AM
Sunday	5?AM–6:30?PM

The website is Orangetheory Fitness

If necessary to update any information that you consider is incorrect concerning this page, please send a message so that we will fix it quickly. Thank you in advance thanks.

Images



Orangetheory fitness street view 360deg



Orangetheory fitness map



Orangetheory fitness gym



Orangetheory fitness by owner



Orangetheory fitness bowling green



Orangetheory fitness all

Tags

Wheelchair-accessible car park, Planning, Membership required, Accessibility, Wheelchair-accessible toilet, Amenities, Toilet, Swimming pool, Wheelchair-accessible entrance

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Comments

Benjamin Jones

11-05-25 05:34

The setup of the classes and music is absolutely fantastic, and the staff members are brilliant. I'd docked a couple of stars due to the \$12 charge for late cancellations. In my view, if you're already shelling out \$168 for unlimited classes, adding an extra fee for canceling seems a bit harsh, especially when unforeseen circumstances can crop up leading to last-minute cancellations. For instance, there was a time when my little one woke up with a fever and had to miss school. Thankfully, they offer one grace "cancellation," so I escaped being charged that time. However, I was called in to work on another occasion (resulting in a fee being attempted). Another instance was when I woke up with Covid in the same month (so I wouldn't have been eligible for the grace), but luckily I hadn't booked any classes yet, otherwise, I would have incurred an additional fee or risked bringing the virus into the gym just to avoid the charge. There were times when I had classes scheduled and woke up with a nasty cold caught from my child, forcing me to go to the gym to dodge those extra fees. Exercising with a cold is no walk in the park. Consequently, I decided to cancel my membership because of this policy. On the upside, I did manage to shed some pounds, so that's definitely a plus! They really do push you.

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gymnastics center
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