

First Class Fitness & Mma - Brunswick

brunswick

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brunswick

First Class Fitness & Mma - Brunswick

Discover First Class Fitness & MMA in Brunswick, Maine

First Class Fitness & MMA is a standout gym located in Brunswick, Maine, catering to individuals from diverse backgrounds and fitness levels. This facility is particularly notable for its ****wheelchair-accessible car park****, ensuring everyone can partake in the array of classes offered.

Membership Requirements

To access the top-notch facilities and programs at First Class Fitness & MMA, a ****membership is required****. The monthly fee is reasonable and reflects the

quality of training and community provided. Check with the staff for specific pricing details, as they offer various options tailored to your needs.

Exceptional Planning for Accessibility

The gym has meticulously planned its layout and services to enhance ****accessibility**** for all members. From the wheelchair-accessible parking to facilities designed to accommodate everyone, First Class Fitness & MMA prioritizes inclusivity.

A Focus on Community and Support

Members rave about the friendly and welcoming atmosphere fostered by the owners, John and Jody. They work hard to create an environment that makes everyone feel like family. This sense of community is invaluable, especially for those pursuing a fight career or simply trying to get in shape.

Training at Its Best

The gym offers exceptional wrestling classes and a variety of martial arts training. With a ****top-notch instructor**** dedicated to the development and success of each student, First Class Fitness & MMA provides a great training environment. Whether you are a beginner or an advanced athlete, this gym ensures every member receives personalized attention.

Conclusion

In summary, First Class Fitness & MMA is not just a gym; it's a community hub for fitness enthusiasts in Brunswick, Maine. With its commitment to accessibility, supportive atmosphere, and high-quality training, it's the perfect place to start or continue your fitness journey. Embrace the opportunity to join this amazing gym today!

Our business is at

14 Main St #102, 04011 Brunswick, Maine - United States (US)

The contact line of this **Gym** is +1207-766-6406

And if you want to send a WhatsApp, you can do so at +1207-766-6406

We are available at these times:

Day Hours
Monday

6–8:30?PM

Tuesday

5:30–8?PM

Wednesday

Closed

Thursday

Closed

Friday

5–8:30?PM

Saturday

5:30–8:30?PM

Sunday

5:30–8?PM

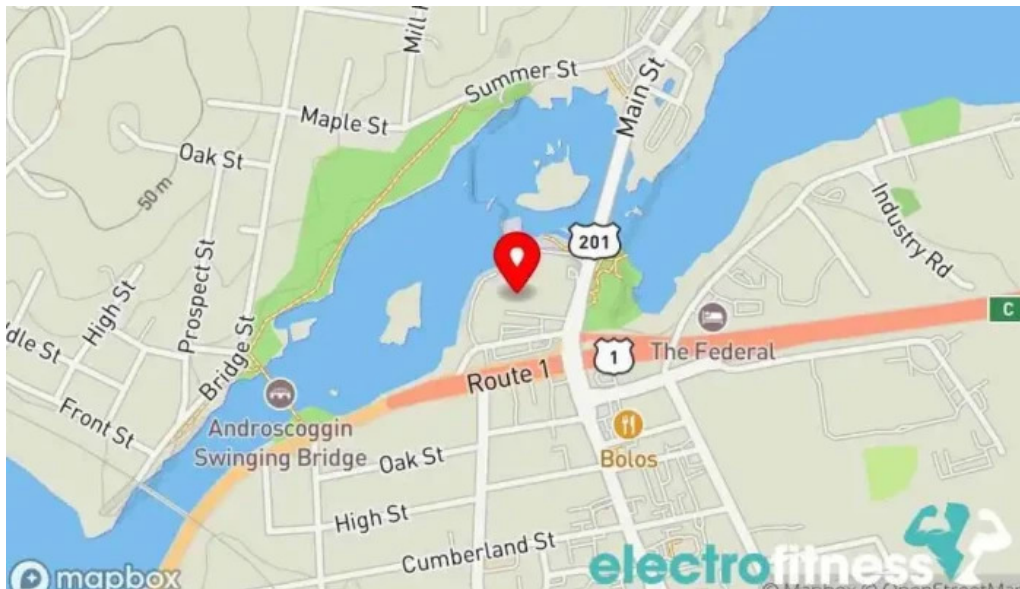
The website is [First Class Fitness & MMA](#)

If you wish to adjust any information that you believe is not precise concerning this site, we kindly request send a message and we will correct it promptly. In advance thanks for your cooperation.

Images



First class fitness mma street view 360deg



First class fitness mma map



First class fitness mma by owner



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Tags

Planning, Membership required, Wheelchair-accessible car park, Accessibility

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golf instructor
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gym
gymnasium school
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hotel
ice skating rink
indoor cycling
indoor golf course
indoor lodging
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical clinic
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
outdoor clothing and equipment shop

outdoor sports store
outdoor swimming pool
pain control clinic
park
parking lot
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pharmacy
physical fitness program
physical therapist
physical therapy clinic
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