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Cone Health WellZone at Alamance Regional - Burlington

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Cone Health WellZone at Alamance Regional - Burlington

Discovering Gym Cone Health WellZone at Alamance Regional

Located in Burlington, North Carolina, the Gym Cone Health WellZone at Alamance Regional is more than just a fitness center; it is a community hub dedicated to promoting health and wellness for everyone.

Accessibility Features

One of the standout aspects of the gym is its **accessibility**. The facility boasts a **wheelchair-accessible car park**, ensuring convenient access for all

members. Additionally, the **wheelchair-accessible entrance** allows for easy entry, making it an inclusive environment for individuals with mobility challenges.

Amenities and Connectivity

The WellZone is equipped with various amenities that enhance the overall experience. The availability of **Wi-Fi** enables members to stay connected, whether they're looking for workout tips or streaming their favorite fitness videos. This connectivity complements the gym's friendly atmosphere, as noted by many visitors who appreciate the welcoming environment.

Community and Support

Feedback from members highlights the responsive and friendly staff. Many have shared that the team is always ready to assist and answer questions, creating a supportive environment. One member remarked, "Staff is friendly and very responsive answering questions."

Special Programs

A notable offering at the gym is the Silver Sneakers exercise program. Participants have praised the leaders of this program for their expertise and ability to motivate attendees. "Leaders of Silver Sneakers exercise are very good," one member stated, reflecting the quality of the programs available.

Membership Experience

For newcomers, the WellZone provides a welcoming atmosphere that quickly makes members feel at home. As one satisfied member expressed, "I just became a member but it's worth it already!" This sentiment encapsulates the gym's dedication to fostering a positive and encouraging fitness community.

Conclusion

In summary, Gym Cone Health WellZone at Alamance Regional stands out for its accessibility, friendly staff, exceptional amenities, and specialized programs. Whether you are a seasoned athlete or starting your fitness journey, this gym offers a supportive and well-equipped environment perfect for achieving your health goals.

Our business is at

Cone Health Alamance Regional, 1240 Huffman Mill Rd Ground Floor, 27215 Burlington, North Carolina - United States (US)

The contact line of this **Gym** is <u>+1336-586-3562</u> And if you want to send a WhatsApp, you can do so at<u>+1336-586-3562</u>

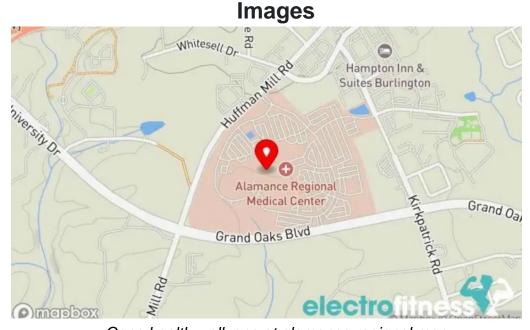
Our business hours are:

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6?AM-7?PM
Tuesday
6?AM-7?PM
Wednesday
6?AM-7?PM
Thursday
6?AM-7?PM
Eriday
6?AM-1:30?PM
Saturday
Closed
Sunday

Closed

The website is Cone Health WellZone at Alamance Regional

If necessary to update any detail that you think is not precise concerning this site, we kindly request deliver a message so we can we will handle it promptly. With anticipation thanks.



Cone health wellzone at alamance regional map



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Tags

Wheelchair-accessible entrance, Accessibility, Wi-Fi, Wheelchair-accessible car park, Amenities

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