

## Gold's Gym - Burlington

burlington

☐ I'm not a robot
 

Published on: 05/05/25	Hits: 2898
Comments: 0	See comments
Votes: 322	Score: 3.9

[https://www.electrofitness.com/gym/burlington/gold-s-gym-burlington\\_269859.php](https://www.electrofitness.com/gym/burlington/gold-s-gym-burlington_269859.php)



*burlington*

## Gold's Gym - Burlington

### Gold's Gym in Burlington, North Carolina: A Comprehensive Overview

Gold's Gym in Burlington, NC, is a well-known fitness center that offers a variety of **amenities** to its members. Identified as a **veteran-owned** establishment, it aims to provide a welcoming atmosphere for all fitness enthusiasts. Let's take a closer look at what this gym has to offer.

### Service Options and Accessibility

The gym provides several **service options** tailored to its members' needs. From personal training to group classes, there is something for everyone. It features **wheelchair-accessible entrances** and facilities, including a **wheelchair-accessible toilet** and **wheelchair-accessible car park**, ensuring that all members can enjoy the amenities without barriers.

## Amenities That Stand Out

Gold's Gym Burlington boasts an impressive range of **amenities**, including:  
**Swimming pool**: A great space for lap swimming or water aerobics. **Sauna**: Perfect for relaxation after a rigorous workout. **Basketball court**: Ideal for those looking to engage in recreational sports. **On-site services**: Staff are available to assist with equipment questions and offer personal training sessions.

## Planning Your Visit

Membership is required to gain access to the gym's facilities. Planning your visit during off-peak hours may enhance your experience, as some reviews mention that the gym can get crowded, particularly in the evenings. Members have noted that there are often no lines waiting for machines, resulting in an efficient workout.

## Atmosphere and Community Feedback

The **atmosphere** at Gold's Gym is frequently mentioned in reviews, with many asserting that the gym provides a positive environment for training. However, feedback varies, with some patrons expressing concerns about cleanliness and maintenance in locker rooms. Comments highlighted issues such as dirty facilities and lack of disinfecting supplies:

"The locker rooms always dirty and trash all over the place." "Gnats in the showers, dirty restrooms, and lack of toilet paper."  
Despite these critiques, others contend that the employees are friendly, and the gym often promotes a sense of community among its members.

## Addressing Concerns

While Gold's Gym offers various amenities and a welcoming atmosphere, some challenges exist, particularly concerning customer service and billing practices. Several members have raised concerns about:

**Membership cancellation difficulties**: Experiences indicate that cancelling memberships can be complex and time-consuming. **Unclear communication**: Instances where members were misinformed about fees and contract terms were reported. It is advised to read the fine print when signing up for a membership, as misunderstandings can lead to dissatisfaction.

## Conclusion

Gold's Gym in Burlington, NC, offers a range of **services** and **amenities** that cater to diverse fitness needs. With a focus on accessibility and community, it's a noteworthy option for anyone looking to embark on their fitness journey. However, potential members should stay informed and prepared to navigate the complexities related to memberships and facility maintenance.

### **We are found at**

2358 S Church St, 27215 Burlington, North Carolina - United States (US)

The contact phone of this **Gym** is +1336-828-9955

And if you want to send a WhatsApp, you can do so at +1336-828-9955

### **We are open during the following hours:**

Day	Hours
Monday	5?AM–9?PM
Tuesday	5?AM–9?PM
Wednesday	5?AM–9?PM
Thursday	5?AM–9?PM
Friday	5?AM–9?PM
Saturday	7?AM–6?PM
Sunday	8?AM–6?PM

The website is Gold's Gym

In case you want to update any information that you believe is not accurate concerning this portal, we ask deliver a message and we will adjust it as soon as possible. Thank you in advance thanks.

## **Images**



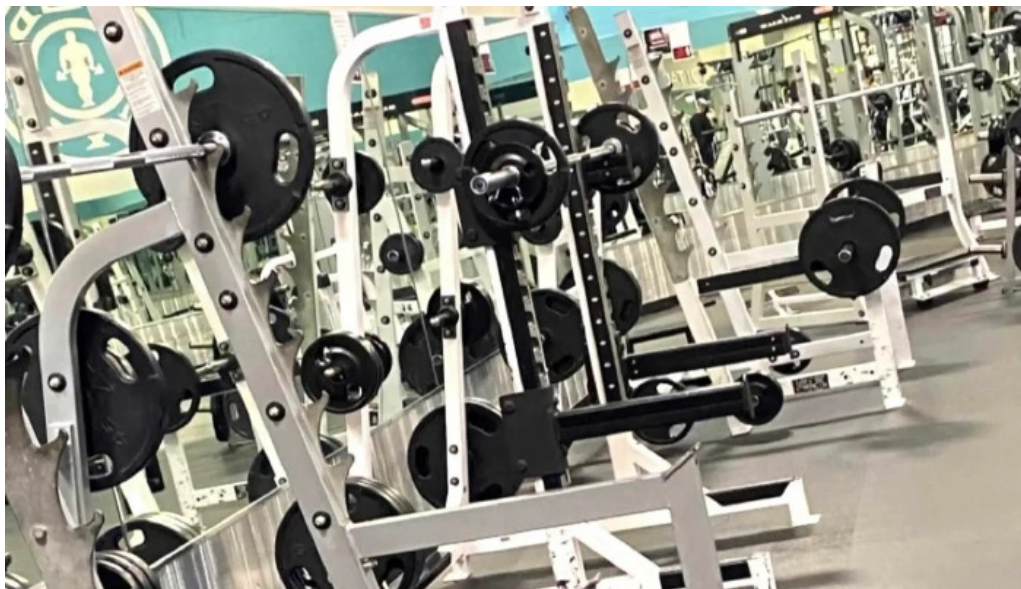
*Golds gym videos*



*Golds gym street view 360deg*



*Golds gym reviews*



*Golds gym number*





*Golds gym near me*



*Golds gym map*



*Golds gym gym*



*Golds gym by owner*



*Golds gym burlington*

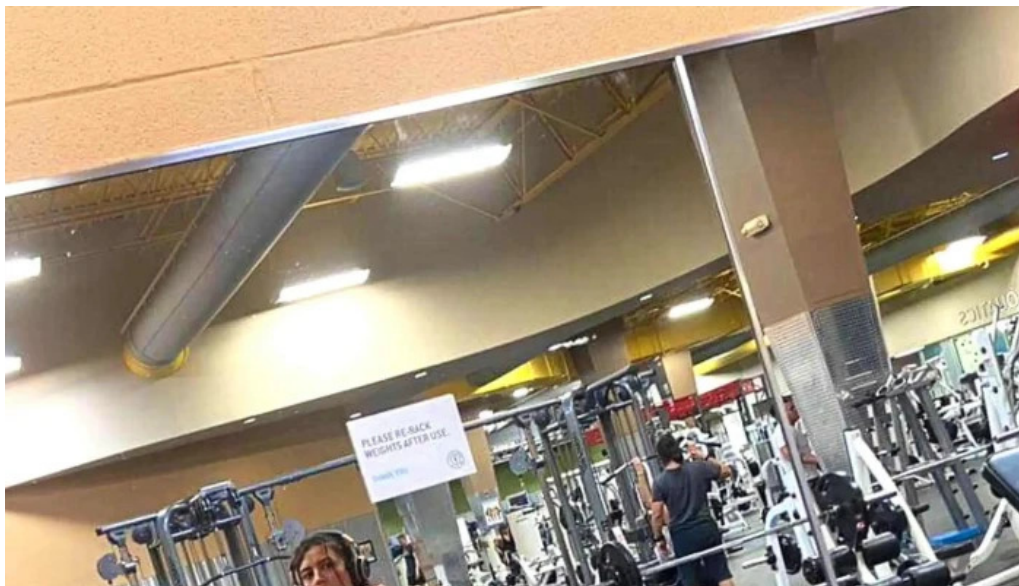


*Golds gym area*





*Golds gym all*



*Golds gym address*



*Gold's gym burlington*

## Tags

*Shower, Planning, Basketball court, Membership required, Wheelchair-accessible toilet, Swimming pool, Identifies as veteran-owned, Amenities, Accessibility, Sauna, Service options, On-site services, From the business, Atmosphere, Wheelchair-accessible car park, Wheelchair-accessible entrance*

## Related content

5.0 *	<i>Burlington Strength &amp; Fitness - Burlington</i>
4.1 *	<i>Gold's Gym - Capitol Heights</i>
3.6 *	<i>Crunch Fitness - Burlington - South Burlington</i>
4.1 *	<i>Gold's Gym - Crofton</i>
3.8 *	<i>Gold's Gym Valencia - Valencia</i>
4.0 *	<i>Gold's Gym - Pharr</i>
3.6 *	<i>Gold's Gym - NoMa Center - Washington</i>
3.5 *	<i>Gold's Gym - Frederick - Frederick</i>
3.6 *	<i>Gold's Gym - Riverdale Park - Riverdale</i>
4.1 *	<i>Gold's Gym Simi Valley - Simi Valley</i>

## Categories

academic department
acupuncture clinic
after school program
amusement center
amusement park ride
animal feed store
apartment complex
aquatic centre
arena
association / organization
athletic club
auditorium
bar
basketball club
basketball court
batting cage center
body shaping class
boot camp
boxing club
boxing gym
boxing ring
children's party service
chiropractor
church
club
coffee shop
community center
convenience store
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy

fitness
fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
park
parking lot
parkour spot
personal trainer



pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming school
tennis club
thrift store
training centre
vitamin & supplements store
weight loss service
weightlifting area

wellness center
wellness program
women's personal trainer
wrestling school
yoga instructor
yoga studio
youth organization