

Acadiana Fitness - Carencro

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Discover Acadiana Fitness in Carencro, Louisiana

Acadiana Fitness is not just a gym; it's a community where members feel like family. With its welcoming atmosphere and outstanding amenities, it's no surprise that many consider it their home away from home.

Child Care Services

One of the standout features at Acadiana Fitness is its ****child care services****. Parents can work out knowing their little ones are well taken care of, making it easier to maintain a healthy lifestyle.

Aquatic Fun: The Swimming Pool

The **swimming pool** offers an excellent way for members to engage in low-impact workouts or simply relax. Whether you're looking to swim laps or take a group aqua class, the pool adds variety to your fitness routine.

Accessibility for All

Acadiana Fitness prides itself on its **accessibility**. The gym has a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring that everyone can enjoy their fitness journey without barriers.

Top-notch Amenities

Members rave about the numerous **amenities** available at Acadiana Fitness. From a full range of workout equipment to an outdoor running track, everything is designed to support your fitness goals. The staff consistently receives praise for their professionalism and friendliness, creating a positive environment.

Group Classes and Boot Camp

The gym offers a wide variety of group classes, including boot camp sessions, that cater to all fitness levels. Members appreciate the challenges and accountability provided through these programs, which motivate them to stay committed to their health goals.

Membership Required for a Unique Experience

To take full advantage of what Acadiana Fitness has to offer, a **membership is required**. This membership opens the door to an array of activities, classes, and a supportive community that focuses on transforming lives.

Social and Recreational Activities: Volleyball Court

For those who enjoy more social sports, the gym features a **volleyball court** where members can have fun while getting in shape. It's a fantastic way to meet new friends and stay active.

Why Choose Acadiana Fitness?

With all these elements combined, Acadiana Fitness emerges as a premier choice for anyone in Carencro looking to adopt a healthier lifestyle. Its commitment to quality and community is evident in the glowing testimonials from members. Join today and experience the difference for yourself!

You can find us in

329 Hector Connoly Rd, 70520 Carencro, Louisiana - United States (US)

The phone number of the respective **Gym** is [+1337-565-2253](tel:+1337-565-2253)

And if you want to send a WhatsApp, you can do so at [+1337-565-2253](https://wa.me/13375652253)

Our public attention hours are:

Day Hours
Monday
Closed
Tuesday
4?AM–8?PM
Wednesday
4?AM–8?PM
Thursday
4?AM–8?PM
Friday
4?AM–8?PM
Saturday
4?AM–6?PM
Sunday
6?AM–3?PM

The website is [Acadiana Fitness](#)

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Images



Acadiana fitness street view 360deg



Acadiana fitness map



Acadiana fitness gym



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Tags

Planning, Volleyball court, Accessibility, Amenities, Swimming pool, Child care, Wheelchair-accessible car park, Membership required, Wheelchair-accessible entrance

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