

Island Gym - Chincoteague

chincoteague

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chincoteague

Island Gym - Chincoteague

Discover the Island Gym in Chincoteague, Virginia

Island Gym offers an exceptional fitness experience for everyone, whether you're a beginner or an advanced bodybuilder. With a variety of ****amenities****, this gym ensures that your workout routine is both effective and enjoyable.

A Range of Amenities to Suit Your Fitness Needs

One of the most notable features of Island Gym is its extensive selection of equipment. Members have access to ****free weights****, benches, squat racks, and an ab/pull-up station. Additionally, the gym is equipped with ****Hammer**

Strength machines** that cater to diverse workout styles. This variety allows individuals to tailor their exercise regimens to meet their personal fitness goals.

Relax and Refuel at the Swimming Pool

After an intense workout, there's nothing better than a refreshing dip in the gym's **swimming pool**. Located right on the water with stunning views, the indoor pool provides a perfect setting for relaxation or water-based workouts. Whether you're looking to swim laps or unwind after a strenuous session, this facility adds a unique touch to your fitness journey.

Accessibility Features for All

Island Gym values inclusivity and has made it a priority to accommodate all members. The facility boasts a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring that everyone can enjoy the gym's amenities without any hindrances.

Location You Can't Beat

Situated just near the bridge into town, Island Gym's location is ideal for locals and visitors alike. The **million-dollar view** makes your workout even more enjoyable, providing a scenic backdrop that enhances your overall experience.

Mixed Experiences and Feedback

While many patrons rave about the large selection of equipment and friendly atmosphere, there have been mixed reviews regarding customer service. Some have noted issues with outdated equipment and unhelpful staff. However, those who appreciate the gym's strengths often return, driven by the great community and fantastic views. In summary, Island Gym is a well-equipped facility that caters to a wide range of fitness enthusiasts while offering incredible amenities such as a swimming pool and accessible features. Whether you're lifting weights or taking a swim, this gym is truly a gem in Chincoteague, Virginia.

We are at

4391 Main St, 23336 Chincoteague, Virginia - United States (US)

The contact line of the mentioned **Gym** is +1757-336-3141

And if you want to send a WhatsApp, you can do so at +1757-336-3141

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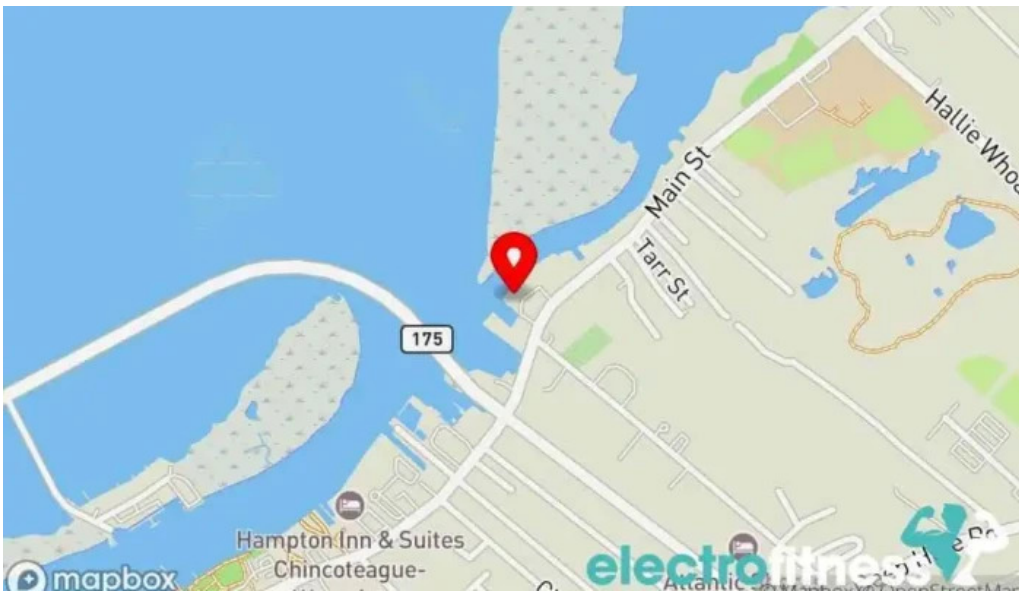
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Accessibility, Wheelchair-accessible car park, Swimming pool, Wheelchair-accessible entrance, Amenities

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