

Gold's Gym - Citrus Heights

citrus heights

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citrus heights

Gold's Gym - Citrus Heights

Exploring Gold's Gym Citrus Heights, California

Gold's Gym in Citrus Heights, California, is a premier fitness destination known for its exceptional ****amenities****, welcoming atmosphere, and commitment to providing an inclusive environment for all fitness enthusiasts.

Amenities That Elevate Your Workout Experience

At Gold's Gym Citrus Heights, members enjoy state-of-the-art equipment that is regularly updated and well-maintained. With a wide variety of machines, including multiple bench presses and cardio options, you can achieve a fantastic

workout without long waits. The gym also emphasizes cleanliness, reassuring members with immaculate facilities, including locker rooms and workout areas.

Accessibility for All Members

Gold's Gym ensures ****accessibility**** for all its members. The facility features a ****wheelchair-accessible car park**** and a ****wheelchair-accessible entrance****, making it easy for everyone to access the gym's services. This commitment to inclusivity allows all members to feel welcomed and supported during their fitness journeys.

Stay Connected with Wi-Fi

For those who like to stay connected while working out, Gold's Gym offers complimentary ****Wi-Fi**** throughout the facility. Whether you're checking your fitness app or streaming workout videos, this amenity allows you to stay engaged and motivated during your session.

Membership Required for Access

To enjoy the full range of amenities and services at Gold's Gym, a ****membership is required****. With various membership options ranging from around \$35 to \$47 per month, members can choose the plan that best suits their fitness goals and lifestyle. Importantly, this pricing structure helps maintain a focused and dedicated gym culture, which many members appreciate.

Community Feedback and Culture

The culture at Gold's Gym Citrus Heights is often highlighted in member feedback. Many praise the friendly front desk staff, particularly mentioning individuals like Vu, who consistently provide excellent customer service and create a welcoming environment. Reviews frequently emphasize the supportive atmosphere where members share advice and encouragement. Despite some mixed experiences regarding management and certain staff interactions, the overall sentiment remains positive, with many noting the great camaraderie among gym-goers.

Conclusion

Gold's Gym in Citrus Heights stands out not only for its top-notch equipment and cleanliness but also for its commitment to accessibility and community engagement. If you're looking for a gym that fosters a motivating and inclusive environment, this location is worth considering. Whether you are a serious bodybuilder or a casual fitness enthusiast, Gold's Gym offers the resources and support necessary to help you reach your fitness goals.

You can find us in

8485 Auburn Blvd, 95610 Citrus Heights, California - United States (US)

The contact phone of the respective **Gym** is +1916-241-8939
And if you want to send a WhatsApp, you can do so at +1916-241-8939

Our opening hours are:

Day	Hours
Monday	6?AM–9?PM
Tuesday	6?AM–9?PM
Wednesday	4:30?AM–11?PM
Thursday	4:30?AM–11?PM
Friday	4:30?AM–11?PM
Saturday	4:30?AM–11?PM
Sunday	4:30?AM–10?PM

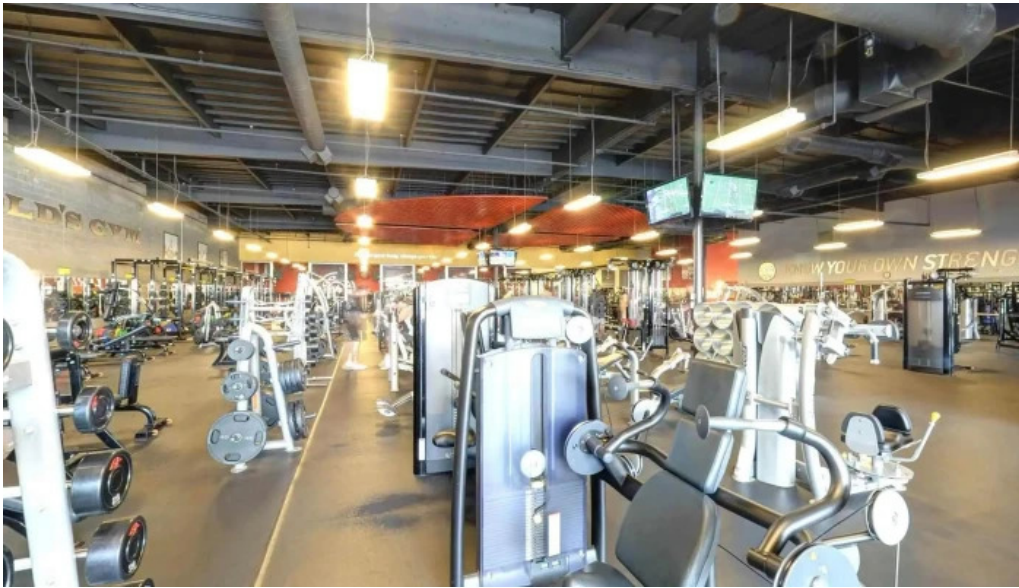
The website is Gold's Gym

If you wish to adjust any information that you think is not accurate related to this portal, please send us a message so that we will adjust it at the earliest convenience. With anticipation thanks.

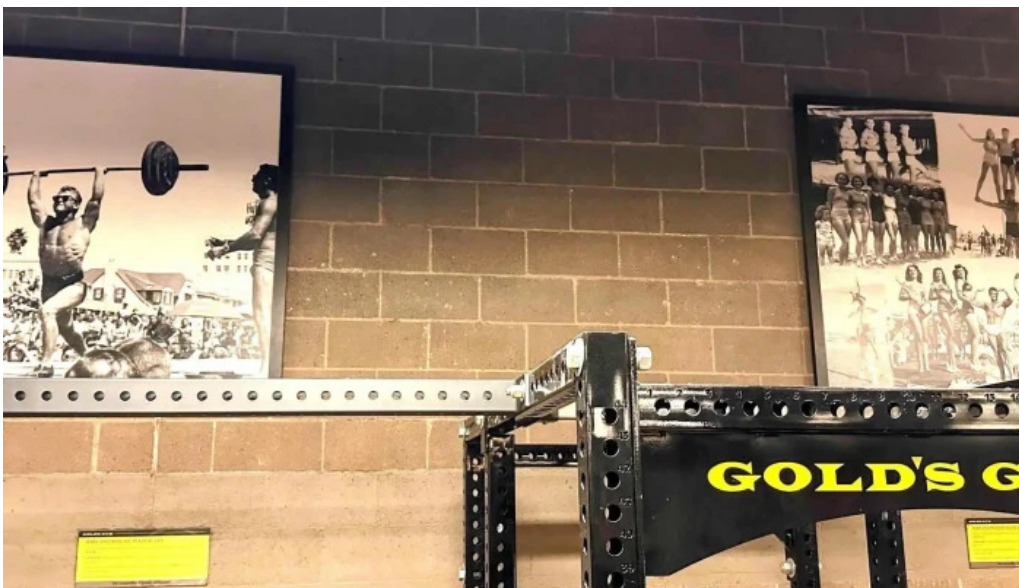
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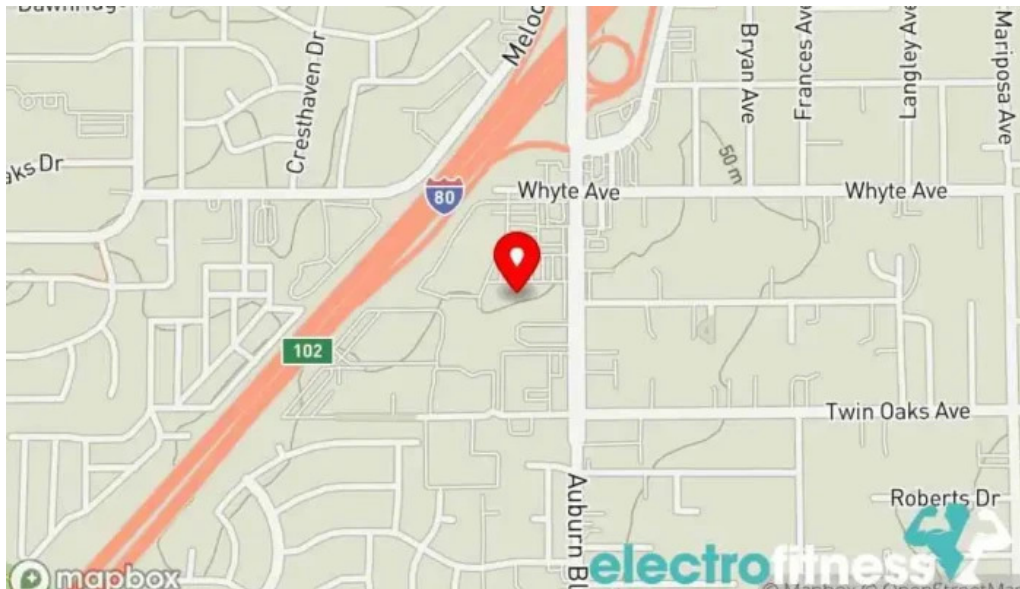
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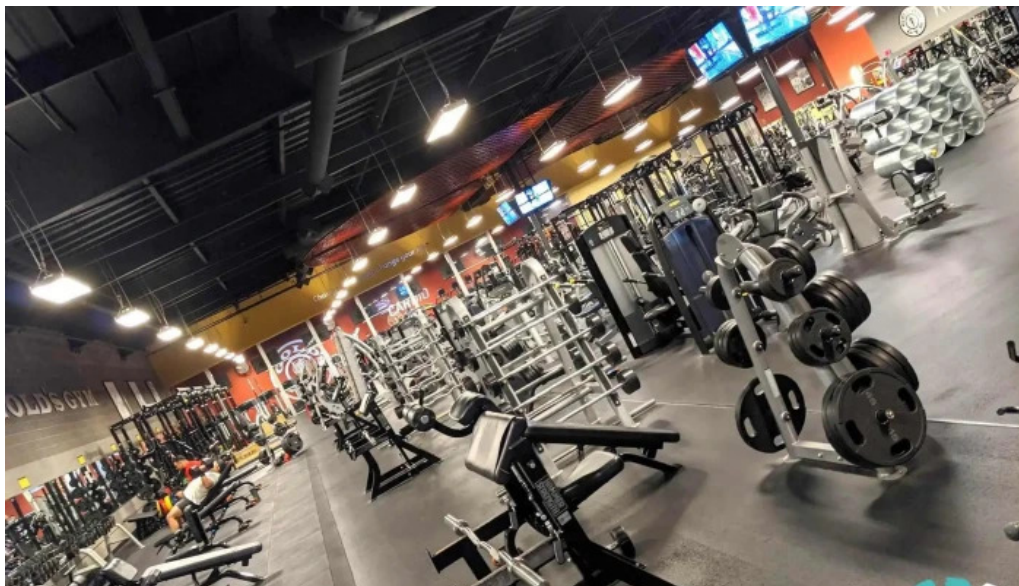
Golds gym map



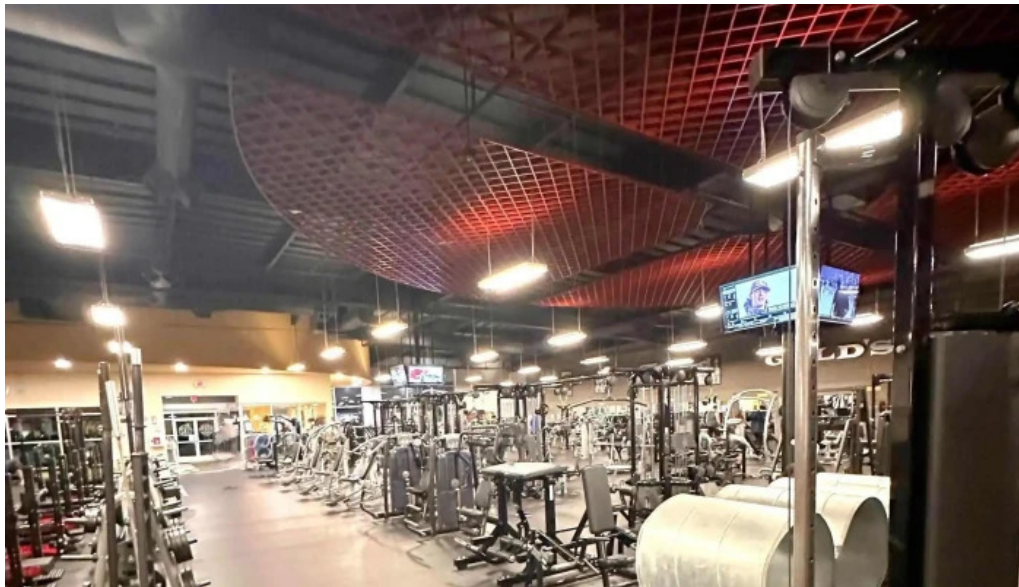
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Tags

Planning, Wheelchair-accessible entrance, Amenities, Wi-Fi, Membership required, Accessibility, Wheelchair-accessible car park

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