

Soldierfit Columbia - Columbia

columbia

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Soldierfit Columbia - Columbia

Welcome to SoldierFit Columbia: A Community for All Fitness Levels

Located in Columbia, Maryland, **SoldierFit** is more than just a gym; it's a supportive community dedicated to helping individuals achieve their fitness goals. With **membership required**, you'll gain access to a variety of services that cater to all fitness levels.

Service Options Tailored to Your Needs

One of the standout features of **SoldierFit** is its diverse **service options**. Members can participate in engaging group classes that focus on high-intensity workouts while also having the option for personalized training sessions. For those who prefer a more flexible approach, **online classes** are also available, allowing you to stay committed to your fitness journey from the comfort of your home.

Accessibility for Everyone

At SoldierFit, accessibility is prioritized. The facility boasts a **wheelchair-accessible entrance** and **wheelchair-accessible car park**, ensuring that all members have equal access to the gym's services. This commitment to **accessibility** fosters an inclusive environment that welcomes everyone, regardless of their fitness background.

On-Site Services That Enhance Your Experience

The **on-site services** at SoldierFit go beyond just workout equipment. Trainers are readily available to provide guidance, motivation, and support throughout your fitness journey. Members particularly appreciate the way instructors regularly check in on their progress and offer necessary modifications to workouts for those with varying levels of experience or conditions.

Planning Your Fitness Journey

Getting started at SoldierFit involves careful **planning**. Many members have shared how the structured boot camp style classes take the stress out of navigating workouts. As one member pointed out, "I love the structure of the SoldierFit classes. It takes the work out of planning my workouts!" This allows you to simply show up and put in the effort.

Join the SoldierFit Family Today!

If you're ready to transform your workout experience, consider joining the SoldierFit family. The recommendations from existing members speak volumes about the positive atmosphere, supportive trainers, and the sense of community that awaits you. Don't miss out on an opportunity to improve not only your physical health but also to be part of a motivating environment where you can thrive.

Experience **SoldierFit Columbia** for yourself and discover the incredible changes you can make in your life! Whether you're a beginner looking to get back into fitness or an experienced workout enthusiast, SoldierFit is the place for you!

Our business is found at

7175 Oakland Mills Rd A, 21046 Columbia, Maryland - United States (US)

The phone number of the respective **Gym** is +1443-864-5040

And if you want to send a WhatsApp, you can do so at +1443-864-5040

Our opening hours are:

Day Hours
Monday

8?AM–12?PM

Tuesday

10?AM–12?PM

Wednesday

5:30?AM–7:30?PM

Thursday

5:30?AM–7:30?PM

Friday

5:30?AM–7:30?PM

Saturday

5:30?AM–7:30?PM

Sunday

5:30?AM–6:30?PM

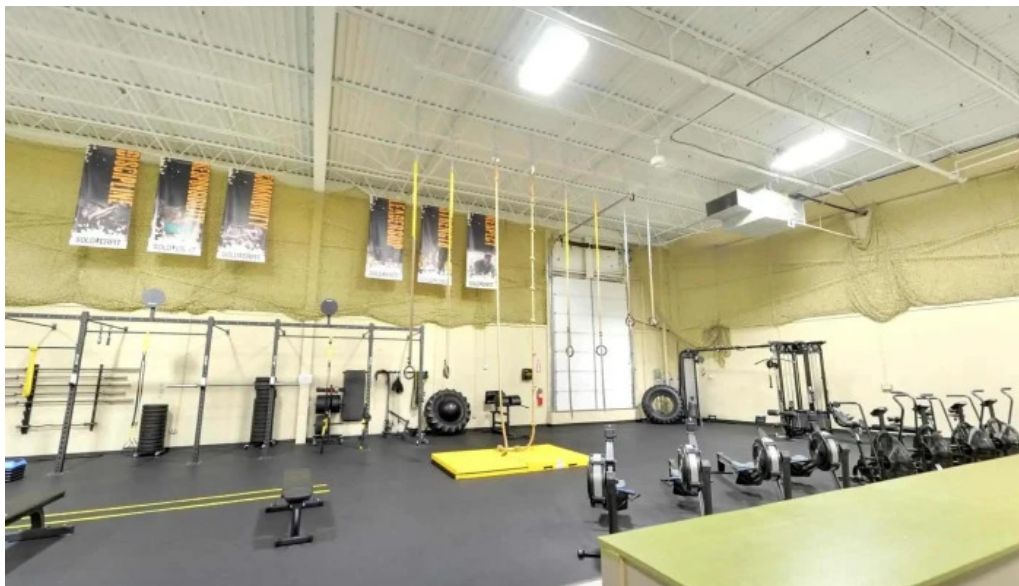
The website is SOLDIERFIT Columbia

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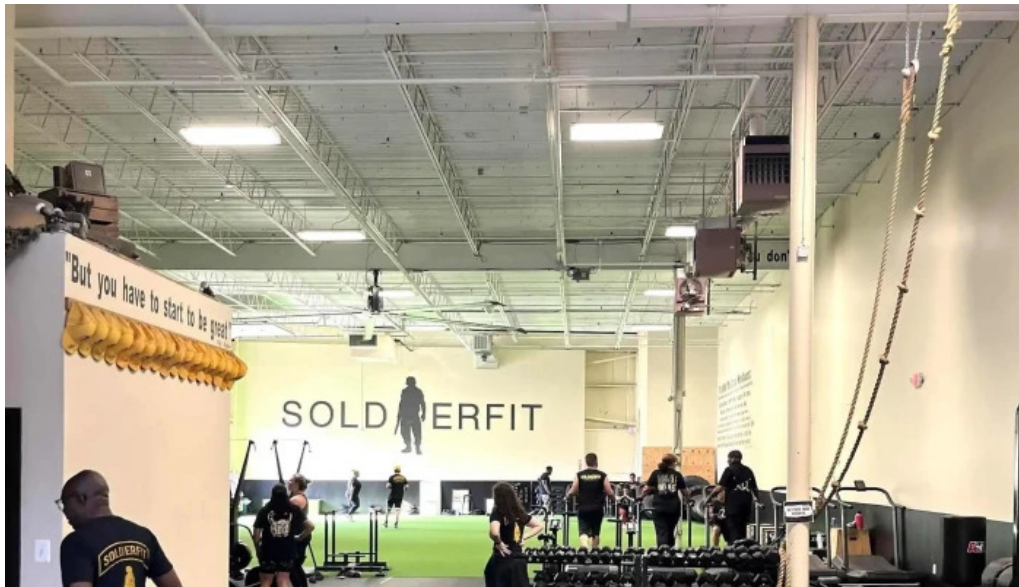
Images



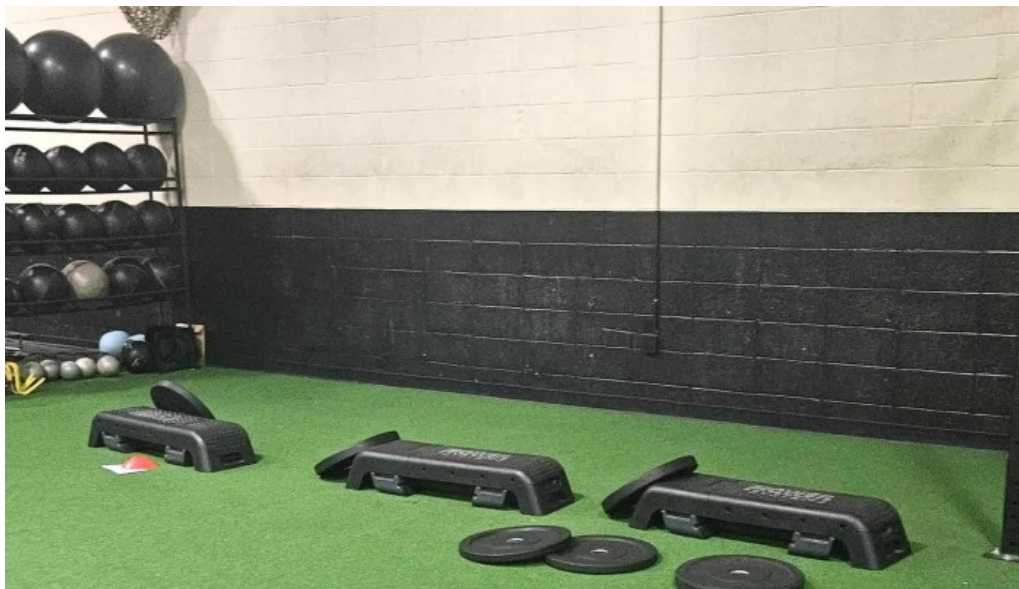
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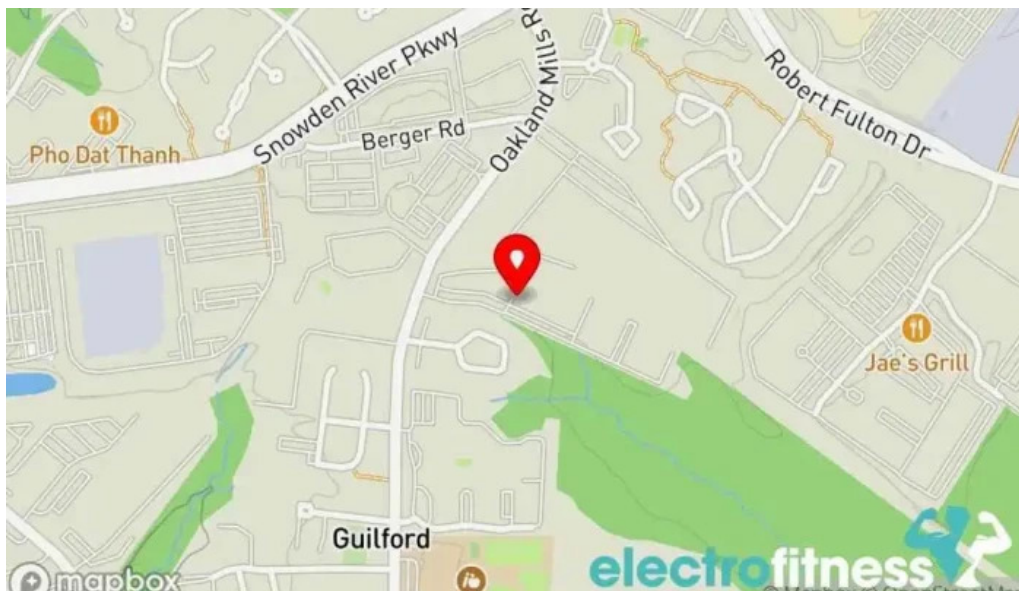
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Tags

Service options, Accessibility, Wheelchair-accessible car park, On-site services, Membership required, Wheelchair-accessible entrance, Online classes, Planning

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