

In-Shape Fitness - Concord

concord

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https://www.electrofitness.com/gym/concord/in-shape-fitness-concord_170091.php



concord

In-Shape Fitness - Concord

Discover In-Shape Fitness: Your Premier Gym in Concord, California

Welcome to **In-Shape Fitness**, the ultimate destination for fitness enthusiasts in Concord, California. This gym is not just a place to workout; it's an experience that combines a vibrant **atmosphere** with top-notch **amenities** to cater to all your fitness needs.

Planning Your Visit

When planning your visit to In-Shape Fitness, you'll appreciate the **wheelchair-accessible entrance** and **wheelchair-accessible car park**. The gym is dedicated to providing an inclusive environment for everyone, ensuring that accessibility is a top priority.

Amenities Designed for Everyone

In-Shape Fitness offers a range of **on-site services** that elevate your fitness journey. Enjoy relaxing after a workout in the **sauna** or take a refreshing dip in the **swimming pool**. If you're looking for flexibility, the gym also provides **online classes** that you can join from the comfort of your home.

Supporting Accessibility

The **accessibility** features at In-Shape Fitness extend beyond just physical access. The staff is trained to assist members with various needs, ensuring that everyone feels welcome and supported. The entry points and facilities are well designed to make your visit smooth and enjoyable.

Service Options Available

In-Shape Fitness prides itself on offering a variety of **service options** tailored to fit different lifestyles. Whether you prefer group classes, personal training sessions, or outdoor services such as boot camps, there's something for everyone. However, please note that a **membership is required** to access these fantastic facilities.

Clean and Comfortable Spaces

After a rigorous workout, enjoy the convenience of a clean **shower** facility, allowing you to refresh before heading out. The overall cleanliness and maintenance of the gym contribute to a positive experience, making it a great choice for those serious about their fitness journey.

Join the Community at In-Shape Fitness

Whether you're a veteran gym-goer or just starting, In-Shape Fitness welcomes you with open arms. The supportive community, combined with excellent facilities and a commitment to accessibility, makes this gym a top pick in Concord.

Experience the perfect blend of fitness, comfort, and community at In-Shape Fitness. Start your journey today!

The location of our business is in

5294 Clayton Rd, 94521 Concord, California - United States (US)

The contact line of this **Gym** is +1925-694-0825

And if you want to send a WhatsApp, you can do so at +1925-694-0825

Our opening hours are:

Day Hours
Monday
4?AM–11?PM
Tuesday
4?AM–9?PM
Wednesday
6?AM–7?PM
Thursday
6?AM–7?PM
Friday
4?AM–11?PM
Saturday
4?AM–11?PM
Sunday
4?AM–11?PM

The website is In-Shape Fitness

If you wish to change any data that you believe is not precise related to this portal, please send a message so we can we will handle it quickly. In advance thanks.

Images



In shape fitness videos



In shape fitness street view 360deg



In shape fitness map



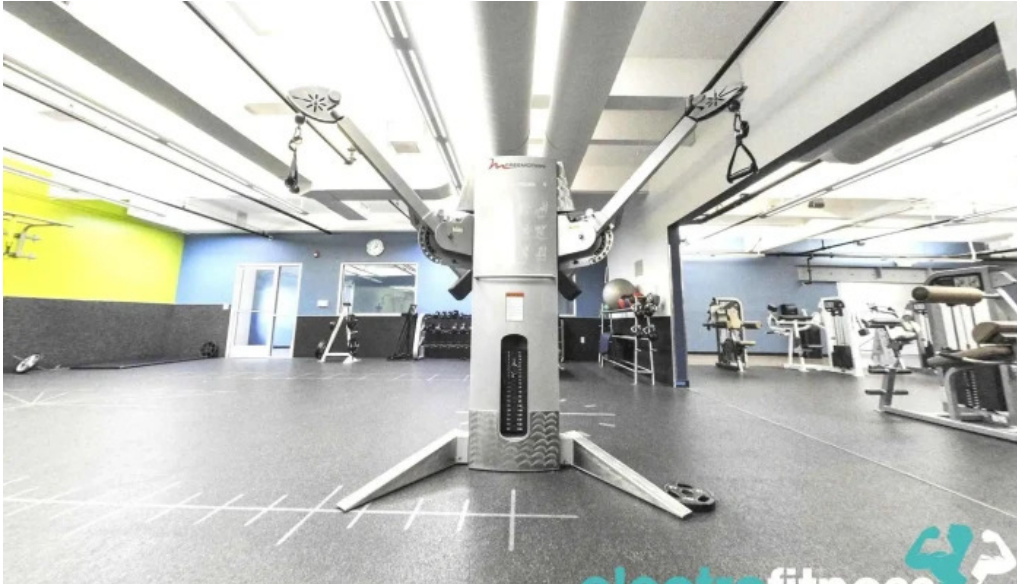
In shape fitness latest



In shape fitness gym



In shape fitness concord



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Tags

Outdoor services, Service options, Planning, Restaurant, Membership required, Sauna, Online classes, Wheelchair-accessible entrance, Swimming pool, On-site services, Amenities, Wheelchair-accessible car park, Shower, Atmosphere, Accessibility

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| pilates studio |
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| rock climbing gym |
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| self defense school |
| shooting range |
| sports club |
| sports complex |
| sports medicine clinic |
| sports school |
| swimming instructor |
| tennis club |
| thrift store |
| vitamin & supplements store |
| wellness center |
| wellness program |
| yoga studio |