

Life Time - Coon Rapids

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Life Time - Coon Rapids

Experience the Gym Life at Life Time Fitness in Coon Rapids, Minnesota

Life Time Fitness in Coon Rapids is more than just a gym; it's a lifestyle destination offering extensive **on-site services** that cater to a variety of fitness and wellness needs. This facility boasts a range of **amenities**, including a refreshing **swimming pool**, a **sauna**, and a well-maintained **basketball court**.

Facilities and Offerings

Membership is **required** to access the incredible facilities, which include:
Swimming Pool: Family swimming time features warm water and ample toys for children. **Sauna:** A coed sauna located near the pool area offers relaxation after a workout. **Basketball Court:** Perfect for both casual play and competitive leagues. **Shower and Toilet Facilities:** Clean and accessible for all members. **Wheelchair-accessible entrances and amenities:** Ensuring everyone can enjoy their time.

Accessibility and Planning

The gym features a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, making it easy for all members to navigate the facility. The **wheelchair-accessible seating** ensures comfort during classes or watching events. When planning your visit, consider utilizing the online classes offered, which add flexibility to your workout schedule.

A Welcoming Atmosphere

The atmosphere at Life Time Fitness is consistently praised by members. Many have expressed appreciation for the friendly and helpful staff, particularly noting the welcoming approach of team members like Bailey in yoga classes and the enthusiastic childcare center staff. The club is described as super clean with a positive vibe that encourages members to stay active.

Feedback from Members

Feedback highlights various aspects of the club:
"The club has so many features throughout and the staff is so helpful..." - Emphasizing the diverse **offerings**. "I love my gym, I've been an on-again, off-again member since 2009..." - Many members find it worth the investment. "Clean facilities, friendly staff, great group fitness classes..." - Consistency in cleanliness and quality service is a recurring theme.

Conclusion

Overall, Life Time Fitness in Coon Rapids is a fitness haven that offers a great combination of **amenities** and **services**. Whether you're looking to swim, play basketball, or participate in online classes, this gym caters to your needs while maintaining high standards of cleanliness and customer service. If you're considering a gym membership, Life Time Fitness could be the perfect fit for an active lifestyle.

You can visit us at the address:

2100 Northdale Blvd NW, 55433 Coon Rapids, Minnesota - United States (US)

The phone of said **Gym** is +1763-767-9000

And if you want to send a WhatsApp, you can do so at +1763-767-9000

Our opening hours are:

Day	Hours
Monday	5?AM–11?PM
Tuesday	5?AM–11?PM
Wednesday	5?AM–11?PM
Thursday	6?AM–9?PM
Friday	6?AM–9?PM
Saturday	5?AM–11?PM
Sunday	5?AM–11?PM

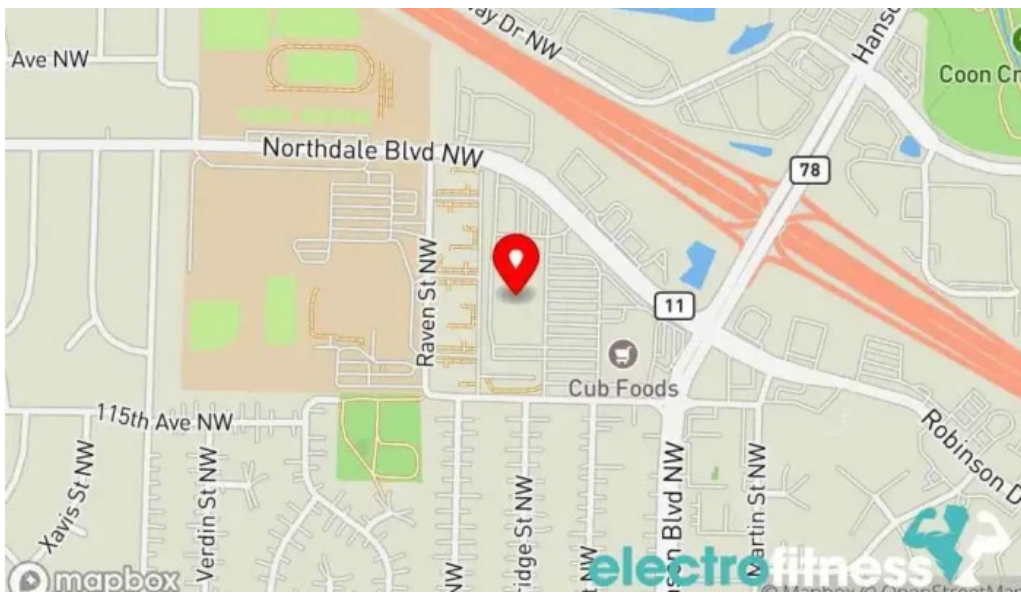
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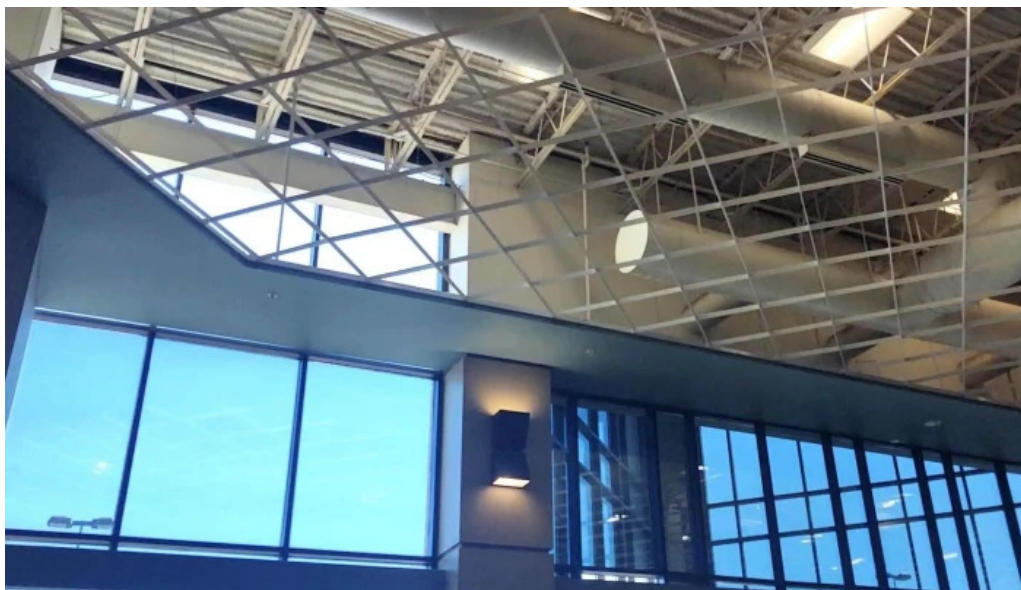
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Tags

Wheelchair-accessible seating, Membership required, Planning, Toilet, Basketball court, Shower, On-site services, Amenities, Online classes, Atmosphere, Service options, Wheelchair-accessible car park, Wheelchair-accessible entrance, Swimming pool, Accessibility, Offerings, Sauna

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