

## Method X Fitness Coral Gables - Coral Gables

coral gables

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*coral gables*

## *Method X Fitness Coral Gables - Coral Gables*

### **Discover Method X Fitness in Coral Gables, Florida**

Method X Fitness, located in the vibrant city of Coral Gables, Florida, offers a unique and comprehensive fitness experience tailored to suit diverse needs. With a strong emphasis on accessibility and customer satisfaction, this gym has garnered positive reviews from its members.

### **Accessibility Features**

Method X Fitness ensures that all members feel welcome and supported,

regardless of their physical abilities. The facility boasts a **\*\*wheelchair-accessible entrance\*\*** and features a **\*\*wheelchair-accessible car park\*\***, making it easy for everyone to access the gym.

### **Top-Notch Amenities**

Members of Method X Fitness enjoy an array of amenities designed to enhance their fitness journey. The gym is equipped with **\*\*state-of-the-art equipment\*\***, ensuring that individuals have everything they need to achieve their fitness goals. Additionally, the facility includes modern **\*\*toilets\*\*** and changing rooms that are regularly maintained for cleanliness.

### **Service Options and Classes**

With a variety of **\*\*service options\*\***, Method X Fitness provides a range of workout classes, including HIIT, kickboxing, Pilates, and boot camps. Many reviews highlight the excellent coaching staff who personalize workouts and help members stay motivated. Claudia, the owner, is known for her dedication to each member's progress, tailoring sessions to their individual needs, including accommodating those with previous injuries.

### **Wi-Fi and On-Site Services**

Method X Fitness understands the importance of staying connected. Members can take advantage of the complimentary **\*\*Wi-Fi\*\*** available throughout the gym, allowing them to stream workouts or stay updated while they train. On-site services include personal training sessions and supportive coaching from knowledgeable trainers, ensuring every member receives individualized attention and guidance.

### **Amazing Atmosphere and Community**

From the moment you step into Method X Fitness, you are greeted with a lively and encouraging atmosphere. Members describe the gym as a "family," where motivations run high and friendships flourish. The positive energy created by both the staff and fellow gym-goers makes every visit enjoyable.

### **Your Fitness Journey Awaits**

Whether you're a seasoned athlete or just starting your fitness journey, Method X Fitness in Coral Gables is dedicated to helping you succeed. With its accessibility, extensive amenities, excellent service options, and vibrant community, this gym stands out as a top choice in the area. Join today and discover the difference at Method X Fitness!

### **The location of our business is in**

475 Biltmore Way #106, 33134 Coral Gables, Florida - United States (US)

The phone number of this **Gym** is +1305-299-9666

And if you want to send a WhatsApp, you can do so at [+1305-299-9666](https://www.whatsapp.com/business/profile/13052999666)

## **We look forward to seeing you at:**

Day Hours

Monday

6:30?AM–12?PM 4–7?PM

Tuesday

9?AM–12?PM

Wednesday

10?AM–12?PM

Thursday

6:30?AM–1?PM 4–8:30?PM

Friday

6?AM–1?PM 4–8:30?PM

Saturday

6:30?AM–1?PM 4–8:30?PM

Sunday

6?AM–1?PM 4–8:30?PM

The website is [Method X Fitness Coral Gables](https://www.methodxfitness.com)

If necessary to alter any detail that you consider is not accurate regarding this web, please send us a message and we will adjust it at the earliest convenience. With anticipation thanks.

## **Images**



*Method x fitness coral gables videos*



*Method x fitness coral gables street view 360deg*



*Method x fitness coral gables map*





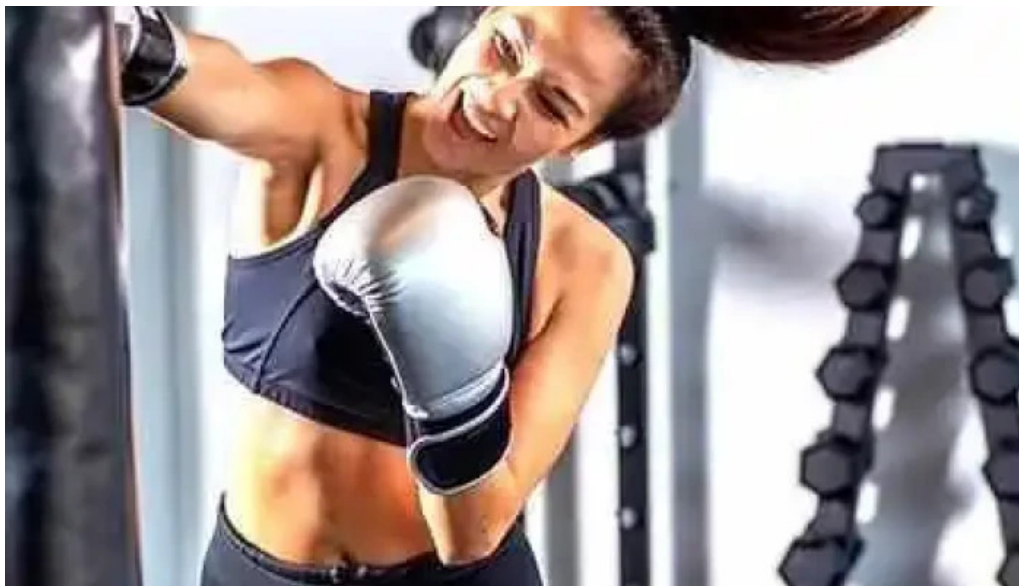
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## Tags

*Accessibility, Service options, Wheelchair-accessible entrance, Amenities, Wi-Fi, Wheelchair-accessible car park, Toilet, On-site services*

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church
club
coffee shop
community center
convenience store
counselor
country club
coworking space
cultural center
dance company
dance school
day spa
disc golf course
dollar store
educational institution
elementary school
exercise equipment store
facial spa
firearms academy
fitness



fitness center
fitness equipment wholesaler
food producer
foot care
gated community
golf club
golf course
golf instructor
grocery store
gym
gymnasium school
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hospital
hotel
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jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage spa
massage therapist
medical group
medical spa
meditation center
metaphysical supply store
muay thai boxing gym
non-profit organization
nutritionist
park
parking lot
parkour spot
personal trainer

pharmacy
physical fitness program
physical therapist
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
shopping mall
soccer club
software company
spa
spa and health club
sporting goods store
sports club
sports complex
sports massage therapist
sports medicine clinic
sports nutrition store
sports school
summer camp organizer
supermarket
swimming facility
swimming instructor
swimming school
tennis club
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