

## CrossFit Dartmouth - Dartmouth

dartmouth

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*dartmouth*

## *CrossFit Dartmouth - Dartmouth*

### **Discover CrossFit Dartmouth: A Community-Oriented Gym in Massachusetts**

CrossFit Dartmouth, located in Dartmouth, Massachusetts, is not just another gym; it's a thriving community aimed at helping individuals reach their fitness goals. With a welcoming atmosphere and incredible coaching staff, this gym has garnered a stellar reputation among its members.

### **A Wheelchair-Accessible Environment**

One of the standout features of CrossFit Dartmouth is its commitment to

**\*\*accessibility\*\***. The gym boasts a **\*\*wheelchair-accessible entrance\*\***, ensuring that everyone can enjoy the benefits of fitness training. Additionally, amenities include a **\*\*wheelchair-accessible toilet\*\*** and a convenient **\*\*wheelchair-accessible car park\*\***, making it easier for all members to navigate the facilities.

## **Planning Your Visit**

If you're new to the area or just passing through, CrossFit Dartmouth welcomes drop-ins! However, it's important to note that a **\*\*membership is required\*\*** for regular participation. Whether you're an experienced athlete or just starting your fitness journey, the coaches are dedicated to tailoring workouts to meet each individual's needs.

## **A Supportive Community**

Members consistently rave about the **\*\*community\*\*** at CrossFit Dartmouth. From the moment you step into the gym, you'll feel a sense of camaraderie that encourages everyone to push their limits. As one member noted, "The folks here make working out fun and create an awesome diverse community." The support from both coaches and fellow members fosters an environment where you can achieve your goals.

## **Expert Coaching**

At the heart of CrossFit Dartmouth's success is its exceptional coaching staff. Members have shared how the coaches excel in teaching proper techniques, encouraging appropriate weight choices, and providing invaluable feedback during workouts. One enthusiastic member emphasized, "Our Coaching Staff is the best you can find in the Area!!!" This level of expertise ensures that every workout is safe, effective, and beneficial.

## **Transformative Results**

Many members have experienced remarkable transformations since joining CrossFit Dartmouth. Whether it's achieving personal records like a 205-pound deadlift or seeing physical changes after childbirth, the results speak for themselves. One member who participated in the gym for eight months highlighted, "I have had great results that I did not achieve with years of running groups."

## **Final Thoughts**

CrossFit Dartmouth is more than just a gym—it's a place where individuals come together to support one another in their fitness journeys. With an accommodating environment, expert coaching, and a strong sense of community, this gym is ideal for anyone looking to make a positive lifestyle change. Don't just take our word for it; experience the welcoming atmosphere and unparalleled support that is unique to CrossFit Dartmouth. Join today and

witness the transformation yourself!

**You can visit us at the address:**

668 State Rd, 02747 Dartmouth, Massachusetts - United States (US)

The phone of this **Gym** is +1508-501-9431

And if you want to send a WhatsApp, you can do so at +1508-501-9431

**We open at the following schedule:**

Day Hours

Monday  
6–10?AM 3:30–7:30?PM

Tuesday  
8–11?AM

Wednesday  
9–11?AM

Thursday  
6–10?AM 3:30–8:30?PM

Friday  
6–10?AM 3:30–7:30?PM

Saturday  
6–10?AM 3:30–8:30?PM

Sunday  
6–10?AM 4:30–8:30?PM

The website is CrossFit Dartmouth

If you need to change any data that you consider is not precise regarding this site, we urge you to forward a message so we can we will correct it quickly. Thanks beforehand we appreciate it.

**Images**



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## Tags

*Amenities, Membership required, Toilet, Accessibility, Wheelchair-accessible entrance, Wheelchair-accessible car park, Planning, Wheelchair-accessible toilet*

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amusement park ride

arena
association / organization
athletic club
bar
body shaping class
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gym
gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist

martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapy clinic
pickleball court
pilates studio
public educational institution
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rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club
sports complex
sports medicine clinic
sports school
swimming instructor
swimming school
tennis club
thrift store
vitamin & supplements store
wellness center
wellness program
yoga instructor
yoga studio
youth organization