

The Lox Miami - Doral

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The Lox Miami - Doral

Discover The Lox Miami: A Premier Gym in Doral, Florida

The Lox Miami is not just another gym; it's a vibrant community dedicated to fostering fitness and wellness in Doral, Florida. With its exceptional service options and commitment to inclusivity, The Lox stands out as a premier location for athletes of all levels.

Inclusive Accessibility Features

At The Lox, accessibility is a priority. The facility boasts a ****wheelchair-accessible entrance**** and a ****wheelchair-accessible car park****,

ensuring that everyone can participate in their fitness journey without barriers. This dedication to accessibility reflects the gym's ethos of inclusiveness and community spirit.

A Women-Owned Business with a Mission

Proudly identifying as a women-owned establishment, The Lox Miami fosters an empowering environment where everyone feels valued. Their staff is known for being pleasant and accommodating, creating a welcoming atmosphere for members and newcomers alike.

Comprehensive Service Options

From online classes to on-site services, The Lox offers a variety of training programs designed to meet diverse fitness goals. Members appreciate the personal touch provided by knowledgeable trainers who cater to individual needs. This commitment to excellence is evident in the wide range of options available, including CrossFit, boot camp, bodybuilding, and sports performance training.

Positive Feedback from the Community

Many members have shared glowing reviews of their experiences at The Lox. For example, one parent expressed gratitude for how their child's confidence soared after joining the program, noting, "His confidence is through the roof, and he's had real tangible gains in every area we were looking to improve." This sentiment is echoed throughout the community, reflecting the supportive and motivated atmosphere fostered by the staff.

Exceptional Training and Support

Training at The Lox is characterized by an inspiring atmosphere filled with dedicated coaches who push members to achieve their best. As one review states, "The coaches and receptionist are one of a kind," highlighting the positive experience members have when they step into the gym. Another parent remarked on the profound impact the program has had on their child's athletic career, stating, "Nick Soto at The LOX Miami uses a holistic approach to guide you or your child's athletic career." This level of attention and care demonstrates the gym's investment in each member's success.

Conclusion

Whether you're an athlete aiming to reach new heights or someone looking to enhance your fitness journey, The Lox Miami offers a state-of-the-art facility with unmatched support. With excellent coaches, a welcoming community, and a strong commitment to accessibility, this gym truly provides everything needed to succeed. Visit The Lox Miami and experience the difference for yourself!

The business is situated at

1401 NW 88th Ave, 33172 Doral, Florida - United States (US)

The phone of the mentioned **Gym** is +1786-719-6211

And if you want to send a WhatsApp, you can do so at +1786-719-6211

We are open during the following hours:

Day Hours

Monday

5:30?AM–9?PM

Tuesday

9?AM–2?PM

Wednesday

9?AM–2?PM

Thursday

5:30?AM–9?PM

Friday

5:30?AM–9?PM

Saturday

5:30?AM–9?PM

Sunday

5:30?AM–9?PM

The website is The Lox Miami

If you wish to modify any data that you consider is not accurate related to this portal, we ask send a message so that we will handle it as soon as possible. With anticipation thank you very much.

Images



The lox miami videos



The lox miami street view 360deg



The lox miami score



The lox miami prices



The lox miami number



The lox miami map



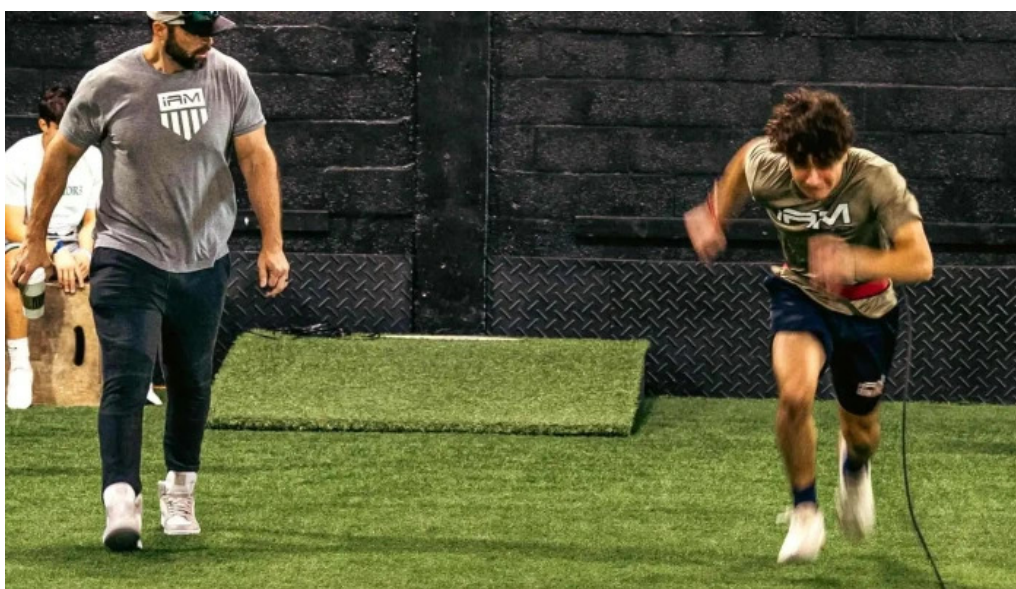
The lox miami location



The lox miami gym



The lox miami doral



The lox miami all

Tags

Wheelchair-accessible car park, Online classes, Wheelchair-accessible entrance, Accessibility, Identifies as women-owned, On-site services, From the business, Service options

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boot camp
boxing club
boxing gym
boxing ring
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church
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convenience store
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gymnastics center
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kinesiotherapist
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private golf course
public educational institution
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recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school district office
self defense school
senior citizen center
shooting range
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