

Electro Fitness: Best Electro Fitness

24 Hour Fitness - Downey

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24 Hour Fitness - Downey

24 Hour Fitness in Downey, California: A Comprehensive Review

If you're seeking a gym that operates around the clock, 24 Hour Fitness in Downey, California, might be on your list. However, reviews indicate that while the location has its appeals, it also has significant shortcomings. Here's an overview of what to expect based on member feedback.

Accessibility and Amenities

This gym offers a wheelchair-accessible entrance and features such as a wheelchair-accessible toilet and wheelchair-accessible car park. These accommodations make it easier for individuals with disabilities to enjoy the facilities.

The amenities offered include a sauna, outdoor services, and a swimming pool. However, there are concerns about cleanliness and maintenance; many users have reported issues like **filthy showers** and bathrooms, which can tarnish the overall experience.

Offerings and On-Site Services

Members appreciate the variety of equipment available, including squat racks, bench presses, and free weights. However, some reviews mention that the gym is often crowded, and finding available equipment can be a challenge during peak hours. The facility features an indoor basketball court, but note that courts close at 10:30 PM, which some members feel contradicts the '24-hour' aspect of the gym.

The gym also provides **on-site services** like personal training sessions. While some trainers receive praise, others have faced criticism for poor customer service, leading to mixed feelings among members.

Atmosphere and Environment

The atmosphere at 24 Hour Fitness is generally regarded as welcoming. However, experiences vary widely. While some find the gym provides a community feel, others describe it as chaotic and lacking etiquette. Reports of unkempt areas, such as weights left on the floor, add to a somewhat negative vibe.

In terms of safety, some reviewers expressed concerns about theft and locker security, advising against leaving valuables unattended.

Overall Experience

While the **membership required** at this gym may attract serious fitness enthusiasts, potential members should weigh the pros and cons carefully. The abundance of equipment and various offerings can be appealing, but issues related to cleanliness, maintenance, and customer service might deter some. If you're planning to join, consider visiting at different times to assess crowd levels and equipment availability. The decision to choose this gym ultimately comes down to what you value most in a fitness environment. For those looking for extensive hours and a variety of services, it may fit the bill—but others might find it falls short of expectations.

In summary, 24 Hour Fitness in Downey has potential with its extensive

offerings and accessibility features but requires management to address cleanliness and maintenance issues to enhance overall member satisfaction.

We are established at

8810 Apollo Way, 90242 Downey, California - United States (US)

The contact line of the respective **Gym** is <u>+1562-382-6230</u> And if you want to send a WhatsApp, you can do so at<u>+1562-382-6230</u>

Our business hours are:

Day Hours
Monday
Open 24 hours
Tuesday
Open 24 hours
Wednesday
Open 24 hours
Thursday
Open 24 hours
Eriday
Open 24 hours
Saturday
Open 24 hours
Saturday
Open 24 hours
Sunday
Open 24 hours

The website is 24 Hour Fitness

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24 hour fitness area



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Tags

Sauna, Atmosphere, Outdoor services, Toilet, Shower, Basketball court, Service options, Wheelchair-accessible toilet, Swimming pool, On-site services, Wheelchair-accessible car park, Amenities, Planning, Offerings, Accessibility, Wheelchair-accessible entrance, Membership required

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rv park sauna

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