

## Fiit Nation El Dorado Hills - El Dorado Hills

el dorado hills

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*el dorado hills*

### *Fiit Nation El Dorado Hills - El Dorado Hills*

## Discovering FIIT Nation El Dorado Hills: A Gym That Welcomes Everyone

If you're searching for a gym that offers **accessibility** and a supportive community, look no further than FIIT Nation El Dorado Hills. Located in beautiful El Dorado Hills, California, this gym has established itself as a haven for fitness enthusiasts of all levels.

### Accessibility Features

FIIT Nation goes above and beyond to ensure every member feels welcome. The facility includes a **wheelchair-accessible car park**, allowing easy access for all individuals. Its **wheelchair-accessible entrance** provides a seamless entry into the gym, emphasizing the commitment to inclusivity.

## Planning Your Visit

Before you make your way to FIIT Nation, remember that a **membership is required** to benefit fully from the offerings. With various membership options available, you're sure to find one that suits your needs. This investment in your health comes with numerous benefits, from expert coaching to a supportive community atmosphere.

## A Unique Community Experience

FIIT Nation isn't just about working out; it's about building connections. Members have shared how the gym fosters friendships and accountability through engaging activities like BINGO sessions, where you can meet new people while enjoying fun challenges. One member commented, "Once you start, you will make friends, and then your accountability buddies are built in..."

## Transformative Workouts

Members praise the diverse workout routines that cater to all fitness levels. It's a place where you can gain strength and confidence, backed by coaches who genuinely care about your progress. As one member noted, "This gym not only has helped me gain strength but confidence." The combination of calorie-burning exercises, nutritional guidance, and an encouraging atmosphere makes for a powerful motivational experience.

## The Coaches and Community Support

The dedicated team at FIIT Nation is one of its standout features. Coaches provide personalized attention, ensuring that exercises are modified for individual needs, including those with specific health conditions. A member shared, "The trainers work hard to pay attention to members as individuals... I'm actually working out. Every penny well spent." This level of support enhances the overall experience, making fitness a fun and rewarding journey.

## A Family-Like Atmosphere

Walking into FIIT Nation feels like stepping into a family. The camaraderie among members fosters a welcoming environment. "I've even met two of my

best and closest friends there!” exclaimed a satisfied member. This positive energy contributes to the gym's reputation as a place where everyone can thrive.

## **Conclusion: Join the FIIT Nation Family**

Whether you're looking to improve your fitness, gain strength, or simply join a community, FIIT Nation El Dorado Hills has it all. With its accessible facilities, diverse workouts, and supportive staff, this gym exemplifies what it means to be inclusive and motivating. Don't miss out on being part of such an amazing experience—join FIIT Nation today!

### **Our premises are located at**

8200 Saratoga Way Suite 140, 95762 El Dorado Hills, California - United States (US)

The phone number of said **Gym** is +1916-542-1475

And if you want to send a WhatsApp, you can do so at +1916-542-1475

### **We are open during the following hours:**

Day Hours

Monday

6:45–10:30?AM

Tuesday

7:45–10:30?AM

Wednesday

6:30–10:30?AM

Thursday

4:45?AM–7?PM

Friday

4:45?AM–7?PM

Saturday

4:45?AM–7?PM

Sunday

4:45?AM–6:30?PM

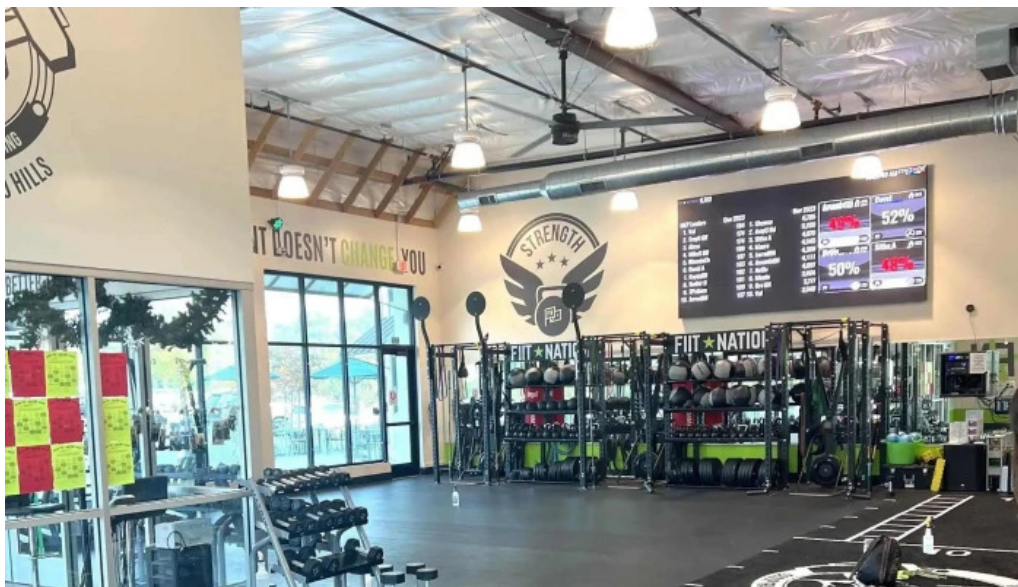
The website is FIIT Nation El Dorado Hills

If you require to change any information that you believe is not accurate related to this page, we ask deliver a message so that we will fix it quickly. In advance thank you very much.

## Images



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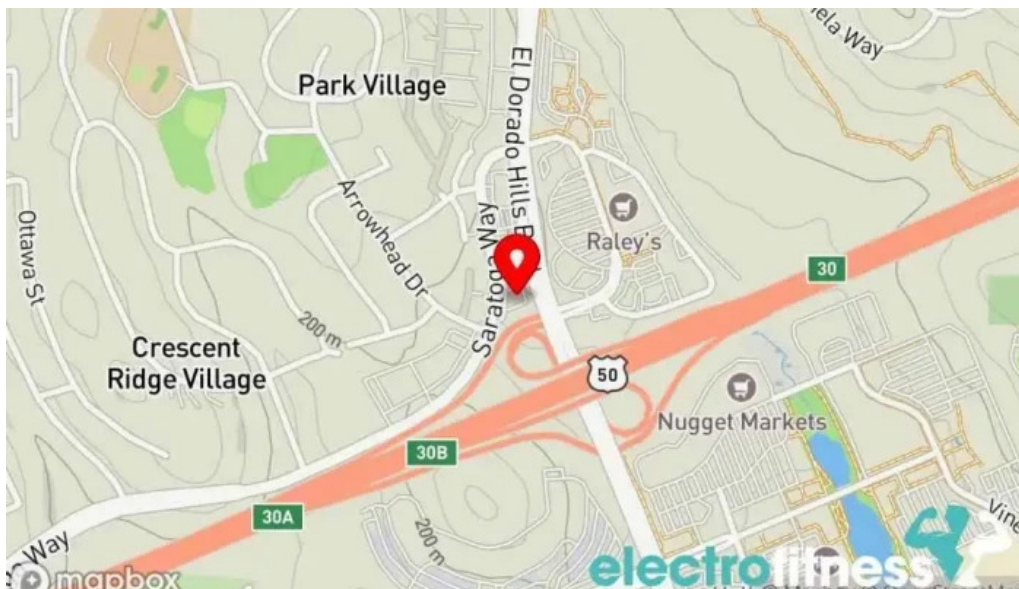


*Fiit nation el dorado hills number*



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*Fiit nation el dorado hills map*



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📍 FIIT Nation El Dorado Hills

Mackenzie Babij Silver  
Thu, August 22 at 12:06 PM



## Workout

📊 172

🔥 500

🕒 55 mins

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*Fiit nation el dorado hills comments*



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## Tags

*Accessibility, Wheelchair-accessible entrance, Wheelchair-accessible car park, Planning, Membership required*

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boxing ring
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club
coffee shop
college
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counselor
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coworking space
cultural center
dance club



dance company
dance school
day spa
department store
disability services and support organization
disc golf course
discount store
dive shop
doctor
dollar store
educational institution
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kinesiotherapist
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massage therapist
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medical group
medical spa
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metaphysical supply store
muay thai boxing gym
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nutritionist
outdoor clothing and equipment shop
outdoor sports store
outdoor swimming pool
pain control clinic
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