

## Hightower Fitness - El Dorado Hills

el dorado hills

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*el dorado hills*

## *Hightower Fitness - El Dorado Hills*

### **Welcome to Hightower Fitness: The Premier Gym in El Dorado Hills, California**

Hightower Fitness stands out as a top-tier gym in El Dorado Hills, California. This facility not only offers state-of-the-art equipment but also promotes an inclusive and supportive environment for all fitness enthusiasts.

### **Accessibility and Amenities**

One of the key features of Hightower Fitness is its **\*\*wheelchair-accessible entrance\*\*** and a **\*\*wheelchair-accessible car park\*\***. This commitment to

**\*\*accessibility\*\*** ensures that everyone can enjoy their workout experience without barriers. The gym boasts a **\*\*free parking lot\*\*** along with **\*\*free of charge street parking\*\***, making it convenient for all members. Inside, you'll find essential **\*\*amenities\*\*** such as clean **\*\*toilets\*\***, **\*\*Wi-Fi\*\***, and a sauna, enhancing your overall gym experience.

## **Membership and Offerings**

While a **\*\*membership is required\*\*** to access Hightower Fitness, the benefits far outweigh the cost. Members will enjoy access to a vast array of offerings, including high-quality equipment tailored for different fitness levels. Whether you're looking to build muscle or improve your cardiovascular health, there's something for everyone.

## **A Positive Environment with Top-Notch Trainers**

Many members have praised Brandon, the owner and head trainer, for his dedication and expertise. Comments highlight his knowledge in both training and nutrition. For instance, one member shared how Brandon helped alleviate back pain with targeted exercises, resulting in a significant recovery. Members appreciate the **\*\*uplifting environment\*\***, where everyone is greeted with a smile. Group classes are particularly popular, as they foster a sense of community and motivation. This supportive atmosphere often encourages members to push beyond their limits and achieve their fitness goals.

## **Quality Equipment and 24-Hour Access**

Another advantage of Hightower Fitness is its extensive selection of equipment. From dumbbells and machines to cardio equipment and racks, the gym is well-equipped to meet various training needs. The **\*\*24-hour access\*\*** allows members the flexibility to work out at their convenience, accommodating even the busiest schedules.

## **Conclusion: Transform Your Fitness Journey at Hightower Fitness**

Hightower Fitness is not just a gym; it's a community dedicated to helping individuals transform their bodies and lifestyles. With passionate trainers like Brandon, a welcoming atmosphere, and excellent facilities, it's no wonder that members rave about their experiences. If you live in Folsom or El Dorado Hills and are searching for a gym that offers quality, accessibility, and a positive vibe, look no further than Hightower Fitness. Join today and take the first step toward achieving your fitness goals!

## **Our business is at**

5151 Golden Foothill Pkwy #100, 95762 El Dorado Hills, California - United States (US)

The phone of the respective **Gym** is +1916-940-9424

And if you want to send a WhatsApp, you can do so at +1916-940-9424

**Our opening hours are:**

Day	Hours
Monday	Open 24 hours
Tuesday	Open 24 hours
Wednesday	Open 24 hours
Thursday	Open 24 hours
Friday	Open 24 hours
Saturday	Open 24 hours
Sunday	Open 24 hours

The website is Hightower Fitness

If you need to modify any data that you consider is not accurate regarding this page, we kindly request send us a message so we can we will handle it promptly. Thank you in advance thanks.

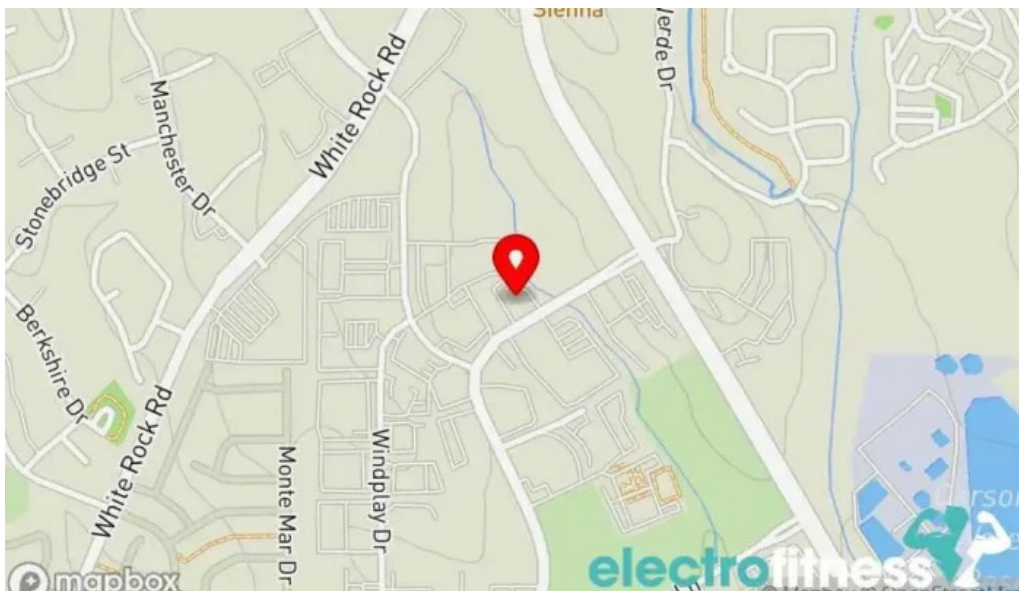
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## Tags

*Membership required, Wi-Fi, Free parking lot, Wheelchair-accessible entrance, Amenities, Free of charge street parking, Offerings, Wheelchair-accessible car park, Planning, Accessibility, Sauna, Parking, Toilet*

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dance club
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fountain
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gymnasium school
gymnastics center
gymnastics club
hair salon
health consultant
health food restaurant
health food store
health spa
hiking area
historical landmark
hospital
hotel
ice skating rink
indoor cycling
indoor golf course
indoor lodging
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karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
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massage therapist
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medical group
medical spa
meditation center
metaphysical supply store
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outdoor sports store
outdoor swimming pool
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parking lot
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physical fitness program
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physical therapy clinic
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pregnancy care center
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resort hotel
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sports school
summer camp organizer
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