

The Gym - Englewood

englewood

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https://www.electrofitness.com/gym/englewood/the-gym-englewood_310672.php



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The Gym in Englewood, New Jersey: A Comprehensive Overview

Located conveniently just minutes away from Manhattan, **The Gym** in Englewood, New Jersey, is not just a fitness center; it's a community dedicated to health and wellness. With its **wheelchair-accessible entrance** and **wheelchair-accessible car park**, the facility prioritizes **accessibility** for all members.

A Warm Atmosphere and Exceptional Amenities

Walking into The Gym, members are greeted with a friendly smile and a welcoming atmosphere. The cleanliness and ambiance have been consistently praised by members, making it feel like a second home. The **amenities** include a spacious workout floor filled with state-of-the-art equipment, **showers**, a relaxing sauna, and thoughtfully designed locker rooms that create a spa-like experience.

Diverse Offerings and On-Site Services

The Gym offers a wide variety of **offerings**, from high-intensity workout classes to serene yoga sessions. Members appreciate the selection of over 150 classes, ensuring everyone can find something that meets their fitness goals. For those looking for personalized attention, on-site personal trainers like Monica provide tailored workouts focusing on form and connection with one's body. She combines her knowledge of yoga with strength training, enhancing overall wellness.

Online Classes and Flexibility

In addition to in-person offerings, The Gym also provides **online classes** catering to varying schedules. This flexibility is essential for busy lifestyles. The facility's **Wi-Fi** ensures that members can stay connected during their workouts, watching online sessions or tracking their progress through fitness applications.

Membership and Pricing

While some members express concerns regarding the pricing—often considered on the higher side—they affirm that the quality of the services and facilities justifies the cost. A **membership required** policy ensures that members are committed to their fitness journey, fostering a supportive community.

Customer Service That Goes Above and Beyond

The staff at The Gym is frequently described as exceptional. Members appreciate their attentiveness and willingness to assist with any inquiries. This level of **customer service** contributes to the positive environment within the gym, making it a place where individuals feel valued.

Community and Friendship

Beyond fitness, The Gym fosters a sense of camaraderie among its members. Many individuals refer to their daily visits as a social outing, creating friendships

along their fitness journeys. It's not just about lifting weights or burning calories; it's about supporting each other in reaching personal health goals.

Conclusion: Why Choose The Gym?

Overall, The Gym in Englewood is more than just a workout space. It is a comprehensive facility offering top-notch amenities, varied classes, and a welcoming atmosphere that invites all fitness levels. Whether you are interested in group fitness classes, personal training, or simply seeking a clean and enjoyable environment to exercise, The Gym truly is worth considering. Experience the unique blend of community, support, and exceptional service that makes it stand out in the crowded world of fitness facilities.

We are established at

20 Nordhoff Pl, 07631 Englewood, New Jersey - United States (US)

The phone number of said **Gym** is +1201-567-9399

And if you want to send a WhatsApp, you can do so at +1201-567-9399

You can visit us at the following hours:

Day Hours
Monday

7?AM–7?PM

Tuesday

5?AM–10?PM

Wednesday

5?AM–10?PM

Thursday

5?AM–10?PM

Friday

5?AM–10?PM

Saturday

5?AM–9?PM

Sunday

7?AM–7?PM

The website is THE GYM

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The gym street view 360deg



The gym reviews



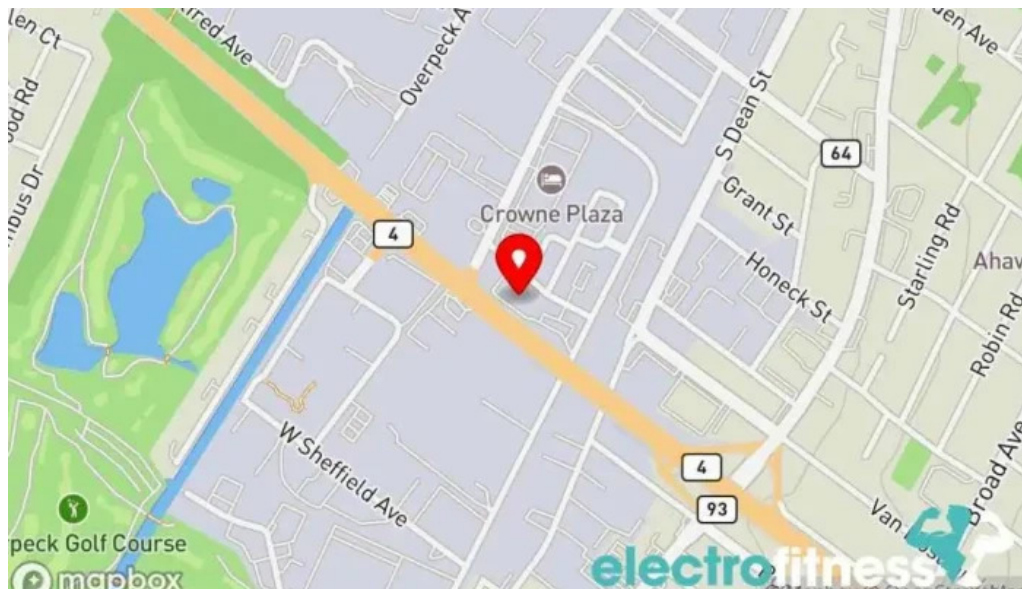
The gym photos



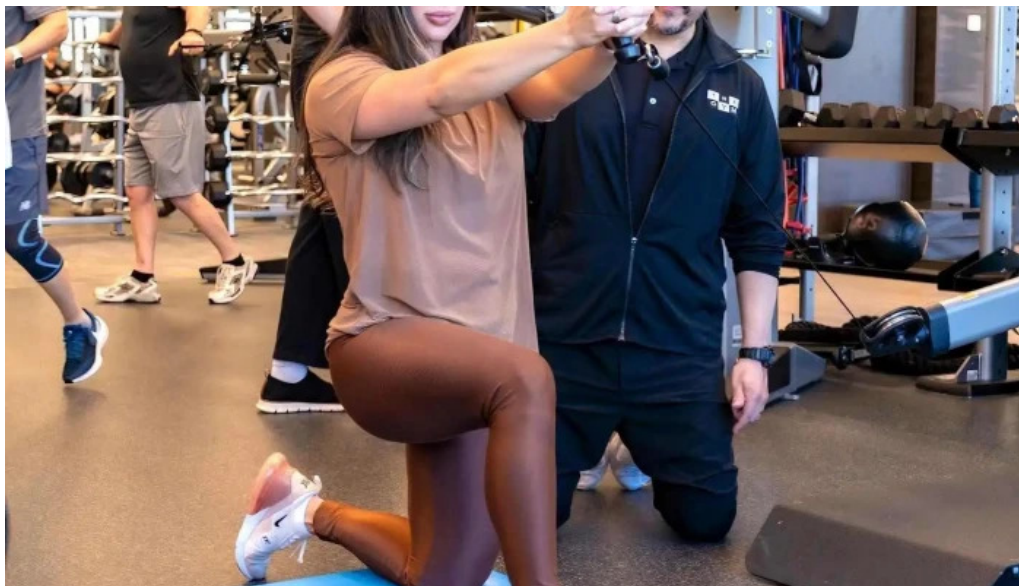
The gym open now



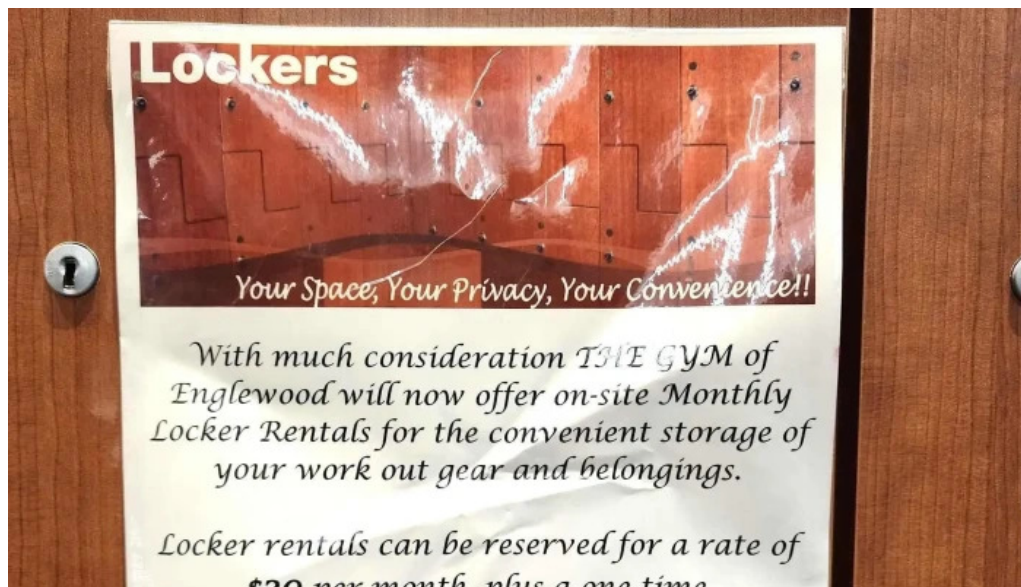
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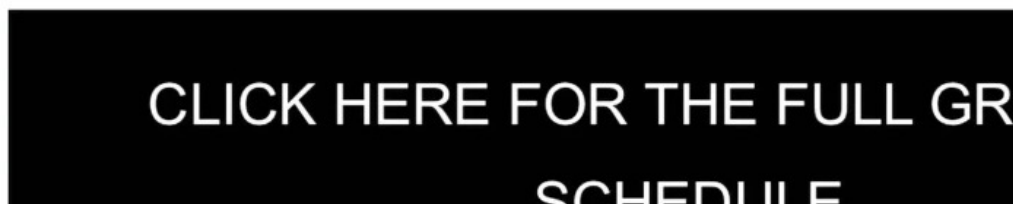
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Tags

Service options, Offerings, On-site services, Shower, Amenities, Wi-Fi, Online classes, Sauna, Accessibility, Atmosphere, Wheelchair-accessible entrance, Membership required, Wheelchair-accessible car park, Planning

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