

La Fitness - Falls Church

falls church

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falls church

La Fitness - Falls Church

LA Fitness in Falls Church, Virginia: An Overview

LA Fitness, located in Falls Church, Virginia, has long been a popular choice for fitness enthusiasts. However, with recent changes in management and facilities, it's important to consider various aspects before planning your visit or membership.

Planning Your Visit

If you're thinking about joining LA Fitness, it's essential to check the current operating hours. The gym is no longer open 24/7, which can be inconvenient for

those with non-traditional schedules. Ensure you plan your workouts accordingly to avoid the crowds, especially during peak hours.

Accessibility and Facilities

One notable advantage of LA Fitness is its **wheelchair-accessible car park** and **entrance**, making it easier for all members to access the gym. However, many users have reported issues with cleanliness and maintenance, particularly in the locker rooms and showers. Users have expressed disappointment with the state of the facilities, often citing dirty areas and broken equipment.

Offerings and Amenities

LA Fitness provides a wide range of **amenities**, including: - **Swimming pool** (currently closed for repairs) - **Sauna** (frequently reported as out of order) - **Basketball court** While these offerings can enhance the workout experience, user reviews indicate that many of these amenities are either non-functional or poorly maintained.

Atmosphere and Community

The general **atmosphere** of the gym has received mixed reviews. Some patrons appreciate the friendly staff and supportive community, while others have reported rude customer service experiences. It's crucial to gauge whether this atmosphere aligns with your fitness goals and personal preferences.

Membership Requirements

When considering membership, keep in mind that a contract is often required. Reviews highlight frustrations related to the cancellation process, suggesting that potential members should read the terms carefully before signing anything.

Additional Amenities and Concerns

Additional amenities like **Wi-Fi** and showers are available, but users have noted that cleanliness and functionality are significant concerns. Showers have been described as old and poorly maintained, exacerbating the frustrations of many gym-goers who expect better hygiene standards.

Final Thoughts

In summary, while LA Fitness in Falls Church offers various amenities and features that could enhance your fitness journey, prospective members should be aware of the recent decline in facility upkeep and management issues. If you value clean and well-maintained spaces alongside responsive customer service, exploring alternative gyms may be beneficial. Always do thorough research and consider your priorities when deciding where to focus your fitness efforts.

Our business is at

8190 Strawberry Ln, 22042 Falls Church, Virginia - United States (US)

The contact phone of this **Gym** is +1571-423-0155

And if you want to send a WhatsApp, you can do so at +1571-423-0155

Our business hours are:

Day Hours
Monday
8?AM–8?PM
Tuesday
5?AM–11?PM
Wednesday
5?AM–11?PM
Thursday
5?AM–11?PM
Friday
5?AM–11?PM
Saturday
5?AM–10?PM
Sunday
8?AM–8?PM

The website is LA Fitness

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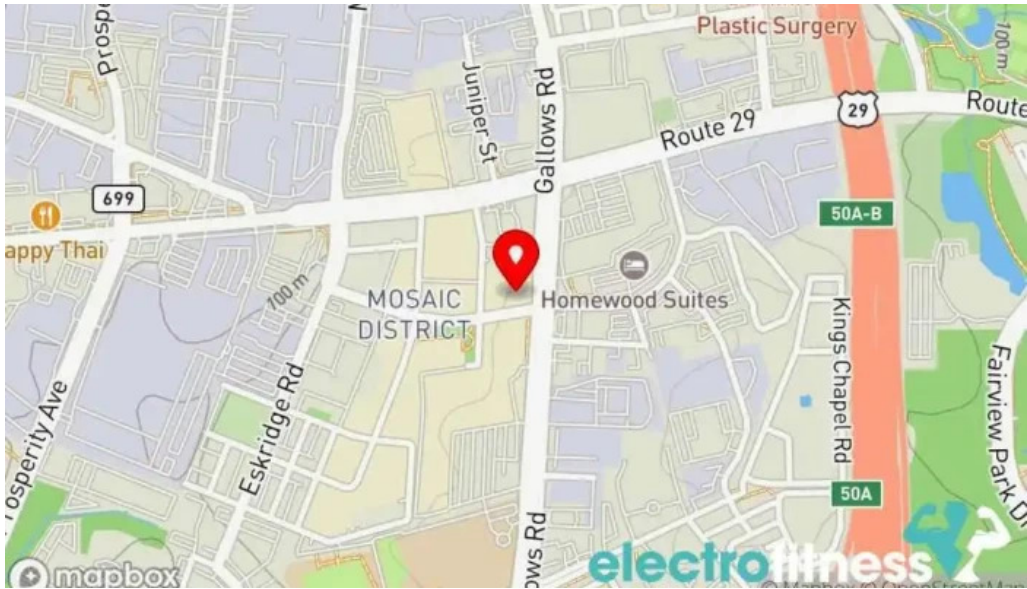
La fitness street view 360deg



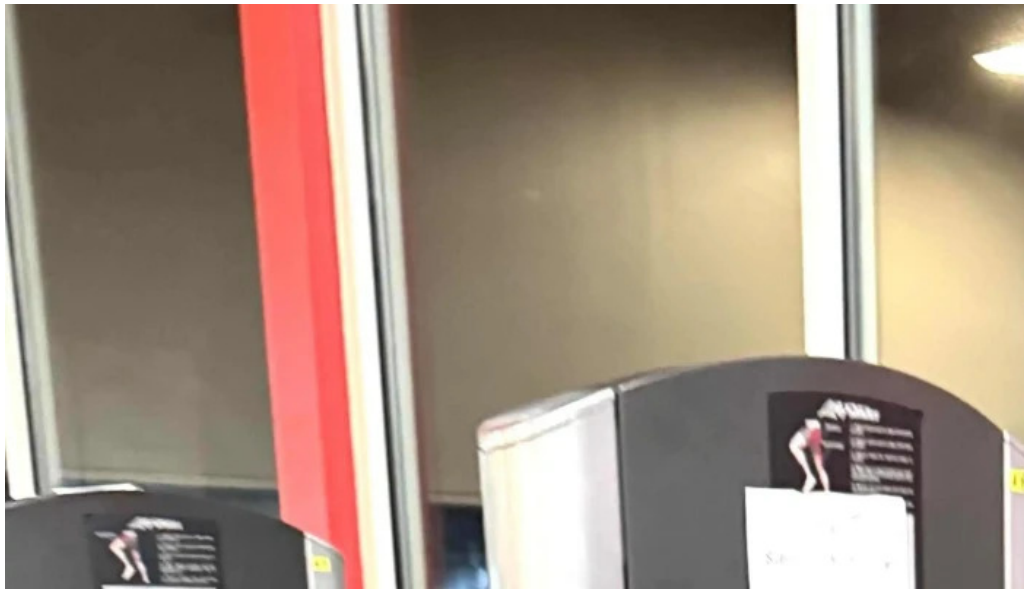
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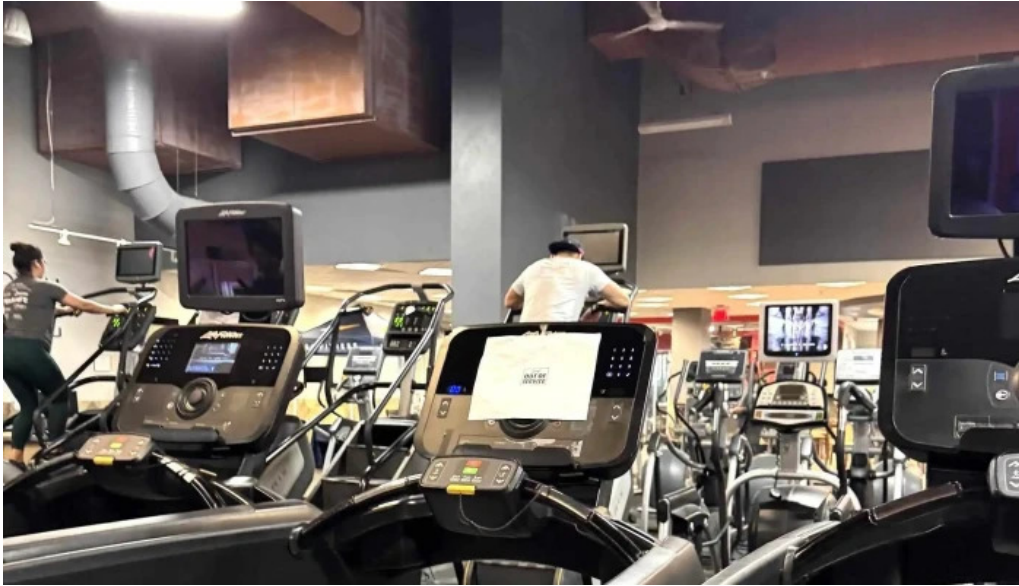
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La fitness location



La fitness instagram



La fitness how to get there



La fitness gym



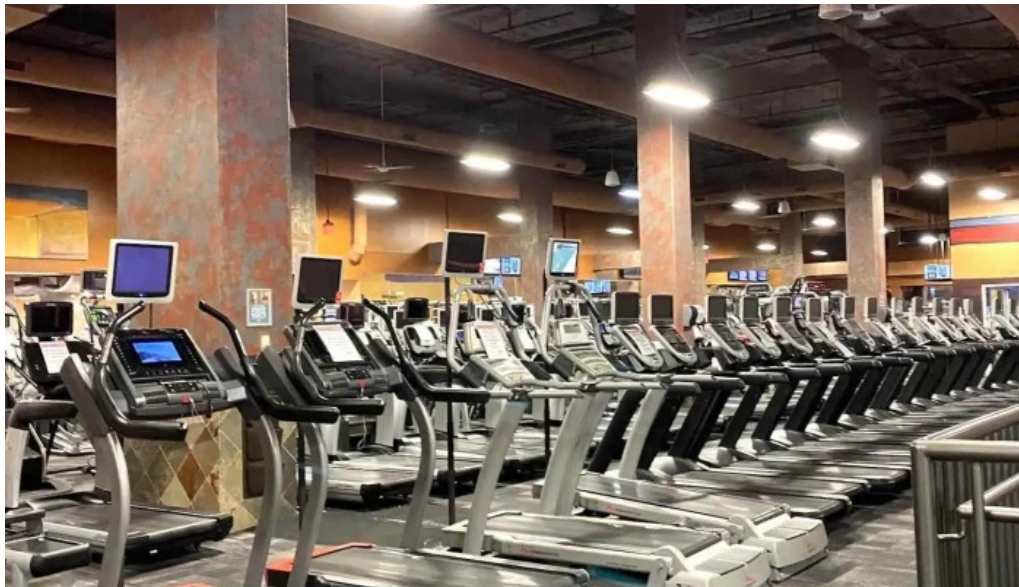
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Tags

Wheelchair-accessible entrance, Wheelchair-accessible car park, Basketball court, Membership required, Sauna, Amenities, Accessibility, Wi-Fi, Offerings, Atmosphere, Shower, Planning, Swimming pool

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