

Falmouth Sports Center Health Club - Falmouth

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Exploring the Falmouth Sports Center Health Club

The ****Falmouth Sports Center Health Club**** in Falmouth, Massachusetts, is a premier destination for fitness enthusiasts and casual gym-goers alike. With a reputation built on over 24 years of training experience, this health club is renowned for its exceptional atmosphere and comprehensive amenities.

Facilities and Amenities

The gym boasts a variety of facilities that cater to every fitness need. It's

equipped with **an extensive range of free weights and machines**, perfect for hardcore bodybuilding as well as casual cardio workouts. Visitors can enjoy easy access to a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, ensuring that everyone is welcomed. For those looking for relaxation after a rigorous workout, the Falmouth Sports Center features a **sauna** and steam room. Additionally, the locker rooms are spacious, providing convenient **showers** and a **wheelchair-accessible toilet**.

Wi-Fi and Accessibility

In today's digital age, staying connected is essential. The gym offers complimentary **Wi-Fi**, allowing members to share their fitness journey on social media or catch up on their favorite shows while working out. The overall **accessibility** of the facility ensures that all guests, regardless of their physical abilities, can comfortably navigate the space without any hindrance.

Positive Atmosphere and Supportive Community

Members consistently praise the **atmosphere** at the Falmouth Sports Center, highlighting its welcoming environment. The staff is known for being friendly and helpful, creating a sense of community among gym-goers. Many visitors appreciate the encouragement they receive from both employees and fellow members, making it an ideal place for both new and seasoned fitness enthusiasts.

Pricing and Membership Options

With a **day pass priced at around \$10**, the Falmouth Sports Center offers an affordable option for those looking to explore the facility without committing to a long-term membership. This pricing strategy has made it a popular choice among locals and visitors alike, further solidifying its status as one of the best gyms in Falmouth.

Conclusion

Whether you are a seasoned athlete or just starting your fitness journey, the Falmouth Sports Center Health Club stands out for its quality equipment, exceptional staff, and inviting atmosphere. With **ample amenities**, including **wheelchair-accessible features**, engaging workout options, and a reasonable day pass price, it remains a top choice for anyone looking to maintain an active lifestyle in Falmouth, Massachusetts.

Our premises are located at

33 Highfield Dr, 02540 Falmouth, Massachusetts - United States (US)

The contact line of said **Gym** is +1508-548-7384

And if you want to send a WhatsApp, you can do so at [+1508-548-7384](https://www.whatsapp.com/business/profile/15085487384)

Our service hours are:

Day Hours
Monday
5:30?AM–7?PM
Tuesday
8?AM–3?PM
Wednesday
8?AM–3?PM
Thursday
5:30?AM–9?PM
Friday
5:30?AM–9?PM
Saturday
5:30?AM–9?PM
Sunday
5:30?AM–9?PM

The website is [Falmouth Sports Center Health Club](#)

If you wish to adjust any data that you consider is not accurate regarding this portal, please send us a message so that we will correct it at the earliest convenience. In advance thank you very much.

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Tags

Wheelchair-accessible entrance, Toilet, Accessibility, Amenities, Wheelchair-accessible toilet, Atmosphere, Sauna, Shower, Wi-Fi, Wheelchair-accessible car park

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