

Fitness First Health Club - Feeding Hills

feeding hills

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feeding hills

Fitness First Health Club - Feeding Hills

Discover Fitness First Health Club in Feeding Hills, Massachusetts

Fitness First Health Club has been a cornerstone of the community in Feeding Hills, Massachusetts, offering state-of-the-art facilities and a welcoming environment for fitness enthusiasts of all levels. With over 10 years of dedicated service to its members, it's no wonder that so many individuals choose this gym as their fitness home.

Accessibility for Everyone

One of the standout features of Fitness First is its **wheelchair-accessible**

entrance and **wheelchair-accessible car park**. The club ensures that individuals with mobility challenges can easily access the facilities. This commitment to accessibility is part of what makes Fitness First a true community gem.

A Splash of Fun: Swimming Pool

The heated **swimming pool** at Fitness First is not just a place for exercise; it's a family-friendly area where members can enjoy quality time with loved ones. Parents often bring their children for swim lessons, making it an excellent option for families looking to incorporate fitness into their daily routines.

Planning Your Fitness Journey

At Fitness First, planning your fitness journey has never been easier. The gym offers a variety of classes, including Zumba, Yoga, and Les Mills programs, ensuring there's something for everyone. With instructors who genuinely care about your progress, members are inspired to pursue their fitness goals in a supportive atmosphere.

Sport Facilities: Volleyball Court

For those interested in recreational activities, the **volleyball court** provides an opportunity to engage in friendly matches, promoting both fitness and fun. This feature adds another dimension to the club's diverse offerings and enhances the sense of community among members.

Amenities Designed for Comfort

In addition to top-notch gym equipment, Fitness First boasts a variety of **amenities** that cater to members' needs. From clean and well-maintained facilities to a sauna, hot tub, and childcare services, every detail is considered to enhance the overall experience.

Membership Required but Worth It!

While a **membership is required** to access these fantastic facilities, members agree that the benefits far outweigh the costs. The friendly staff, clean environment, and extensive class offerings make Fitness First a valuable investment for anyone serious about their health and wellness.

Conclusion: A Welcoming Fitness Community

Whether you're a seasoned athlete or just starting your fitness journey, Fitness First Health Club is more than just a gym. It's a welcoming community that prioritizes the health and happiness of its members. With exceptional amenities, dedicated staff, and a variety of classes, Fitness First invites you to join them in achieving your fitness goals. Embrace the opportunity to be part of this vibrant community and discover the joy of fitness today!

We are situated in

60 N Westfield St, 01030 Feeding Hills, Massachusetts - United States (US)

The contact phone of said **Gym** is +1413-786-1460

And if you want to send a WhatsApp, you can do so at +1413-786-1460

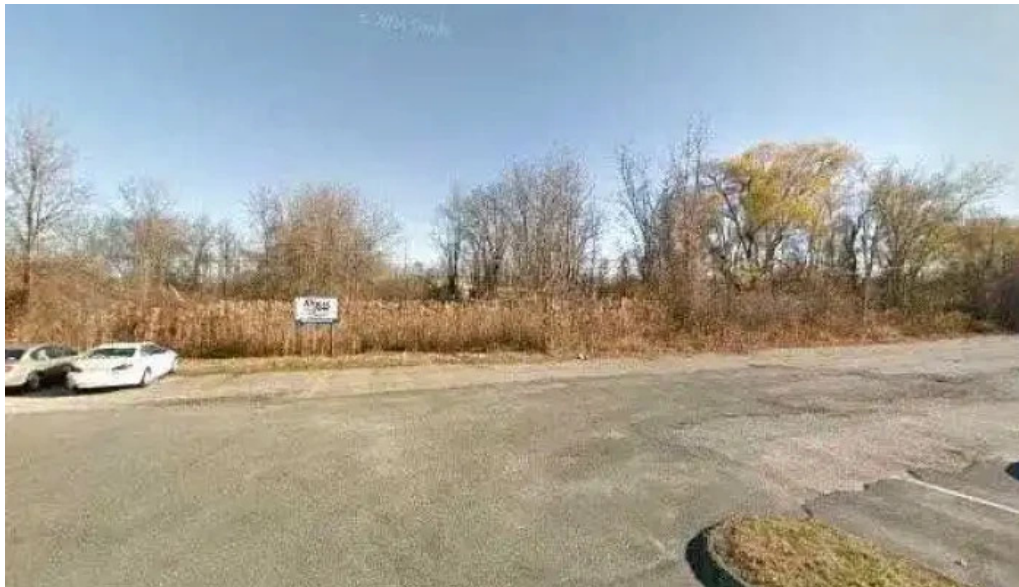
We are open during the following hours:

Day Hours
Monday
7?AM–5?PM
Tuesday
7?AM–3?PM
Wednesday
5?AM–9?PM
Thursday
5?AM–9?PM
Friday
5?AM–9?PM
Saturday
5?AM–9?PM
Sunday
5?AM–8?PM

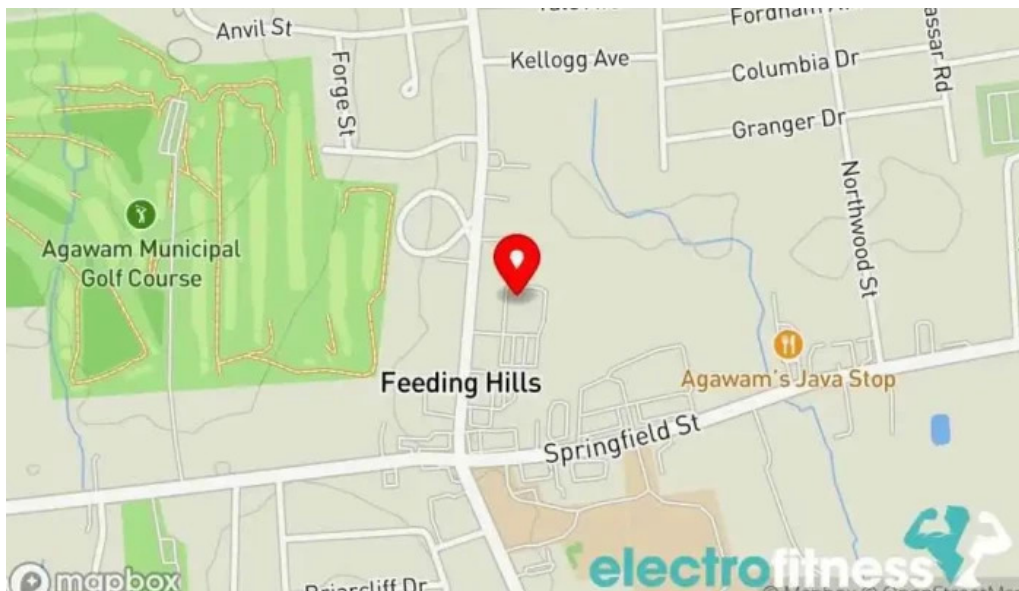
The website is Fitness First Health Club

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Images



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Fitness first health club map



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Tags

Amenities, Wheelchair-accessible entrance, Sauna, Swimming pool, Planning, Membership required, Volleyball court, Accessibility, Wheelchair-accessible car park

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