

D1 Training Fort Wayne Sw - Fort Wayne

fort wayne

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D1 Training Fort Wayne Sw - Fort Wayne

Discover D1 Training Fort Wayne SW: A Premier Fitness Destination

D1 Training Fort Wayne SW stands out as a premier facility in Fort Wayne, Indiana, designed to cater to athletes of all ages and skill levels. Whether you are looking to enhance your performance or introduce your child to physical fitness, D1 Training is the place to be.

Accessibility Matters

One of the significant advantages of D1 Training is its ****accessibility****. The gym features a fully ****wheelchair-accessible entrance****, ensuring that everyone

can participate in fitness activities without any barriers. Additionally, the facility includes a ****wheelchair-accessible car park****, making it convenient for all visitors to access the gym with ease.

Empowering Young Athletes

Parents are raving about how D1 Training has positively impacted their children's athletic development. As one parent noted, "From the first walkthrough experience, I knew this is what he needs." The trainers at D1 Training push kids to excel, teaching them the importance of self-accountability—an essential quality that often seems lacking in today's younger generation.

Elite Coaching and Family Atmosphere

The commitment of the staff at D1 Training Fort Wayne SW is unmatched. As highlighted by satisfied parents, "The owner Matt goes above and beyond to make you feel like family," which creates a welcoming environment for all. Coaches like Alex have earned praise for their expertise in working with young athletes, helping them develop the skills they need to succeed in sports.

A Fun and Engaging Experience

Children enjoy training sessions that leave them sweaty and smiling. A satisfied parent shared, "He leaves sweaty, with a big smile, looking forward to his next session." This engagement is further reflected in programs like the rookie class, where children learn proper techniques in a fun setting—great for those involved in sports like soccer and gymnastics during off seasons.

State-of-the-Art Facilities

D1 Training boasts top-notch equipment and a clean, sanitary environment. Reviewers frequently comment on how the gym looks well-maintained, providing an ideal backdrop for training. While there have been minor issues regarding changing room experiences, the overall feedback emphasizes that the gym is a great place to work out.

Join the D1 Community

Whether your goal is to lose weight, build muscle, or enhance athletic performance, D1 Training Fort Wayne SW is highly recommended. Parents and students alike have found success through their programs, and many consider themselves "customers for life." If you are seeking to elevate your training or help your child grow as an athlete, D1 Training is undoubtedly a stellar choice. Explore the ****accessible**** offerings at D1 Training Fort Wayne SW and become part of a community dedicated to fostering growth, health, and athletic excellence!

Our business is found at

9307 Illinois Rd, 46804 Fort Wayne, Indiana - United States (US)

The contact phone of the respective **Gym** is +1260-544-2436

And if you want to send a WhatsApp, you can do so at +1260-544-2436

Our opening hours are:

Day Hours
Monday

5-7?AM 8-9?AM 12-7:30?PM

Tuesday

5-7?AM 8-9?AM 12-7:30?PM

Wednesday

5-7?AM 8-9?AM 12-7:30?PM

Thursday

5-7?AM 8-9?AM 12-7:30?PM

Friday

8?AM-12?PM

Saturday

Closed

Sunday

5-7?AM 8-9?AM 12-7:30?PM

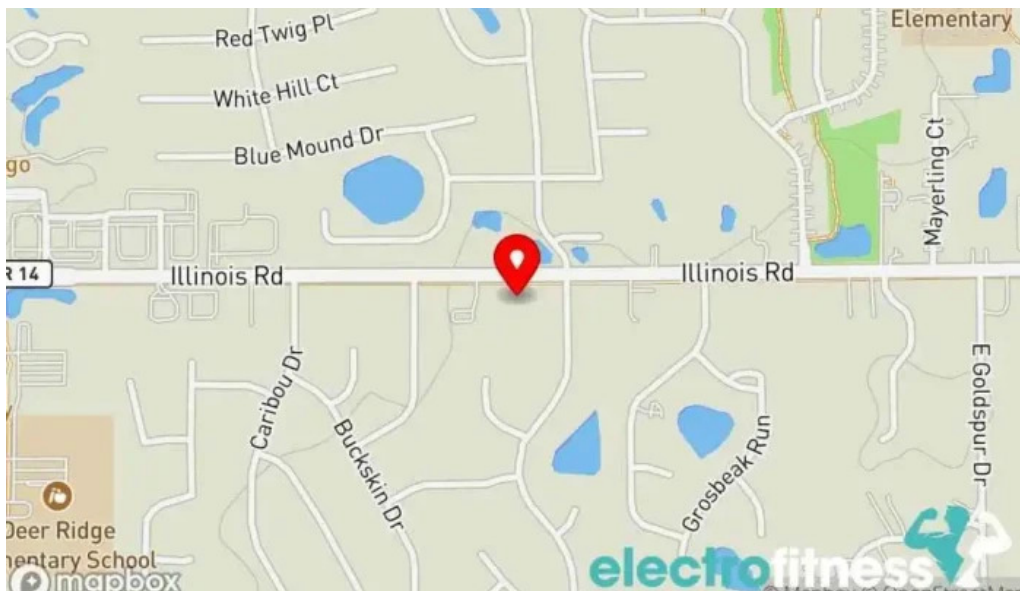
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Images



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Accessibility, Wheelchair-accessible car park, Wheelchair-accessible entrance

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basketball court
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hotel
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karate school
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physical therapist
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psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center

shooting range
shopping mall
soccer club
software company
spa
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sports nutrition store
sports school
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