

Velocity Human Design and Optimization - Fort Wayne

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Velocity Human Design and Optimization - Fort Wayne

Velocity Human Design and Optimization: A Unique Fitness Experience in Fort Wayne

Welcome to **Velocity Human Design and Optimization**, a premier gym located in the heart of Fort Wayne, Indiana. This women-owned establishment is dedicated to transforming your fitness journey with personalized coaching, comprehensive planning, and a supportive community atmosphere.

Appointment Required for Personalized Service

At Velocity, we believe that individualized attention is key to success. That's why **appointments are required** for all training sessions, ensuring that each member receives tailored guidance and support from our experienced coaches.

Accessibility and Amenities

We pride ourselves on creating an inclusive environment. Our facility features a **wheelchair-accessible entrance** and a **wheelchair-accessible car park**, making it easy for everyone to access our services. Additionally, we offer **gender-neutral toilets** for all members to feel comfortable and welcome.

Outstanding Service Options

Velocity offers various **service options**, including one-on-one coaching, group classes, and online classes designed to fit your schedule. Whether you're a beginner or a seasoned athlete, our personalized approach meets your unique needs and fitness goals.

Planning Your Fitness Journey

Join our community of passionate individuals committed to health and wellness. Our coaches, including **Brad, Chelsea, and Tori**, work closely with you to develop a robust fitness and nutrition plan that promotes sustainable habits. They will meet you where you are, offering support and expertise every step of the way.

Free Parking and Membership Options

Velocity provides **free of charge street parking** and a **free parking lot** for our members' convenience. A **membership is required** to access our facility, but the value of the community and services offered makes it well worth it.

Community Support and Transformation

Members of Velocity have experienced profound transformations, both physically and mentally. Many have noted how the supportive environment and the encouragement they receive from coaches and fellow members make their fitness journey enjoyable and fulfilling:

"Velocity has met me where I was and slowly helped me build sustainable habits without judgment." – A devoted member

This warm, welcoming community allows members to feel at home, celebrating each other's achievements and progress. No matter where you start, you will

find motivation to push your limits.

Conclusion: Your Fitness Journey Starts Here

If you're looking for a gym that emphasizes personal growth, community, and professionalism, look no further than Velocity Human Design and Optimization. With accessible facilities, caring coaches, and a commitment to helping you achieve your goals, this is more than just a gym; it's a place to transform your life.

Ready to get started? **Book your appointment today** and take the first step toward a healthier, stronger you!

The premises are located at

921 Monroe St, 46802 Fort Wayne, Indiana - United States (US)

The contact line of the mentioned **Gym** is +1260-450-4479

And if you want to send a WhatsApp, you can do so at +1260-450-4479

We open at the following schedule:

Day	Hours
Monday	6–9?AM 4:30–6:30?PM
Tuesday	5–10?AM 4:30–6:30?PM
Wednesday	6–9?AM 4:30–6:30?PM
Thursday	5–10?AM 4:30–6:30?PM
Friday	8–10?AM
Saturday	Closed
Sunday	5–10?AM 4:30–6:30?PM

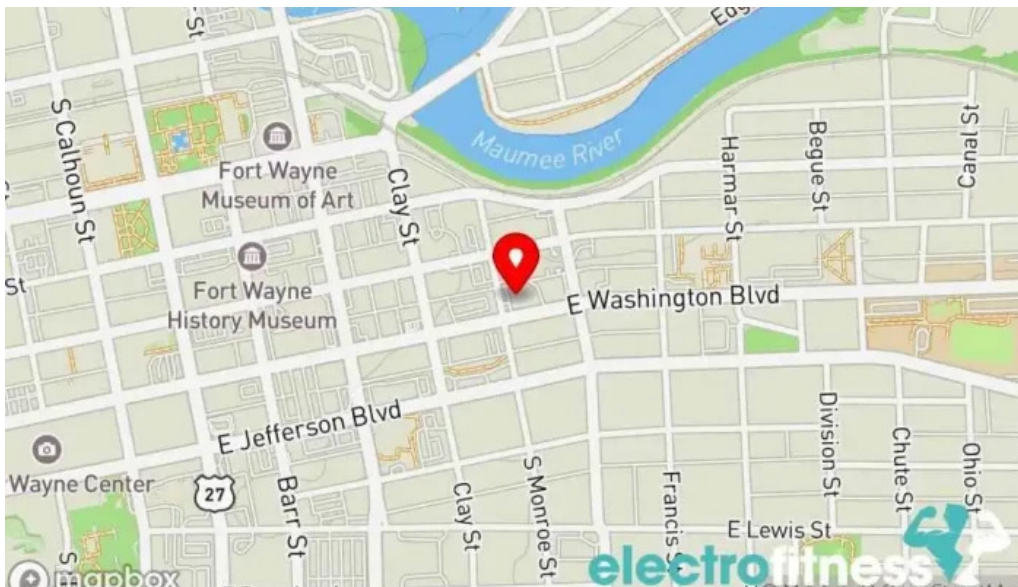
The website is Velocity Human Design and Optimization

If you need to alter any data that you feel is not correct related to this web, we urge you to forward a message so we can we will adjust it quickly. Thanks beforehand thank you very much.

Images



Velocity human design and optimization street view 360deg



Velocity human design and optimization map



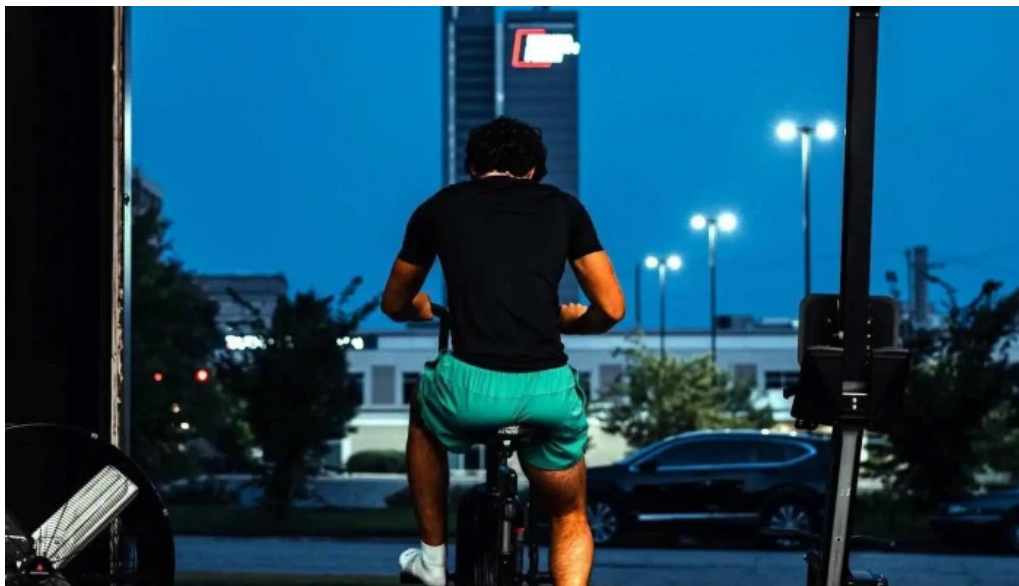
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Tags

Gender-neutral toilets, Membership required, Accessibility, Identifies as women-owned, From the business, Wheelchair-accessible car park, Free of charge street parking, Service options, Parking, On-site services, Free parking lot, Online classes, Amenities, Wheelchair-accessible entrance, Appointment required, Planning

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