

Liv Athletic - Gainesville

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Liv Athletic - Gainesville

Discover LIV Athletic: A Gym That Transforms Lives in Gainesville, Florida

LIV Athletic is not just a gym; it is a vibrant community that welcomes everyone, regardless of their fitness level. Located in Gainesville, Florida, it offers a unique ****environment**** where individuals can embark on their fitness journeys supported by dedicated coaches and fellow members.

Inclusive Community Vibe

One of the standout features of LIV Athletic is its emphasis on creating a ****crowd**** that is diverse and inclusive. The gym is known for being ****LGBTQ+**

friendly**, ensuring that everyone feels accepted and valued. Members frequently describe the atmosphere as friendly and welcoming. With a strong belief in mutual support, LIV fosters connections among its members, making workouts not just physical challenges but also opportunities to build lasting friendships.

Top-notch On-site Services

LIV Athletic provides a variety of **on-site services** tailored to meet members' needs. From personalized coaching that focuses on form and safety to structured programs that keep you engaged, every aspect is designed to enhance your experience. With an emphasis on **service options** such as individual assessments and group classes, members find exactly what they need to achieve their fitness goals.

Amenities for All

The gym features well-maintained equipment and facilities, including **wheelchair-accessible car park**, ensuring that everyone can benefit from its amenities. Members appreciate the thoughtfulness that goes into creating an environment suitable for diverse needs, including **gender-neutral toilets** that add to the inclusivity of the space.

Flexible Accessibility

Accessibility is not just about physical facilities but also about making fitness available to all. LIV Athletic offers flexible scheduling with **appointment required** classes, allowing individuals to find times that work best for them. Additionally, members can participate in **online classes**, which have become a popular option for those looking to maintain consistency while balancing busy schedules.

Commitment to Fitness and Personal Growth

Joining LIV Athletic requires a **membership**, but the commitment comes with enormous benefits. Many members report life-changing transformations, both physically and mentally. As one member shares, "I have been working out consistently for over a year, and I have seen tremendous results." This indicates that LIV is not just about working out; it's about creating a disciplined and supportive environment that cultivates personal growth.

Conclusion: Experience the LIV Difference

In summary, LIV Athletic in Gainesville, Florida, stands out as a welcoming fitness community that prioritizes accessibility, inclusivity, and personal development. Whether you're looking to get fit, meet new people, or simply enjoy a challenging workout, LIV has something for everyone. If you are considering joining a gym that feels like a family and encourages you at every step, then look no further than LIV Athletic. Embrace the journey today!

We are situated in

1126 NW 2nd St, 32601 Gainesville, Florida - United States (US)

The phone of the respective **Gym** is +1352-525-2191

And if you want to send a WhatsApp, you can do so at +1352-525-2191

The website is Liv Athletic

If you wish to alter any element that you consider is not accurate concerning this portal, please send us a message and we will fix it at the earliest convenience. With anticipation thanks for your cooperation.

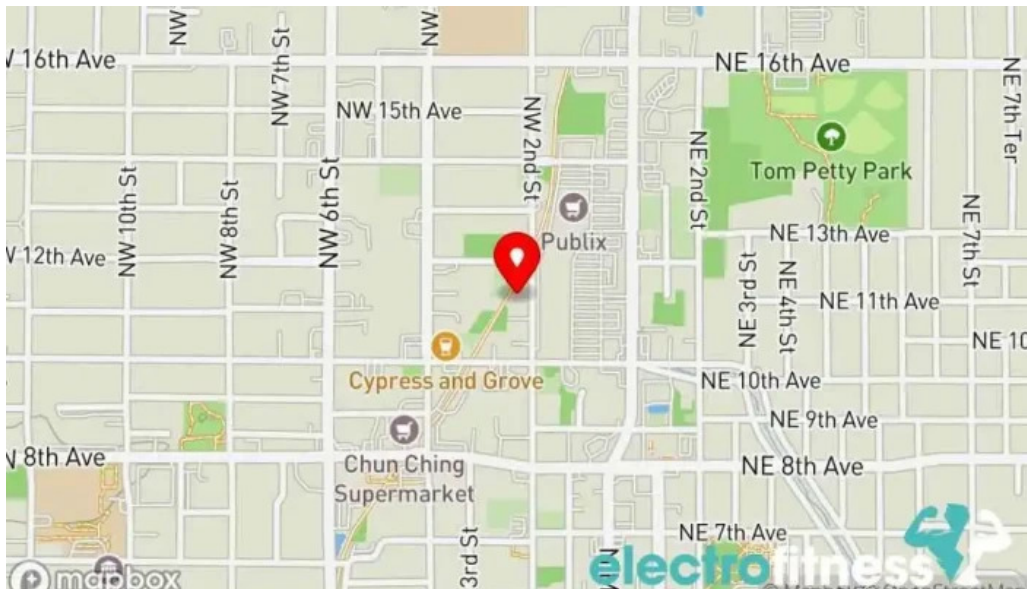
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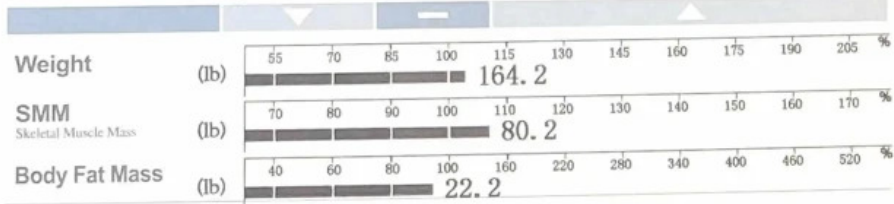


Liv athletic map

Body Composition Analysis

Total amount of water in body	Total Body Water (lb)	104.3
For building muscles and strengthening bones	Dry Lean Mass (lb)	37.7
For storing excess energy	Body Fat Mass (lb)	22.2
Sum of the above	Weight (lb)	164.2

Muscle-Fat Analysis



Liv athletic gym



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Tags

Gender-neutral toilets, Service options, LGBTQ+ friendly, Membership required, Crowd, On-site services, Accessibility, Planning, Appointment required, Amenities, Online classes, Wheelchair-accessible car park

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