

Electro Fitness: Best Electro Fitness

#### The Ark Fitness - Gainesville

gainesville



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gainesville

## The Ark Fitness - Gainesville

# Discover The Ark Fitness: A Welcoming Haven for All in Gainesville, Florida

The Ark Fitness is a standout gym located in Gainesville, Florida, recognized for its inclusive atmosphere and top-notch coaching. This gym not only boasts a \*\*wheelchair-accessible entrance\*\* and \*\*wheelchair-accessible car park\*\*, but it also champions \*\*accessibility\*\* for everyone, making it an ideal facility for all fitness enthusiasts.

### **Amenities and On-Site Services**

At The Ark Fitness, you will find a variety of \*\*amenities\*\* designed to enhance your workout experience. The gym features a spacious weightlifting area equipped with quality Olympic bars, plates, and med balls. Members appreciate the \*\*Wi-Fi\*\* available throughout the facility, ensuring you stay connected while engaging in your fitness journey. Additionally, the gym provides \*\*on-site services\*\* tailored to meet individual needs, ensuring everyone receives personalized attention.

### **Community Vibes and Diverse Crowd**

One of the most remarkable aspects of The Ark Fitness is its welcoming crowd. Reviews consistently highlight the \*\*LGBTQ+ friendly\*\* environment that fosters a sense of belonging. Members express their admiration for Coach Mike, who cultivates a positive training atmosphere, further enhancing the sense of community. Whether you're a seasoned athlete or just starting out, the encouragement from fellow members creates a motivating environment for all.

## Online Classes and Inclusivity

In today's digital age, The Ark Fitness embraces technology by offering \*\*online classes\*\* that cater to both in-gym attendees and those who prefer to work out at home. This accessibility means that no one is left behind in their fitness journey, regardless of location or situation. The gym prides itself on being a \*\*transgender safe space\*\*, ensuring that all individuals can feel comfortable and supported during their workouts.

## **Conclusion: Join the Ark Family**

The Ark Fitness is more than just a gym; it's a community that supports personal growth and strength. With its \*\*crowd\*\* of friendly faces, expert coaching, and commitment to \*\*accessibility\*\*, you won't just find a place to work out—you'll discover a second home. If you're looking for a supportive environment where you can challenge yourself and be part of something special, The Ark Fitness is the perfect choice for you. Make sure to check it out!

#### We are located at

22 NE 11th St, 32601 Gainesville, Florida - United States (US)

The phone number of this **Gym** is <u>+1352-448-1676</u>
And if you want to send a WhatsApp, you can do so at<u>+1352-448-1676</u>

## You can visit us at the following hours:

Day Hours
Monday
Open 24 hours
Tuesday
Open 24 hours
Wednesday
Open 24 hours
Thursday
Open 24 hours
Friday
Open 24 hours
Saturday
Open 24 hours
Saturday
Open 24 hours
Sunday
Open 24 hours

### The website is **The Ark Fitness**

If you wish to modify any element that you feel is incorrect about this web, we ask deliver a message and we will adjust it at the earliest convenience. In advance thanks for your cooperation.

## Images



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## **Tags**

Online classes, LGBTQ+ friendly, Accessibility, Wi-Fi, On-site services, Crowd, Service options, Amenities, Transgender safe space, Wheelchair-accessible car park, Wheelchair-accessible entrance

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sports complex
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