

The Fitness Foundry, Llc - Galena

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The Fitness Foundry, Llc - Galena

The Fitness Foundry, LLC: A Gem in Galena, Illinois

If you're seeking a place to achieve your fitness goals while being part of a supportive community, look no further than ****The Fitness Foundry, LLC****. Located in the heart of Galena, Illinois, this gym not only offers a variety of amenities but also prioritizes accessibility for all.

Accessibility Features

One standout feature of The Fitness Foundry is its commitment to accessibility. The facility includes ****wheelchair-accessible toilets**** and a

wheelchair-accessible car park, ensuring that everyone can benefit from their services. Additionally, the **wheelchair-accessible entrance** makes it easy for all members to access the gym without obstacles.

Amenities and Services

The Fitness Foundry provides an array of **amenities** designed to enhance your workout experience. Members benefit from **Wi-Fi** access, allowing you to stay connected while working out. With a reputation for cleanliness, the gym is well-maintained, which many members have praised. **Jasmine**, the owner and a personal trainer, is known for her friendly demeanor and personalized training sessions, catering to individual fitness levels.

Online Classes and Personalized Training

For those who prefer working out from home, The Fitness Foundry also offers **online classes**. This option allows members to participate in workouts that fit their schedules, making fitness more accessible. Jasmine's personalized training sessions are particularly popular, as she tailors workouts to meet specific goals, whether you're a beginner or an experienced athlete.

An Inclusive Environment

The gym proudly identifies as both **Black-owned** and **women-owned**, emphasizing a commitment to inclusivity. It also identifies as **veteran-owned**, which adds to its unique character. Many members note that the atmosphere is welcoming to people of all ages and fitness levels, making it a perfect choice for anyone looking to improve their health in a supportive environment.

Member Experiences

Member testimonials highlight the overall positive experiences at The Fitness Foundry. One member expressed, "I couldn't be happier with my experience! The facility is always clean and well maintained." Another shared, "Jasmine is incredibly friendly and knowledgeable, always ready to help and provide guidance on workouts." However, some criticism has surfaced regarding cleanliness and equipment maintenance in certain reviews. It's essential to consider feedback critically and recognize that experiences may vary.

Why Choose The Fitness Foundry?

Whether you are looking for **on-site services** like personal training or just need a place to work out, The Fitness Foundry accommodates your needs with flexible options. Its extended hours make it convenient for individuals with busy schedules. In summary, The Fitness Foundry stands out for its commitment to accessibility, inclusive environment, and dedicated staff, making it a compelling choice for fitness enthusiasts in Galena. If you are looking to embark on your fitness journey, consider joining this community-oriented gym.

We are located at

11358 Industrial Dr Suite 1, 61036 Galena, Illinois - United States (US)

The phone number of said **Gym** is +1563-213-8183

And if you want to send a WhatsApp, you can do so at +1563-213-8183

Our public attention hours are:

Day Hours
Monday
Open 24 hours
Tuesday
Open 24 hours
Wednesday
Open 24 hours
Thursday
Open 24 hours
Friday
Open 24 hours
Saturday
Open 24 hours
Sunday
Open 24 hours

The website is The Fitness Foundry, LLC

If you wish to alter any information that you believe is not correct about this page, we kindly request send a message so that we will adjust it promptly.
Thanks beforehand thanks for your cooperation.

Images



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The fitness foundry llc street view 360deg



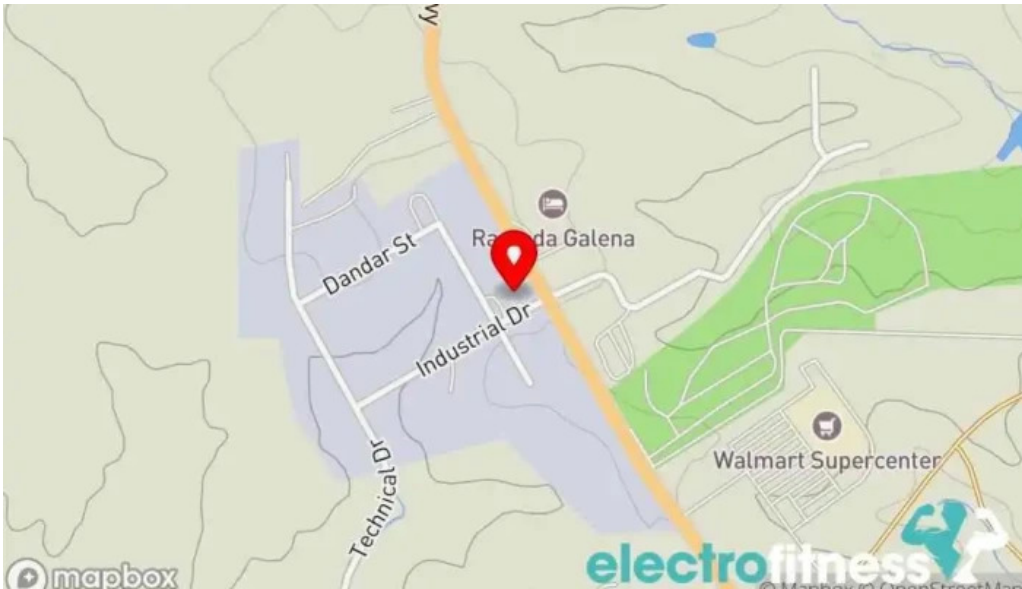
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The fitness foundry llc number



The fitness foundry llc map



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The fitness foundry llc how to get there



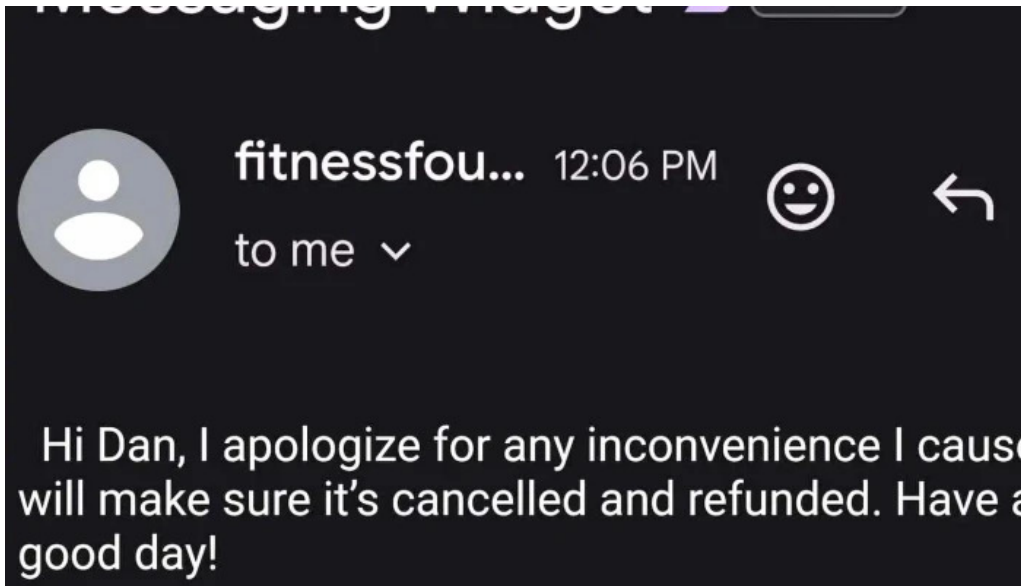
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The fitness foundry llc all



The fitness foundry llc address

Tags

Amenities, Identifies as Black-owned, Service options, Accessibility, Wheelchair-accessible toilet, From the business, Wheelchair-accessible entrance, Wheelchair-accessible car park, Online classes, Toilet, Identifies as veteran-owned, On-site services, Identifies as women-owned, Wi-Fi

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