

## Iron Legacy Barbell - Garden City

garden city

I'm not a robot   
RECAPTCHA

Published on: 07/04/25	Hits: 1221
Comments: 0	See comments
Votes: 111	Score: 5

[https://www.electrofitness.com/gym/garden-city/iron-legacy-barbell-garden-city\\_192518.php](https://www.electrofitness.com/gym/garden-city/iron-legacy-barbell-garden-city_192518.php)



*garden city*

## *Iron Legacy Barbell - Garden City*

### **Iron Legacy Barbell: The Premier Gym Experience in Garden City, Idaho**

Located in the heart of Garden City, Iron Legacy Barbell stands out as a **veteran-owned** and **women-owned gym** offering unparalleled services and an inclusive atmosphere for all fitness enthusiasts. Whether you're a seasoned athlete or just starting your fitness journey, this gym caters to diverse needs with a focus on **accessibility** and community.

### **Accessibility for Everyone**

One of the standout features of Iron Legacy Barbell is its commitment to **accessibility**. The gym boasts a **wheelchair-accessible entrance** and a well-designed **wheelchair-accessible car park**, ensuring that individuals of all abilities can easily enter and enjoy their workouts. The facility is tailored to create a welcoming environment for everyone, fostering a sense of belonging among members.

## **On-Site Services and Supportive Community**

Iron Legacy Barbell isn't just a place to work out; it's a hub for **on-site services** aimed at enhancing overall well-being. Members have access to experienced trainers who specialize in various disciplines, including powerlifting, strongman training, and bodybuilding. Coaches like Alex and Maritza have earned high praise for their expertise and supportive coaching methods, helping members reach their personal fitness goals.

The gym also hosts regular strongman and powerlifting competitions, creating an exciting atmosphere that encourages camaraderie and motivation. Members frequently highlight the **supportive community** that Iron Legacy fosters, where everyone cheers each other on regardless of their experience level.

## **A Clean and Inviting Environment**

Cleanliness is paramount at Iron Legacy Barbell. Many testimonials rave about the gym's pristine conditions, noting that it remains free from unpleasant odors often found in other facilities. The bright and modern equipment is meticulously maintained, providing an excellent environment for training hard and achieving fitness goals.

## **Why Choose Iron Legacy Barbell?**

If you're seeking a gym that combines top-tier equipment with a friendly, motivating atmosphere, look no further than Iron Legacy Barbell. With its focus on community, accessibility, and expert guidance, it truly offers something for everyone. As one member stated, "If you are looking for the best gym in the Treasure Valley, look no further because Iron Legacy Barbell is the gym for you!"

Come check out Iron Legacy Barbell in Garden City, Idaho, where you'll find an environment that champions fitness, support, and friendship!

## **We are situated in**

*5143 N Glenwood St, 83714 Garden City, Idaho - United States (US)*

The phone of said **Gym** is +1208-391-5439

And if you want to send a WhatsApp, you can do so at +1208-391-5439

## **Our business hours are:**

Day Hours  
Monday  
*Open 24 hours*  
Tuesday  
*Open 24 hours*  
Wednesday  
*Open 24 hours*  
Thursday  
*Open 24 hours*  
Friday  
*Open 24 hours*  
Saturday  
*Open 24 hours*  
Sunday  
*Open 24 hours*

The website is Iron Legacy Barbell

If you need to update any information that you think is not precise about this web, please send a message and we will adjust it at the earliest convenience. Thank you in advance thanks for your cooperation.

## **Images**



*Iron legacy barbell website*



*Iron legacy barbell videos*



*Iron legacy barbell street view 360deg*

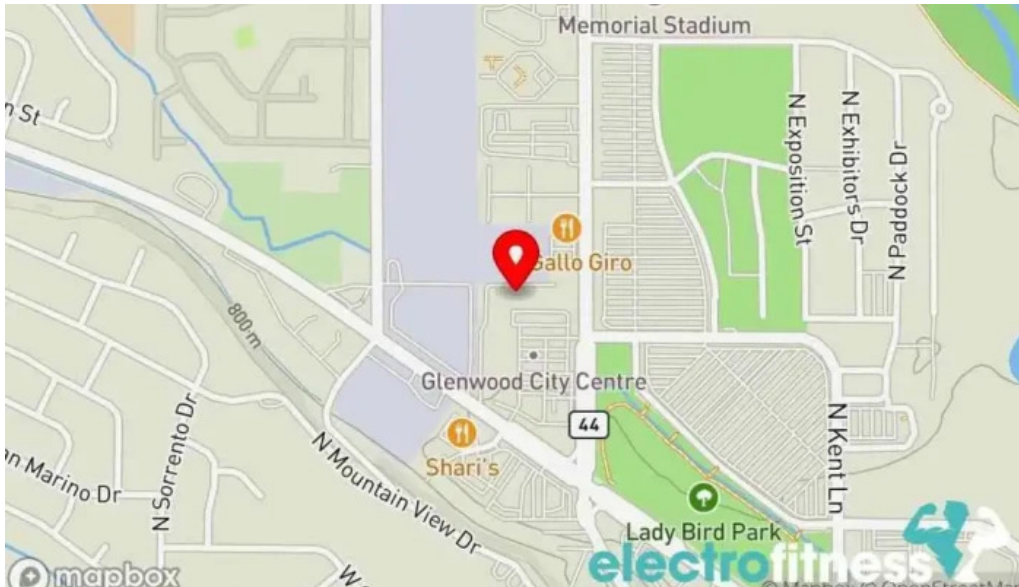




*Iron legacy barbell score*



*Iron legacy barbell open now*



*Iron legacy barbell map*



*Iron legacy barbell how to get there*



*Iron legacy barbell gym*



*Iron legacy barbell garden city*





*Iron legacy barbell comments*



*Iron legacy barbell by owner*





*Iron legacy barbell all*



*Iron legacy barbell address*

## Tags

*On-site services, Wheelchair-accessible car park, Service options, Identifies as veteran-owned, Identifies as women-owned, Wheelchair-accessible entrance, Accessibility, From the business*

## Related content

---

4.9 \* *Diablo Barbell - Concord*

---

4.7 \* *Rice City Gymnastics - Crowley*

---

4.7 \* *The Iron House - Alamo*

---

4.9 \* *Carolina Barbell Strength & Performance Gym - Aberdeen*

4.9 *	<i>Iron Rails Training Facility - Merrillville</i>
4.6 *	<i>Iron Horse Fitness and Sports Performance - Danville</i>
3.7 *	<i>City Sports Club - Concord</i>
4.3 *	<i>Hub City Fitness Elite - Lafayette</i>
4.9 *	<i>The Iron Way: Fitness and Performance - Rockland</i>
5.0 *	<i>Hub City Mma &amp; Bjj - Aberdeen</i>

## Categories

amusement park ride
arena
association / organization
athletic club
bar
body shaping class
boot camp
boxing gym
boxing ring
children's party service
chiropractor
church
coffee shop
community center
convenience store
country club
coworking space
dance school
dollar store
elementary school
exercise equipment store
firearms academy
fitness
fitness center
golf club
golf course
golf instructor
grocery store
gym

gymnastics center
hair salon
health consultant
health food restaurant
health spa
hiking area
hospital
hotel
indoor cycling
jujitsu school
karate club
karate school
kennel
kickboxing school
kinesiologist
kinesiotherapist
martial arts club
martial arts school
massage therapist
meditation center
non-profit organization
nutritionist
park
personal trainer
pharmacy
physical fitness program
physical therapy clinic
pickleball court
pilates studio
private golf course
public educational institution
recreation center
rehabilitation center
rock climbing gym
school district office
self defense school
shooting range
shopping mall
spa
spa and health club
sporting goods store
sports club



sports complex
sports medicine clinic
sports school
supermarket
swimming instructor
swimming school
tennis club
thrift store
vitamin & supplements store
wellness center
wellness program
yoga instructor
yoga studio
youth organization