

Battle Born Barbell - Gardnerville

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Welcome to Gym Battle Born Barbell: A Community for Everyone

If you're looking for a gym that offers not just a place to work out but also a supportive community, look no further than **Battle Born Barbell** in Gardnerville, Nevada. With a focus on inclusivity and accessibility, this gym is committed to ensuring that everyone can participate and thrive.

Accessibility Matters

One of the standout features of Battle Born Barbell is its **wheelchair-accessible entrance**. This thoughtful design ensures that individuals with mobility challenges can easily access the gym and all its facilities. Additionally, the **wheelchair-accessible car park** makes it convenient for those who require accessible parking options. The gym's commitment to **accessibility** allows everyone to join in on their fitness journey without barriers.

A Place for Growth and Motivation

Visitors and members alike have shared their incredible experiences at Battle Born Barbell. One member noted, "I've been going to classes for 3 months now - and yesterday my Dr. reduced my diabetes meds by 1/2!!! I also lost 4 pounds." This testament speaks volumes about the results and health benefits that come from being part of this community.

Another visitor from Alabama praised the friendly atmosphere during their first experience with CrossFit, saying, "Everyone from instructors to class participants were super friendly and helpful, making me feel at home." Such welcoming interactions not only create a comfortable environment but also reaffirm the gym's belief that "healthy people are happy people."

Supportive Community and Amazing Coaching

The feedback on the coaching at Battle Born Barbell has been overwhelmingly positive. Members highlight the **great coaching and knowledgeable staff** that provide a welcoming environment conducive to growth and improvement. One enthusiastic member commented, "Wow Nicolette rocks! This place is awesome."

Another member shared, "If you are looking for a drop-in box or a permanent home, show up!" This indicates the gym's success in creating a space where everyone, regardless of their fitness level, feels welcomed and motivated to push their limits.

Get Ready to Sweat!

With a range of classes and programs designed to cater to different fitness levels and goals, Battle Born Barbell invites you to come and "go get your sweat on!" Whether you're looking to lose weight, gain strength, or just feel better overall, the supportive community and excellent facilities make this gym a top choice in Gardnerville.

Conclusion

Battle Born Barbell truly embodies the spirit of community and inclusivity in fitness. With its **wheelchair-accessible entrance**, supportive coaching staff,

and welcoming culture, it's a place where everyone can feel at home while working towards their personal fitness goals. Join today and become part of a community that celebrates health, happiness, and hard work!

Our address is

1296 Industrial Ct, 89410 Gardnerville, Nevada - United States (US)

The phone number of said **Gym** is +1775-997-4437

And if you want to send a WhatsApp, you can do so at +1775-997-4437

Our opening hours are:

Day Hours
Monday

5-8?AM 9-10?AM 4-7?PM

Tuesday

5-8?AM 9-10?AM 4-7?PM

Wednesday

5-8?AM 9-10?AM 4-7?PM

Thursday

5-8?AM 9-10?AM 4-7?PM

Friday

5-8?AM 9-10?AM 4-7?PM

Saturday

8-10?AM

Sunday

Closed

The website is Battle Born Barbell

If you wish to alter any detail that you think is not precise concerning this portal, we kindly request send a message and we will adjust it as soon as possible. Thanks beforehand we appreciate it.

Images



Battle born barbell map



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Battle born barbell all

Tags

Wheelchair-accessible entrance, Wheelchair-accessible car park, Accessibility

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health consultant
health food restaurant
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physical fitness program
physical therapist
physical therapy clinic
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psychotherapist
public educational institution
public swimming pool
recreation center
rehabilitation center
resort hotel
rock climbing
rock climbing gym
rv park
sauna
school
school district office
self defense school
senior citizen center
shooting range
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social club
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