

## Onelife Fitness - Germantown - Germantown

germantown

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## *Onelife Fitness - Germantown - Germantown*

### **OneLife Fitness - Germantown: A Comprehensive Overview**

Located in the heart of Germantown, Maryland, **OneLife Fitness** stands out as a local gym that offers a variety of amenities to cater to all fitness enthusiasts. With facilities such as a **swimming pool**, sauna, and a well-equipped workout area, this gym aims to provide a comfortable and engaging environment for its members.

## Accessibility Features

OneLife Fitness is **wheelchair-accessible**, ensuring that everyone can enjoy its facilities. The **wheelchair-accessible entrance** is conveniently designed for easy access. Additionally, there is a **wheelchair-accessible car park** available, making it easier for those with mobility impairments to visit the gym without hassle.

With **free parking lot** access, members can easily find parking without worrying about additional fees. The gym's commitment to **accessibility** makes it a welcoming place for all individuals seeking fitness options.

## Amenities That Stand Out

OneLife Fitness offers a range of amenities that enhance the overall gym experience:

**Swimming Pool:** While the pool may be on the smaller side, it serves as a great spot for a refreshing swim or water aerobics classes. **Sauna:** After an intense workout, the sauna provides a perfect way to relax and rejuvenate.

**Updated Locker Rooms:** Recently renovated, the locker rooms offer a clean and functional space for members to change and store their belongings. **Wi-Fi:** Free Wi-Fi is available, allowing members to stay connected while enjoying their workouts. **Towel Service:** For a nominal fee, towel service is offered, which is convenient for those who prefer not to bring their own.

## Member Experiences and Feedback

Member experiences at OneLife Fitness have been mixed, highlighting both positives and areas for improvement:

Many appreciate the friendly staff and clean facilities. Members often express satisfaction with the availability of equipment, particularly during off-peak hours like 10 AM to 1 PM. However, it can get crowded during weekends, especially with treadmills and other cardio machines. Some reviews noted that while the weight equipment is adequate, it might not meet the needs of serious lifters, as the free weight area may feel limited.

Additionally, there have been concerns regarding cleanliness in the locker rooms and maintenance of some amenities, such as the showers. It seems that consistency in maintenance and cleanliness remains a crucial area for enhancement, especially since several reviews mentioned dirty facilities and clogged drains.

## Membership Considerations

To enroll at OneLife Fitness, a membership is required. The membership fee is reported to be around \$38-\$39 per month, but it's advisable to check with the

staff for current rates and options. Some former members have reported challenges with canceling memberships, indicating that potential new members should understand the cancellation policies thoroughly before committing.

## Final Thoughts

OneLife Fitness in Germantown is a gym with a lot to offer, from its accessibility features to a variety of amenities. Despite some challenges with peak hour crowding and facility cleanliness, many members continue to return due to its friendly atmosphere and dedicated staff. Whether you're looking to swim, lift, or participate in group classes, OneLife Fitness could be a viable option for your fitness journey.

### The location of our business is in

20500 Seneca Meadows Pkwy, 20876 Germantown, Maryland - United States (US)

The phone of said **Gym** is +1240-686-4500

And if you want to send a WhatsApp, you can do so at +1240-686-4500

### Visit us during the following hours:

Day	Hours
Monday	7?AM–7?PM
Tuesday	8?AM–6?PM
Wednesday	5?AM–10?PM
Thursday	5?AM–10?PM
Friday	5?AM–10?PM
Saturday	5?AM–10?PM
Sunday	5?AM–9?PM

The website is Onelife Fitness - Germantown

If you need to change any element that you think is not correct regarding this site, we urge you to forward a message and we will handle it quickly. In advance thanks for your cooperation.

## Images



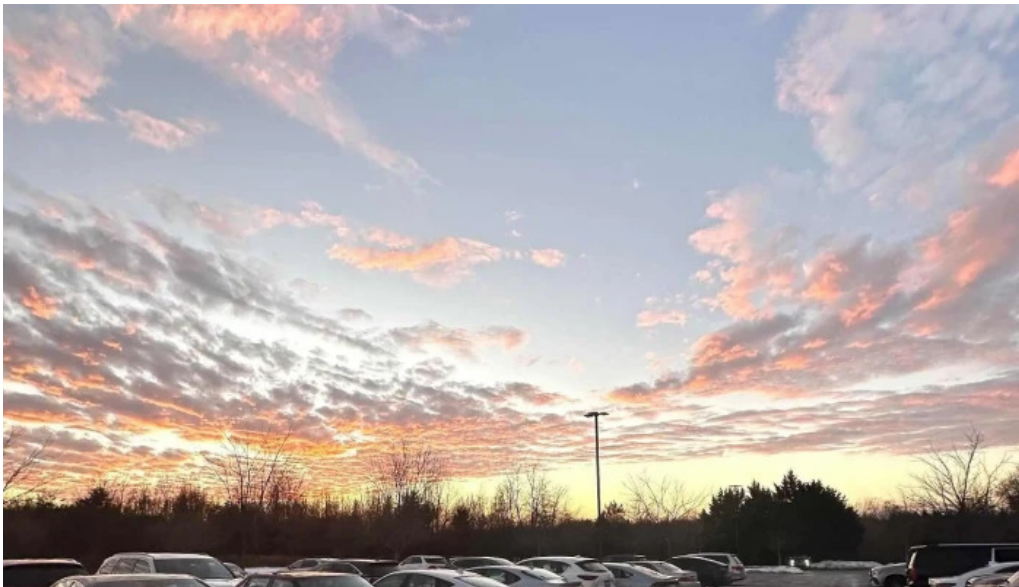
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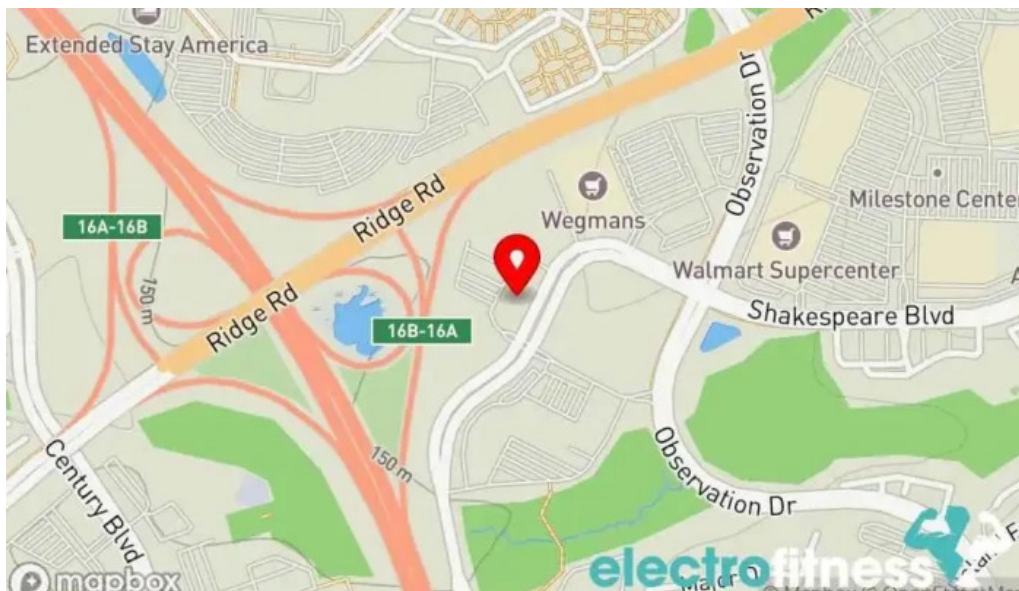
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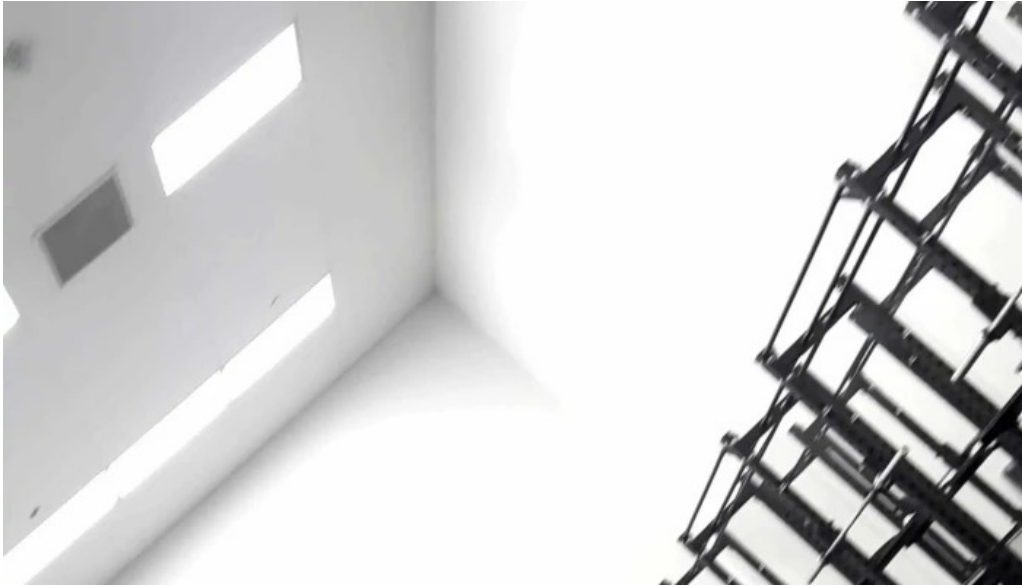
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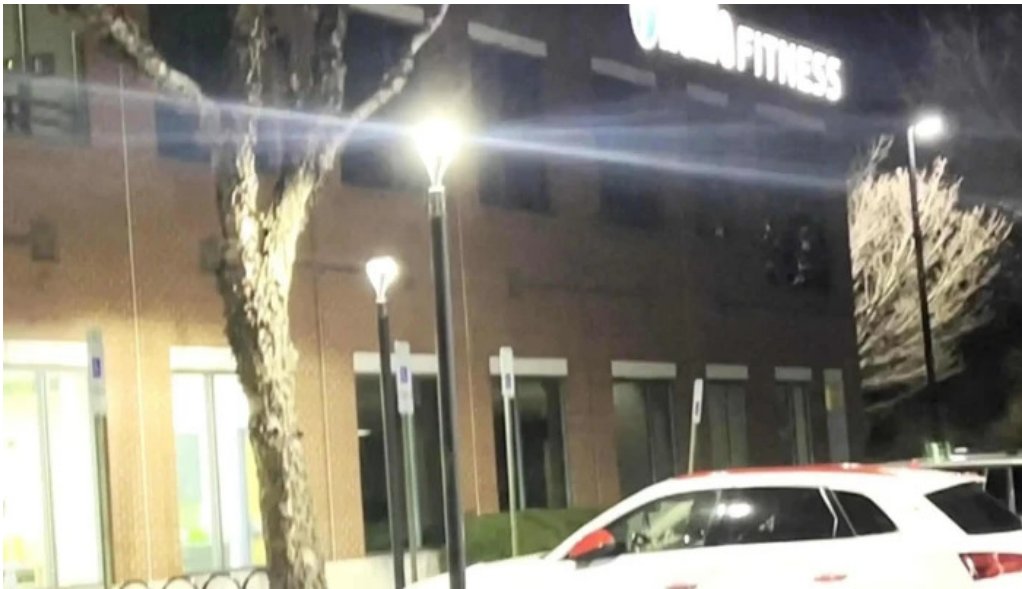
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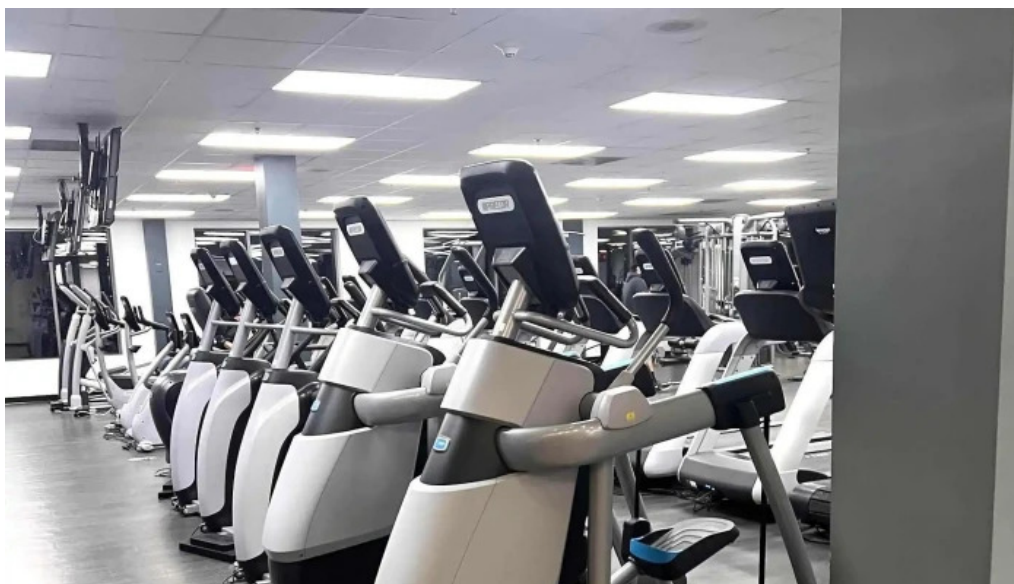
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*Accessibility, Membership required, Free parking lot, Sauna, Wi-Fi, Wheelchair-accessible car park, Amenities, Planning, Wheelchair-accessible entrance, Swimming pool, Parking*

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