

9Round Kickboxing Fitness - Greenwood Village

greenwood village

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greenwood village

9Round Kickboxing Fitness - Greenwood Village

Discover 9Round Kickboxing Fitness in Greenwood Village, Colorado

If you are planning to elevate your fitness journey, **9Round Kickboxing Fitness** located in Greenwood Village, Colorado, presents an exceptional opportunity. This veteran-owned gym not only offers a dynamic workout experience but also emphasizes accessibility for all members.

Accessibility Features

One of the standout features of 9Round is its focus on inclusivity. The facility boasts a **wheelchair-accessible car park** and a **wheelchair-accessible entrance**, ensuring that everyone can enjoy their fitness journey without barriers. Additionally, the gym is equipped with a **wheelchair-accessible toilet**, catering to the needs of all attendees.

A Welcoming Environment

As noted by many members, the moment you step into 9Round, you are greeted with warmth and enthusiasm. Chris, the owner, along with the dedicated trainers, ensures a supportive atmosphere where you can challenge yourself while feeling comfortable. As one member shared, "The trainers are incredibly kind and helpful, ensuring your heart rate is where it needs to be."

Unique Workout Experience

9Round stands out with its unique circuit-based workout system, where each round lasts just three minutes. This fast-paced format ensures you get a full-body workout in a short amount of time, making it perfect for those with busy schedules. "No class times" means you can come in whenever it fits you best, allowing flexibility in your routine.

Amenities and Membership

From the business, the emphasis on quality is evident. The gym is well-maintained and features state-of-the-art equipment, which contributes to an effective workout. All sessions are approximately 30 minutes long, making it easier for anyone to fit fitness into their day. A **membership is required**; however, many find the investment worth it due to the amazing results and supportive community.

The Community Vibe

Joining 9Round isn't just about the workouts; it's about becoming part of a vibrant community. Members consistently praise the friendly environment and the camaraderie among attendees. One individual mentioned, "The people who come are incredible as well; it is a welcoming environment that will push you to be better."

Conclusion

If you are looking for a fun, effective, and encouraging place to train, 9Round Kickboxing Fitness is the perfect option. With its unique approach to workouts,

fantastic trainers, and commitment to accessibility, it is an excellent choice for individuals at any fitness level. Experience the energy, challenge, and community that 9Round has to offer!

Our location is in

7939 E Arapahoe Rd Ste 140, 80112 Greenwood Village, Colorado - United States (US)

The phone number of the mentioned **Gym** is +1303-593-2106
And if you want to send a WhatsApp, you can do so at +1303-593-2106

We open at the following schedule:

Day	Hours
Monday	6?AM–1?PM 3:30–8?PM
Tuesday	6?AM–1?PM 3:30–8?PM
Wednesday	6?AM–1?PM 3:30–8?PM
Thursday	6?AM–1?PM 3:30–8?PM
Friday	6?AM–1?PM 3:30–7?PM
Saturday	8?AM–12?PM
Sunday	Closed

The website is 9Round Kickboxing Fitness

If necessary to modify any element that you think is not correct related to this portal, please forward a message and we will adjust it quickly. With anticipation thank you very much.

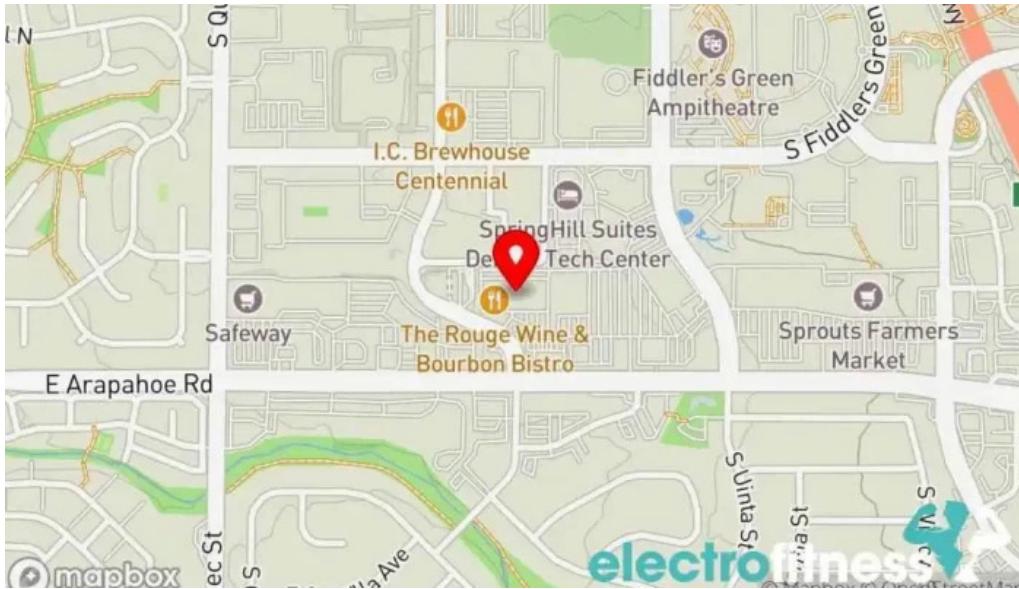
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9round kickboxing fitness street view 360deg



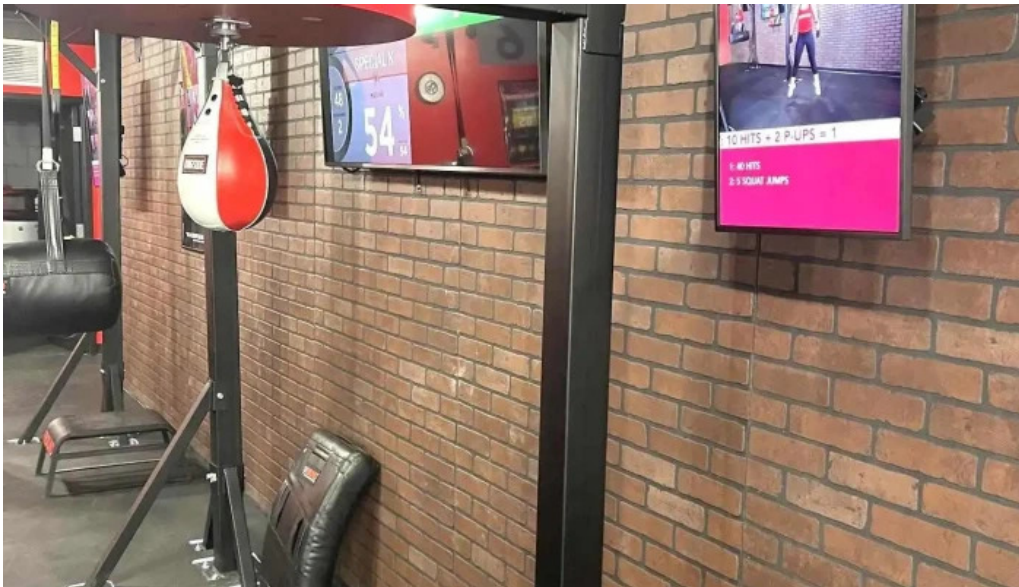
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Tags

From the business, Wheelchair-accessible entrance, Amenities, Toilet, Wheelchair-accessible toilet, Accessibility, Membership required, Identifies as veteran-owned, Planning, Wheelchair-accessible car park

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